

# Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, May 7, 2020

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRkIzSky1OFYyQT09>

Call In Number: 1-669-900-6833

Meeting ID Code: 724 180 505

Password: 6472



- Members Attending:** Steve Blum, Doug Dunn, Anna Lubarov, Sara Marsh, Roberto Roman, Graham Wiseman, Amelia Wood, Candace Collier
- Staff Attending:** Janet Costa, Jessica Dominguez, Adam Down, Windy Taylor, Dr. Suzanne Tavano, Robert Thigpen, Dr. Matthew White, Genoveva Zesati
- Public Participants:** Kevin Caldrige, Mark Cohen, Gigi Crowder, Wanda Davis, John Gallagher, Carolyn Goldstein, Kiku Johnson, Margaret Netherby, Karla Papula, Theresa Pasquini, Marina Ramos, Diane Hart, Kelly Ransom, Kenneth Underwood, Michelle Mankewich, Diana Cart
- Facilitator:** Amanda Wehrman
- Recorder:** Audrey Montana
- Staff Support:** Jennifer Bruggeman
- Excused from Meeting:** Stephen Boyd
- Absent from Meeting:** Lisa Bruce, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, Kimberly Krisch, James Lancaster, Jackie Lerman, Lesley May, Mariposa McCall, Kathi McLaughlin, Ryan Nestman, Melinda O’Day, Lauren Rettagliata, Chelise Stroud, Gina Swirsding, Jennifer Tuipulotu, Johanna Wagner, Matthew Wilson, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Roll Call, Call to Order <ul style="list-style-type: none"> <li>• Review Working Agreement</li> <li>• Announcements</li> <li>• Finalize Meeting Notes</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Roll Call, Call to Order</b></li> <li>• <b>Review Working Agreement</b></li> <li>• <b>Announcements - None</b></li> <li>• <b>Meeting Notes – Approved with minor revision</b></li> </ul>	<p>Information</p> <p>Notes approved. Will be posted to MHS CPAW website.</p>	<p>Amanda Wehrman, Facilitator</p> <p>Audrey Montana to post notes.</p>

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<p>2. Stakeholder Sharing by Committee or Meeting Representatives on Key Topics</p> <ul style="list-style-type: none"> <li>• Adults Committee</li> <li>• Aging &amp; Older Adults Committee</li> <li>• Alcohol and Other Drug Services (AOD) Advisory Board</li> <li>• Behavioral Health Care Partnership (BHCP) Meeting</li> <li>• Children, Teens and Young Adults (CTYA) Committee</li> <li>• Health, Housing &amp; Homeless Services (H3) – Continuum of Care</li> <li>• Innovation (INN) Committee</li> <li>• Membership Committee</li> <li>• Mental Health Commission (MHC)</li> <li>• Mental Health Commission – Quality of Care</li> <li>• Reducing Health Disparities (RHD)</li> <li>• Social Inclusion Committee</li> <li>• Suicide Prevention Committee</li> <li>• System of Care Committee</li> <li>• Training Advisory Workgroup (TAW)</li> </ul>	<p><b>Adults:</b> Meetings have not been held for the past several months due to the Pandemic.</p> <p><b>Aging &amp; Older Adults Committee:</b> No additional comments.</p> <p><b>Alcohol and Other Drug Services (AOD) Advisory Board:</b> No additional comments.</p> <p><b>Behavioral Health Care Partnership (BHCP):</b> Meetings are currently not being held due to the Pandemic.</p> <p><b>Children, Teens and Young Adults (CTYA) Committee:</b> No additional comments.</p> <p><b>Health, Housing and Homeless Services (H3):</b> No additional comments.</p> <p><b>Innovation (INN) Committee:</b> No additional comments.</p> <p><b>Mental Health Commission (MHC):</b> No additional comments.</p> <p><b>Mental Health Commission (MHC) – Quality of Care:</b> No additional comments.</p> <p><b>Reducing Health Disparities (RHD)/Prevention Early Intervention (PEI) Combined Meeting:</b> Behavioral Health Services will share listed resources (from the County and community partners) and information on their homepage.</p> <p><b>Social Inclusion Committee:</b> Will have a virtual meeting on Thursday, May 14<sup>th</sup>. Collaborating with Putnam Clubhouse and will be using Zoom. The meeting announcement will be sent also to those on the CPAW email contact list.</p> <p><b>Suicide Prevention Committee:</b> No additional comments.</p> <p><b>System of Care Committee:</b> No additional comments.</p> <p><b>Training Advisory Workgroup (TAW):</b> No additional comments.</p>		

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<p>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Staff</p> <ul style="list-style-type: none"> <li>• COVID-19/Coronavirus and the Mental Health Services Act (MHSA) – Update on State Level discussions and the MHSA</li> <li>• Update on MHSA public hearing</li> </ul>	<p><b>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Staff</b></p> <p><b>Dr. Suzanne Tavano:</b></p> <ul style="list-style-type: none"> <li>• COVID-19/Coronavirus and the Mental Health Services Act (MHSA) – Update on State level discussions and the MHSA <ul style="list-style-type: none"> <li>○ Effect of COVID-19 on State funds <ul style="list-style-type: none"> <li>▪ We initially thought we would need to wait for the May Revise next week to get information on the COVID-19 effect on the State</li> <li>▪ The State issued a report predicting a 54-billion-dollar loss of revenues to the State General Fund – resulting in 40% of what the General Fund would usually be</li> <li>▪ This will impact Contra Costa County, but we just do not know how it will at this time</li> <li>▪ Tax filing dates were moved from April to July which means that taxes will not be collected until the end of this fiscal year</li> <li>▪ Have seen a significant drop in realignment dollars</li> <li>▪ The combination of revenue dropping and the delay in taxes being due means money coming into the State and coming out of the State will be delayed by months</li> <li>▪ Contra Costa County has been careful and conservative regarding our funds and even put more money into our prudent reserve</li> <li>▪ When we entered 2020, we entered with strong revenues and were on a growth trend. For the first half of the year, we were increasing our services, federal dollars were coming in. This will help mitigate some of the revenue loss during 2020.</li> </ul> </li> <li>○ Year 2021 <ul style="list-style-type: none"> <li>▪ For the last quarter for 2020 have not had monthly allocations due to delayed taxes and will not receive those funds until the beginning of the next fiscal year (losing funds during 2020)</li> </ul> </li> </ul> </li> </ul>		<p>Suzanne Tavano, Director, Contra Costa County Behavioral Health Services</p>

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	<ul style="list-style-type: none"> <li>▪ But 2021 does not look so bad</li> <li>▪ Deferring payment increases for this year and moving into the beginning of next year</li> <li>▪ Will have a better sense when the May revise comes out next week. May be another revise in August or the Fall. State will look at the revenues and make modifications.</li> <li>▪ Looking at the 1991 realignment, 2011 realignment, MHSA funds and what the County’s net General Fund contribution will be and at this time, too hard to predict the budget and funding</li> <li>▪ Confident we can continue with the current (2017-2020) Three Year Plan</li> <li>▪ Once we receive the information as to the budget and funds, we will see what we can do going forward</li> <li>○ State and MHSA Funds <ul style="list-style-type: none"> <li>▪ The State may be looking at MHSA funds</li> <li>▪ We are advocating to keep the MHSA funds intact</li> <li>▪ There may be a realignment of MHSA funds</li> <li>▪ All our MHSA funding is based on taxes</li> <li>▪ For MHSA dollars, saw a reduction in allocation of funds for March and that may continue and probably deepen for the rest of this year</li> <li>▪ Due to the factors listed above, looks like we will be even for 2021 (funds delayed from 2020 paid in 2021)</li> <li>▪ For 2022 and 2023, steep declines are anticipated</li> <li>▪ Have put extra funds into the prudent reserve – funds the State cannot touch. We are not near the point at this time of having to reach into the prudent reserves.</li> <li>▪ We are in good shape and can sustain the current Three-Year Plan (2017-2020)</li> <li>▪ Every MHSA dollar that goes to a non-MediCal reimbursable service is a dollar spent. Every dollar as local match to federal participation is \$2.00 per services. At some point we may have to factor this in.</li> </ul> </li> </ul>		

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	<ul style="list-style-type: none"> <li>▪ Now we are in the information gathering stage</li> <li>○ Collective effort and services <ul style="list-style-type: none"> <li>▪ Continued to keep all clinics and programs open</li> <li>▪ Also, anyone who wants to come in person can do so</li> <li>▪ County and Community Based Organization partners and contractors are now using remote services</li> <li>▪ In January, County operated system had 55 non-medical doctor clinicians doing phone services and five were doing TeleHealth. In April, 129 Clinicians moved to telephonic services and 80 to TeleHealth services.</li> <li>▪ Seven Medical Doctors are doing phone services and five doing TeleHealth. In April, 45 were telephonic and 12 were TeleHealth.</li> <li>▪ Have 260 – 270 clinicians providing services remotely. The same is occurring with our contracting partners</li> <li>▪ Went from a mostly in person delivery system to a remote delivery system</li> <li>▪ Tracking in person services from end of March to end of April, 1700 people preferred to come to clinics in person and we have safety protocols in place (temperature checks, masks, gloves, etc.).</li> <li>▪ Now identifying clients and families without phones and those without Internet access and addressing these issues. Find that many given the choice of a Zoom service or TeleHealth service, prefer the phone service.</li> </ul> </li> <li>○ Set up two support lines. <ul style="list-style-type: none"> <li>▪ Many clinicians have volunteered so we have a large pool of providers</li> <li>▪ One line is a support line for front line workers and first responders (especially those at the hospital)</li> </ul> </li> </ul>		

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	<ul style="list-style-type: none"> <li>○ Hotel Rooms for those previously in Shelters <ul style="list-style-type: none"> <li>▪ Shelters were closed due to the Pandemic</li> <li>▪ Had to reduce congregate living situations</li> <li>▪ County and FEMA funds were used</li> <li>▪ Up to 700 hotel and motel rooms throughout the County will be leased by the County</li> <li>▪ Everyone who had been residing in a shelter has been moved into individual rooms</li> <li>▪ Priority for these rooms will also be given to those coming out of emergency room hospitals, Psychiatric Emergency Services or 4C and who are unsheltered</li> <li>▪ These residents will be receiving some in person and primarily remote services</li> </ul> </li> <li>○ County Task Force <ul style="list-style-type: none"> <li>▪ Have 450 Behavioral Health clients residing in congregate care settings (i.e. Board and Cares)</li> <li>▪ Completed survey to see if they need technical assistance to ensure safety precautions and inventory supplies (i.e. masks)</li> <li>▪ Thank you to the faith community for volunteering and making the most beautiful cloth masks many of which are works of art. All made with love. We have been distributing these masks to clinics and primarily to those in congregate care settings.</li> </ul> </li> <li>○ Canvased County programs <ul style="list-style-type: none"> <li>▪ To see how many people were suffering from food insufficiency</li> <li>▪ Surprised by the numbers across the County</li> <li>▪ Particularly in need are families with children</li> <li>▪ We joined a workgroup that was focused on obtaining donations last Friday</li> <li>▪ Already received and delivered 60 boxes of food – 40 boxes to families in East County and 20 in Central County</li> <li>▪ Next supply will be delivered to West County</li> </ul> </li> </ul>		

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	<ul style="list-style-type: none"> <li>○ Don Brown Shelter <ul style="list-style-type: none"> <li>▪ Part of our treatment continuum</li> <li>▪ Residents preferred to stay</li> <li>▪ We ensured social distancing, etc.</li> <li>▪ Working with Don Brown, have determined that these residents as well will be moved into individual rooms</li> </ul> </li> <li>○ Funding for Community Based Organization Partners <ul style="list-style-type: none"> <li>▪ Board of Supervisors approved a one twelfth advance for the month of April</li> <li>▪ The Board of Supervisors approved to extend the funding to sustain the Community Based Organizations through June</li> </ul> </li> <li>○ Psychiatric Emergency Services <ul style="list-style-type: none"> <li>▪ Focus on getting people we serve tested even if asymptomatic especially if entering treatment centers</li> <li>▪ Now besides screening procedures, testing will be available to everyone even if asymptomatic</li> <li>▪ Protects those at PES, the clients. If the clients should leave for another facility, will have the test completed and results known</li> </ul> </li> <li>○ COVID-19 Information on County Website <ul style="list-style-type: none"> <li>▪ County has updated information on its County website</li> <li>▪ Also has many public documents including the latest Public Health Order (Extends Shelter in Place through May 31<sup>st</sup>)</li> <li>▪ The listed FAQ's are helpful</li> <li>▪ The Governor responds to the State as a whole</li> <li>▪ We in the Bay Area remain Sheltered in Place</li> <li>▪ But are now loosening of restrictions for outdoor activities</li> <li>▪ Each county can determine rules – counties with more restrictive rules than the State are permitted to have these more restrictive rules</li> <li>▪ Our County is strict but has made an enormous</li> </ul> </li> </ul>		

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	<p>difference in the flattening of the curve</p> <ul style="list-style-type: none"> <li>▪ There is a financial price to pay, but if you weigh against human life, I'll go for human life</li> </ul> <ul style="list-style-type: none"> <li>○ Update on MHSA Public Hearing <ul style="list-style-type: none"> <li>▪ Public Hearing on the MHSA Three Year Plan was scheduled for April, but has been postponed</li> <li>▪ We do not know what the effects will be on the economy</li> <li>▪ Due to the economic effects of COVID-19 on State and ultimately MHSA funds, we asked that the public hearing on the MHSA Three Year Plan (2020-2023) be postponed</li> <li>▪ Would be difficult to anticipate at this time if we would be able to move forward with that proposed Three Year Plan in view of this economic situation</li> <li>▪ We must first need to know what the State budget will be and what the State may do in moving funding sources</li> <li>▪ Best option currently, is to stay with the current MHSA Three Year Plan until we have fiscal information from the State</li> <li>▪ This Three-Year Plan (2020-2023) was drafted during a different economic situation</li> <li>▪ Once we see the State budget, will see if modifications need be made to the proposed Three-Year Plan</li> <li>▪ In view of the economic factors mentioned, we do not have a date for the public hearing.</li> </ul> </li> </ul> <p><b>Dr. Matthew White:</b></p> <ul style="list-style-type: none"> <li>○ Psychiatric Emergency Services <ul style="list-style-type: none"> <li>▪ Still working on the process of screening and testing those who come to PES</li> <li>▪ We are currently smoothing out the process</li> </ul> </li> </ul>		<p>Dr. Matthew White, Director, Contra Costa Medical Services</p>



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4. Discussion and Information Sharing on the Economic Impact on the MHSA	<ul style="list-style-type: none"> <li>• (Sara Marsh) We provide housing for formally homeless individuals. We also are now distributing food, finding out about Chrome Books for kids, etc. Regarding the MHSA funds, are the funds frozen at the 2019-2020 level going into 2020-2021? Will the extension for CBO's be revised downward? Can we have a robust budget in 2021 and next two years make cuts? <b>Response:</b> I don't feel like we are headed there. You have done a good job at planning, monitoring and watching the money. Did not feel comfortable at this time with the Plan that included so much expansion. We feel confident at this point that we can sustain what we have now. As we look at the funds, we will see if we can do a little bit more or not. That is the way we are approaching it. No reductions are being planned at this time. Also, do we build things up just to have to take them down later? Or do we look at the funds and come up with a plan that we think we can sustain over the next three years? Next year is not threatening. But, year two and three gets worrisome. So now just on hold until we get a better sense of what the money situation is going to look like. We want to hold the fort. We are holding the fort with the current Three-Year Plan. We are in such better shape than many other counties. I am grateful that we will be able at a minimum maintain what we have. I feel optimistic on that point.</li> <li>• (Douglas Dunn) Suzanne has covered the waterfront very, very well and brought everyone up to date. A week ago, NAMI California and the County Behavioral Health Directors Association (CBHDA) did a financial presentation of California's public mental health funding as affected by COVID-19. They said what Suzanne said with further models. The effects are expected to linger through 2025. Realignment has helped buffer budgets in lean budget times. We probably will get more MediCal patients due to people being on unemployment. We won't have additional funding to help serve them. On the national level, they are saying could be fifty</li> </ul>		

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	percent worse than the recession of a decade ago. It might just rival the Great Depression. The recovery will not be quick, but gradual.		
5. The Community Program Planning Process (CPPP) for Year 2020	<p><b>Jennifer Bruggeman:</b></p> <ul style="list-style-type: none"> <li>• Community Program Planning Process (CPPP) <ul style="list-style-type: none"> <li>○ By this date would typically have had several discussions with CPAW and stakeholders in a collaborate effort to plan the events (community forums)</li> <li>○ Last year identified three forum topics <ul style="list-style-type: none"> <li>▪ Housing – Partnered with Hope Solutions and focused on Permanent Supportive Housing. Hosted a forum at Contra Costa College.</li> <li>▪ Suicide Prevention - Partnered with the Crisis Center and held a forum for the first time in the Southern region of the County in San Ramon.</li> <li>▪ Early Childhood Mental Health – Partnered with First 5 and held a forum in Pittsburg.</li> </ul> </li> </ul> </li> <li>• For this year, would now like to open a dialogue and receive input re forums for this year</li> <li>• Possibility of a virtual format <ul style="list-style-type: none"> <li>○ Perhaps a different format. A virtual forum.</li> <li>○ Some counties have already hosted virtual community forums</li> <li>○ Would like to receive comments about this possibility</li> </ul> </li> <li>• Possible themes or topics <ul style="list-style-type: none"> <li>○ Have had some comments re topics</li> <li>○ Possible topics focused on culture, service delivery, underserved groups, culturally appropriate service delivery, cultural diversity and cultural appropriateness</li> </ul> </li> </ul> <p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>• (Anna Lubarov) Supporting consumers and family members during the time of COVID. Also, Peer employment. A bill to provide licensing is stalled now, but people are working in the field. Regarding services and system wide, see what is</li> </ul>		Jennifer Bruggeman, MHSA Program Manager

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	<p>working and what is not during these times.</p> <ul style="list-style-type: none"> <li>• (Roberto Roman) Possibility of technical assistance to remote sites that could be hosting virtual meetings. Help people to connect or get on online. To make virtual meeting more accessible. For the Social Inclusion Committee, some people we are trying to reach out to do not have internet access.</li> <li>• (Graham Wiseman) Reconnecting with your community during COVID-19.</li> <li>• (Kiku Johnson) What is the length of time of the forum? Also, breakout groups could be conducted using Zoom. Ensure people are prepared beforehand (perhaps an orientation) to ensure access.</li> <li>• (Anna Lubarov) To participate in Zoom, people do not need a computer. They can call in to participate. I have a computer background. I will be more than happy to volunteer to help people get online.</li> <li>• (Douglas Dunn) In reference to culture and the underserved, the topic of special programs for those coming out of locked facilities could be a community forum topic.</li> <li>• (Margaret Netherby) Getting a record expunged is extremely difficult right now because the courts are shut down and cannot obtain copies of records. To get a better job, need to get the paperwork.</li> <li>• (Kiku Johnson) What is the time frame for the forums this year:  <b>Response:</b> There is not a prescribed time for the forums. Typically, they are held in the fall. With a live event, there is a lot more planning and preparation involved – need to secure a venue and all the details. A virtual event may not require quite as much time to plan and prepare.</li> </ul>		

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6. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> <li>• (Douglas Dunn) Keep an eye on the Governor’s May revise. The Governor wants people coming out of locked facilities or the criminal justice system who are also involved with homelessness and substance use. Funds being determined. Nore advocacy will be needed going forward.</li> <li>• (Margaret Netherby) I first became involved with the mental health system in 1977. I helped organize the Contra Costa chapter of a national program focusing on abuse. We depended on volunteers. Located enthusiastic volunteers. Maybe we can look for enthusiastic volunteers. We still have people who want to help and see things get better.</li> <li>• (Anna Lubarov) I agree with Margaret. I have been trying to sign up and offer my services to various programs and the County. I haven’t heard back. Maybe I can be a point person and help organize volunteers.</li> <li>• (Dr. Matthew White) One of the pleasures of CPAW has been the diversity of people who are at these meetings and especially those with lived experience. Maybe we can focus on getting more people with lived experienced back to our meetings.  <b>Response:</b> (Genoveva Zesati) We reached out to Travis at Crestwood. Trying to see if it can be arranged for people to call into the meetings. Will reach out to see if any would like to participate with the call-in option. If you are interested in volunteering, please contact 211 - where everyone is working on community supportive services.  <b>Response:</b> (Dr. Suzanne Tavano) Perhaps Genoveva Zesati could mention to Jan Cobelada who just had a conversation with Patty Blum and Crestwood staff and maybe they could do something to support the residents there.</li> <li>• (Anna Lubarov) I would be more than happy to contact the people who live in those facilities. I can contact them individually and ask them what support they need.</li> </ul>		

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7. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> <li>• (Roberto Roman) I think we have to redouble our efforts to outreach to get people to our meetings. We should try to facilitate greater access. I know it is difficult, but we need to remain focused on that.</li> <li>• (Graham Wiseman) Would like discussion on designating a fifth region of the County. We have West, Central, East and Far East. Let's add South Region.</li> </ul>	CPAW members and attendees	Amanda Wehrman
8. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> <li>• The next CPAW meeting will be <b>June 4th from 3:00 pm to 5:00 pm.</b></li> </ul>		Amanda Wehrman