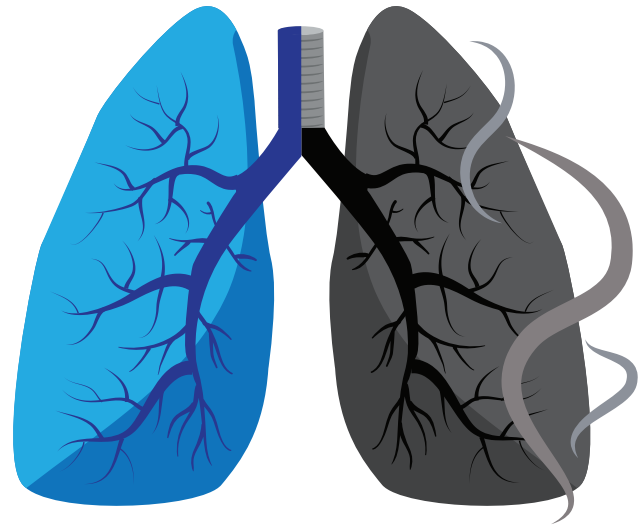


# Masks & Smoke

## When air quality is unhealthy:

- Stay inside with doors and windows closed whenever possible
- Only wear a mask if you must go out
- Use a new mask when you go out, and avoid taking it on and off
- Masks with valves are NOT effective for preventing the spread of COVID
- Set vehicle air conditioning to recirculate air when driving



More health information about smoke at [cchealth.org/wildfire](https://cchealth.org/wildfire)