

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, December 5, 2019

3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



- Members attending:** Stephen Boyd, Y’Anad Burrell, Candace Collier, Doug Dunn, David Kahler, Sara Marsh, Kathi McLaughlin, Melinda O’Day, Jennifer Tuipulotu
- Staff attending:** Alexander Ayzenberg, Jennifer Bruggeman, Janet Costa, Dr. Suzanne Tavano, Robert Thigpen, Genoveva Zesati
- Public Participants:** Keri Banks, Jennifer Brady, Wanda Davis, John Gallagher, Mia Jackson, Sun Karnsouvong, Sean Kearns, Anna Lubarov, James Ross, Bessie Saganja, Michelle Simone, Carwen Spencer
- Facilitators:** Amanda Wehrman
- Recorder:** Audrey Montana
- Staff Support:** Warren Hayes
- Excused from Meeting:** Roberto Roman, Kimberly Krisch
- Absent from Meeting:** Steve Blum, Lisa Bruce, Jo Bruno, Courtney Cummings, Tom Gilbert, James Lancaster, Jackie Lerman, Leslie May, Mariposa McCall, Will McGarvey, Ryan Nestman, Chelise Stroud, Gina Swirsding, Matthew Wilson, Amelia Wood, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements <ul style="list-style-type: none"> ○ For January 2020, the CPAW Committee will meet the second Thursday of the month – January 9th. On that date, there will be no CPAW Orientation. There will be a CPAW Membership Meeting on December 16th at 1220 Morello Avenue, Suite 100, Martinez. ○ NAMI Contra Costa will have a Volunteer Party, Friday, December 13th from 2:00 pm to 4:00 pm. Suggest those who come bring a pair of socks to give 	Information Notes approved. Will be posted to MHA CPAW website.	Amanda Wehrman Audrey Montana to post notes.

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	<p>to those in the community in need.</p> <ul style="list-style-type: none"> ○ Would like to suggest a topic for next year – Community Based Re-entry Programs for persons coming out of a variety of locked facilities (civil, conservatorships, criminal justice). ○ MHSA Student Services Counselors will meet with the County Office of Education in late December. County school districts will attend to discuss applying for the Grant. ○ Contra Costa Interfaith Housing has an open paid position for a twenty-hour paid Intern (post masters, marriage and family or MSW social work). Will be working with formerly homeless youth and families. <ul style="list-style-type: none"> ● Meeting Notes <ul style="list-style-type: none"> ○ Approved with no revisions 		
<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> ● Update on Psychiatric Emergency Services (PES) – status of video phone, plans for renovation/construction, and update on Behavioral Health Care Partnership Meeting ● Update on CORE and Medi-Cal Billing Implementation ● Possibility of Marijuana Dispensary near Martinez Hospital pending approval – Has Contra 	<p>Dialogue With Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <p>Dr. Suzanne Tavano (Behavioral Health Director):</p> <ul style="list-style-type: none"> ● Possibility of Marijuana Dispensary near Martinez Hospital Pending Approval <ul style="list-style-type: none"> ○ Kathi McLaughlin Comments <ul style="list-style-type: none"> ▪ Martinez City Council approved the application ▪ Location will be near Martinez Unified School District Adult School. School District not notified. ▪ Close to Psychiatric Emergency Services (PES), the hospital and Miller Wellness Center ▪ Will be located a thousand feet from a high school. Permitted if farther than 600 feet from the high school. ○ The County did not know beforehand. We just learned of the approval. ○ We shared the information with the County Drug and Alcohol Administrator who wrote a letter 		<p>Suzanne Tavano. PHN, PHD (Behavioral Health Director)</p>

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<p>Costa Regional Medical Center (CCRMC), Health Services, or Behavioral Health Services been notified by City of Martinez?</p>	<ul style="list-style-type: none"> ○ Technically no need to inform us ○ The proximity to the high school, Miller Wellness and PES is of concern ○ This issue will be brought to the Alcohol and Other Drugs Advisory Board (AOD) for discussion ● CORE and Medi-Cal Billing <ul style="list-style-type: none"> ○ The State is currently doing site certification for the CORE program ○ There are MHSA dollars in the CORE Program ○ Currently working to get the Program certified and eligible for Medi-Cal revenue – Mental Health Medi-Cal Claims, Drug Medi-Cal claims ○ Even those without Medi-Cal insurance coverage will receive services and treatment for this Program ○ Will continue to serve those with low income, no income or who are uninsured ○ Getting the Program Medi-Cal certified would be the first step for receiving additional revenue ○ Warren Hayes (Mental Health Program Chief) <ul style="list-style-type: none"> ▪ Entering the second year of the Program and are at the stage to be certified and start Medi-Cal billing ▪ The CORE Team provides three levels of care ▪ Next Innovation Committee meeting will be Monday, December 23rd starting at 2:30 pm at 1220 Morello Avenue, Suite 100, Martinez ▪ Will focus next meeting on this issue ○ Goals are sustainability and growth of this program. Receiving revenues from Medi-Cal is a great starting point for sustainability. We need to accept other revenue in order to support this program. ○ CalAIM Initiative will reform the Medi-Cal Program ● Psychiatric Emergency Services (PES) 		

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	<ul style="list-style-type: none"> ○ We have had several meetings. Will meet next week again and will include Supervisor Burgis. Have met with hospital leadership. Will also meet next week to look at options for PES and to address the needs of the youth brought to PES. ○ Options – Physically remodel the existing structure to provide an area for youth or have a free-standing facility just for youth. <ul style="list-style-type: none"> ▪ Visited Willow Rock in Alameda County that is operated by Seneca – freestanding psychiatric facility – crisis stabilization unit for youth. Can see the differences in the approach, strategy and working with the kids versus an open setting that has both adults and youth in the same place. ▪ Also reached out to Santa Clara County that has two freestanding crisis stabilization units – one for adults and one for youth. Will visit the youth unit. ▪ Preliminary drawings have been made for the remodel. ▪ Goal – what will best serve the people who are walking through the door (remodel or have a freestanding crisis stabilization unit only for youth) ○ Jennifer Tuipulotu (Program Coordinator, Office for Consumer Empowerment) <ul style="list-style-type: none"> ▪ Next Behavioral Health Care Partnership meeting will be December 17th at Miller Wellness Center, small conference room from 1:30 pm to 3:00 pm. ▪ Will go on site to PES and review past recommendations for change, such as video phone and signage, and discuss new recommendations. ▪ Discuss painting, comfortable seating, signage ▪ The purpose of the Behavioral Health Care Partnership is to review these changes and go on 		

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	<p>site to view changes.</p> <ul style="list-style-type: none"> ○ Kathi McLaughlin comments <ul style="list-style-type: none"> ▪ Have a high level of frustration as taking so long. The Grand Jury made its report in July. ○ The Grand Jury Report allowed a year for the evaluation and development of a plan. We have attended to the smaller issues right away. Options for the area involves more thought and time- feasibility, finances, etc. By the end of the allowed one-year time period, there will be a plan in place. ○ We are working collaboratively with the Contra Costa Regional Medical Center (CCRMC) on these issues. We do not have the authority to make final decisions on behalf of the hospital. We have a partnership and are working collaboratively. ○ We have great concern for youth and how they are treated. We are not going slow. We are using the year to be deliberative. There will be a plan. It may well be before the end of the year period. ● CalAIM <ul style="list-style-type: none"> ○ Google DHCS CalAIM ○ The state is looking to reform, redesign the Medi-Cal delivery system ○ Payment reform piece is large. The first stakeholder meeting on this topic is next week. Will go to Sacramento to participate in person. ○ Waiting if DHCS will apply for a waiver that would address the IMD exclusion. Under the federal IMD exclusion rule, adults between 21 and 64 who have Medi-Cal and go to a facility subject to the IMD exclusion, their Medi-Cal benefits cannot be accessed. We are advocating to for the State to apply for the waiver to this federal rule. 		
3. Stakeholder Committee	Committee Updates (Stakeholder Sharing sheets) were distributed		Committee

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<p>Representatives Sharing Key Topics from Committee Meetings</p> <ul style="list-style-type: none"> • Adults • Alcohol and Other Drug Services • Children, Teens and Young Adults • Housing Committee (Health, Housing & Homeless Services) (H3) • Innovation • Membership • Mental Health Commission • Older Adults • Quality of Care (Mental Health Commission) • Social Inclusion • Suicide Prevention • System of Care 	<p>Adults – Met in October. Venessa Blum (Director of Clinical Operations, Rainbow Community Center) presented. Provided information on services provided. Natalie Oleas (Director Central Concord Family Justice Center) also presented on services for survivors of interpersonal violence. Next meeting will be January 28, 3:00 pm to 4:30 pm at 1340 Arnold Drive, Martinez.</p> <p>Aging and Older Adults – No additional comments.</p> <p>Alcohol and Other Drug Services – No additional comments.</p> <p>Children, Teens and Young Adults – Met November 14th. Gerold Loenicker (Children and Adolescent Program Chief) provided updates on the children’s System of Care. Jennifer Tuipulotu presented. Next meeting will be December 12th from 11:00 am to Noon at 1340 Arnold Drive, Martinez.</p> <p>Housing Committee (H3)– No meeting in November.</p> <p>Innovation – Met on December 20th at the CORE Program location, Point Richmond.</p> <p>Membership Committee – Will meet December 16th from 3:00–4:30 pm.</p> <p>Mental Health Commission – Met December 4th. Gerold Loenicker (Children and Adolescent Program Chief) provided updates on legislation. Senate Bill 439 passed and substantially changed the juvenile justice system for the better. Dr. Suzanne Tavano provided updates on reimbursements for board and care facilities.</p> <p>Older Adults – No additional comments.</p> <p>Quality of Care (Mental Health Commission) – No additional comments</p> <p>Reducing Health Disparities – Genoveva Zesati is co-chairing</p>		Representatives

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	<p>the meetings located at 1340 Arnold Drive, Suite 126 in Martinez. No meeting this month due to holidays. Next meeting will be in January.</p> <p>Social Inclusion – The next meeting will be December 12th that includes a pot luck. All invited to attend. Flyers distributed. The January meeting will still be held on the 9th but a bit earlier to accommodate the rescheduled CPAW Committee meeting.</p> <p>Suicide Prevention – No additional comments.</p> <p>System of Care – Natalie Oleas (Central Center Director, Family Justice Center) presented. No Place Like Home funding, short term residential housing and Oak Grove Project discussed.</p>		
<p>4. Report Out of Early Childhood Mental Health (ECMH) Community Forum in November</p>	<p>Presentation by Jennifer Bruggeman (MHSA Program Supervisor) (Distributed Early Childhood 0-5 Community Forum Feedback Summary)</p> <ul style="list-style-type: none"> • Attendance <ul style="list-style-type: none"> ○ 151 people attended (record Forum attendance) ○ 28 Children (Forum Child Care Provided) • Demographics <ul style="list-style-type: none"> ○ 93% attendees were Women • How can we support men and encourage attendance • Presenters <ul style="list-style-type: none"> ○ Jen Leland from East Bay Center for Children presented on early childhood trauma ○ Coalition of service providers presentation emphasized early treatment/involvement to change outlook for children • Wanda Davis (First 5) Comments <ul style="list-style-type: none"> ○ Need to reduce stigma with social media campaigns ○ Need to focus on underserved population 		<p>Jennifer Bruggeman (MHSA Program Supervisor) & Genoveva Zesati (MHSA Workforce, Education and Training (WET) Coordinator</p>

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	<ul style="list-style-type: none"> ○ Need for training, education and assistance with system navigation for children and their families ○ Great collaboration and lets continue to do good work <p>Questions and Comments:</p> <p>Comment: Was great to have the Children’s Room. Would be wonderful if it could be ongoing. How can we get more men to come? Send message it is OK to be a man and ask for help. The idea of an all-day seminar would be great.</p> <p>Q: How often do the schools reach out for assistance? Is there education in place for them?</p> <p>A: (Wanda Davis) Must work in a collaborative effort.</p> <p>Q: Do we work with other counties? Share information about successful programs?</p> <p>A: (Dr. Suzanne Tavano) Peers and Program Managers reach out to each other. Efforts now to do regional programing re youth in the form of a regional response center.</p> <p>Comment: Would be a good idea to go to Special Education Directors and meet perhaps monthly. Funding to serve the homeless or children is less in smaller districts.</p> <p>Response: (Wanda Davis) Yes, we must start conversations on these issues and work with our partners. We partner with the County team.</p> <p>Q: 54 Percent of attendees were service providers. Were any from education?</p> <p>A: (Jennifer Bruggeman) We will review the sign in sheets and provide that information.</p>		
5. Draft Community Program Planning Process (CPPP) chapter	Presentation by Jennifer Bruggeman (MHSA Program Supervisor)		Jennifer Bruggeman

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<p>of MHSA Three Year Plan Fiscal Year 2020-2023</p>	<ul style="list-style-type: none"> • Three Forums in 2019 <ul style="list-style-type: none"> ○ July 2019 <ul style="list-style-type: none"> ▪ West County with focus on Permanent Supportive Housing and partnered with Contra Costa Interfaith Housing ○ September 2019 <ul style="list-style-type: none"> ▪ South County with focus on Suicide Prevention and partnered with the Contra Costa Crisis Center ○ November 2019 <ul style="list-style-type: none"> ▪ East County with focus on Early Childhood Mental Health and partnered with First 5 • Participants <ul style="list-style-type: none"> ○ 373 participants (Total for three Forums) ○ West County Forum (Housing) had the highest number of consumers • Feedback from participants (from small group discussions and completed Input Forms) <ul style="list-style-type: none"> ○ Housing Forum <ul style="list-style-type: none"> ▪ Need and want more housing ▪ Permanent supportive housing and on-site services ▪ Cultural awareness ▪ More case managers with lived experience and training re mental health issues ▪ Employers need to take better care of their staff of Case Managers ▪ Life skills training for residents ○ Suicide Prevention Forum <ul style="list-style-type: none"> ▪ Need for Suicide Prevention training ▪ Need Mental Health related resources in more languages ▪ Address stigma as to mental health issues ▪ Top Three Things re “Wellness in Your Community” – Spirituality, Being in Nature and Inclusivity 		

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	<ul style="list-style-type: none"> ▪ NAMI recently had an excellent conference on Mental Health and Spirituality ▪ The CORE Program includes exposure to nature ○ Early Childhood Mental Health <ul style="list-style-type: none"> ▪ Increase public awareness through education, training, events ▪ Enhancing trauma informed practices ▪ Education and training for child care providers and teachers ▪ Promote resources, information through various channels such as social media ▪ Targeted campaigns geared towards particular populations ▪ Dr. Suzanne Tavano comments <ul style="list-style-type: none"> ◇ New Surgeon General for California is extremely interested in Adverse Childhood Experience Screening (ACES) and childhood trauma and addressing it. Is making money available for pediatricians and primary care providers can get Medi-Cal reimbursement for doing the ACES screening. ◇ Our County is doing a cross collaboration with Pediatrics on Mental Health. • Prioritizing Service Needs (2019) <ul style="list-style-type: none"> ○ Have tracked stated Top Priorities over time reviewing fourteen topics ○ Top three Priority Topics the same as last year ○ Do we want to continue with fourteen items for the next Three-Year Plan? ○ Comments <ul style="list-style-type: none"> ▪ Topics appear disconnected from the specific forum topic ▪ Each Forum should ask “What do you see is the most pressing Mental Health need in this area?” ▪ Using dots to prioritize may be misleading. Some 		

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	<p>people put multiple dots on one Topic sheet, so it appears more of a priority by the number of dots</p> <ul style="list-style-type: none"> ▪ Will a draft chapter be presented or will there be a meeting to develop the draft? Suggest send a copy of this PowerPoint presentation out. <ul style="list-style-type: none"> ◇ (Jennifer Bruggeman) The draft will be emailed prior to the next CPAW meeting ◇ (Warren Hayes) We will get the Three-Year Plan to the Board of Supervisors in June. Prior to that, we will talk about the issues and receive input. ○ Warren Hayes Comments <ul style="list-style-type: none"> ▪ Representatives of all our stakeholder groups at CPAW look at the service gaps and the prioritized service needs ○ Dr. Suzanne Tavano Comments <ul style="list-style-type: none"> ▪ There is talk in Sacramento about changing the Mental Health Services Act ▪ There is a large meeting on Monday (December 9th) about this ▪ Some people have different ideas about how the money should be used, where it should go, who should manage it ▪ Advocacy may be needed in the near future ○ Amanda Wehrman Facilitator <ul style="list-style-type: none"> ▪ Due to time restraints, can continue with this topic at the next CPAW Committee meeting 		
6. Explore Possible Forum Topics for 2020 – suggestions include Peers in Recovery, Suicide	(Not discussed at this CPAW Committee meeting)		Jennifer Bruggeman & Genoveva Zesati

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Prevention & Cultural Responsiveness and Strengthening System Integration			
7. Public Comment & Suggestions for Future Agenda Items	<p>Public Comment:</p> <ul style="list-style-type: none"> • Have not seen staff from Contra Costa Mental Health at County staff trainings, conferences or other events. Contra Costa staff is not involved or hearing what is being said in the community or by non-profits. • There is a conference every year called California Advocates for Children and Youth. We used to send twenty people from Contra Costa County including volunteers. Not seeing that happening anymore. We have money by the Mental Health Services Act for training. We need to attend and speak out as advocates and learn what is going on. We need to be there. <p>Suggestions for Future Agenda Items: (Not discussed at this CPAW Committee meeting)</p>	CPAW members and attendees	Amanda Wehrman
8. Plus/Delta - review of Meeting	(Not discussed at this CPAW Committee meeting)		Amanda Wehrman
9. Adjournment and next CPAW meeting <u>The January CPAW meeting will be held on the SECOND Thursday of the month due to the holiday</u>	<ul style="list-style-type: none"> • The next CPAW meeting will be January 9, 2020. 		Amanda Wehrman