

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, October 4, 2018

3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



- Members attending:** Stephen Boyd, Candace Collier, Doug Dunn, Kimberly Krisch, Sara Marsh, Mariposa McCall, Kathi McLaughlin, Melinda O’Day, Roberto Roman, Jennifer Tuipulotu
- Staff attending:** Jennifer Bruggeman, Janet Costa, Golnaz Fortune, Kirsten Heher, Sarah Kennard, Jill Ray, Windy Taylor, Robert Thigpen, Genoveva Zesati
- Public Participants:** Sidney Armstrong, Keri Banks, Loretta Bradstreet, Guadalupe Cazares, Gigi Crowder, Cheryl Hall, Mia Jackson, Linda Jacob, Marta Karafilis, Jennifer Lane, Cheryl Maxie, Gail Miller, Yoshiko Murai, Margaret Netherby, James Ross, Carwen Spencer, Meredith Schultz, Isabel Stott, Elizabeth Ward, Amelia Wood
- Facilitator:** Maria Pappas
- Recorder:** Audrey Montana
- Staff Support:** Warren Hayes
- Excused from Meeting:** Steve Blum, Lisa Bruce, Karen Smith
- Absent from Meeting:** David Bergesen, Courtney Cummings, Maude DeVictor, Tom Gilbert, David Kahler, James Lancaster, Jackie Lerman, Will McGarvey, Lucy Nelson, Ryan Nestman, Lauren Rettagliata, Sheri Richards, Connie Steers, Chelise Stroud, Matthew Wilson, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements - None • Meeting Notes <ul style="list-style-type: none"> ○ Approved with minor correction 	Information Notes approved. Will be posted to MHSAA CPAW website.	Maria Pappas Audrey Montana to post notes.

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> • Changing Culture of System of Care & Services • Update on CORE Innovation Project 	<p>Dialogue With Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <p>Warren Hayes:</p> <ul style="list-style-type: none"> • Changing the Culture of Systems of Care and Services <ul style="list-style-type: none"> ○ Moving toward client and family driven service <ul style="list-style-type: none"> ▪ Anna Roth, Mental Health Services Director, has had several meetings with all Division heads with the message that this was her central theme ▪ Dr. Matthew White, Acting Behavioral Health Services Director, has also put forth this message ▪ They asked Warren Hayes to join the Executive Committee to ensure that stakeholders such as those on the CPAW Committee have a voice at the table ▪ Jennifer Tuipulotu of the Office for Consumer Empowerment has also recently joined the Executive Committee to ensure consumers have a voice. Congratulations to her on this new designation. She is not afraid to speak on behalf of consumers. ▪ Dr. White is encouraged by Anna Roth to focus on the clinics and ensure that clinics are more responsive to consumers and family members ▪ We had the value mapping event in June and recently had the rapid improvement event. We are intent on changing the culture in the clinics. ▪ We want to ensure that consumers and families have a voice and are intent on making positive changes in the manner in which our service providers respond 		<p>Warren Hayes, Mental Health Services Act (MHSA) Program Manager</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • Update on CORE (Center for Recovery and Excellence) Innovation Project <ul style="list-style-type: none"> ○ Initiating Innovation Projects <ul style="list-style-type: none"> ▪ There are a lot of challenges for new projects ▪ The County has a very large beaurocratic system ▪ Involves daily frustrations with new projects ▪ This causes stakeholders to voice their concerns that initiating new projects should not take this long ○ The CORE project <ul style="list-style-type: none"> ▪ Central to what CPAW does ▪ The Innovation Committee initiates new projects ▪ We currently have five Innovation projects <ul style="list-style-type: none"> ◇ Overcoming Transportation Barriers, Coaching to Wellness, Cognitive Behavior Social Skills Training, Partners in Aging and this new CORE project ▪ Last August we went before the State Oversight and Accountability Commission and the CORE project was approved ▪ Then the project was put on the Board of Supervisor’s calendar for approval <ul style="list-style-type: none"> ◇ To approve positions, project location, facility, etc. ◇ Need approval to move forward and start working with County departments – i.e. public works, etc. ▪ It is difficult to launch a new project in a timely manner within a county system ▪ We proposed to have a nurse on this multidisciplinary team to work with teens that are dually diagnosed with mental health issues and substance abuse issues. This is a creative approach. <ul style="list-style-type: none"> ◇ This would be a psychiatric mental health 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>nurse practitioner.</p> <ul style="list-style-type: none"> ◇ However, the County does not have such a classification in the system ◇ We needed to prove that this project needed this specialty nurse – can do nursing but can also prescribe psychotropic medications and especially the new medications that deal specifically with substance abuse disorders ◇ An alternative would be to contract out for the position but then we would have to justify contracting out rather than using a County position ◇ This would then trigger Union considerations when contracting out for positions ▪ Kathi McLaughlin (a CPAW member) recently spoke before the Board of Supervisors directly on public comment and asked that the project be fast tracked ▪ A teacher is also needed for this project <ul style="list-style-type: none"> ◇ The School District is now involved and we need a Memorandum of Understanding (MOU) ◇ We sent the documents to the School District ◇ Then went to County Counsel that now needs permission from the School District to comment on the MOU ▪ This CORE project at Point Richmond has opened its doors <ul style="list-style-type: none"> ◇ The Open House is on October 25th ◇ The public is invited and there will be a ribbon cutting ceremony ◇ Windy Taylor of the MHSA Team has been working to push this project along ◇ We still do not have our psychiatric mental health nurse practitioner but the MOU is now Board of Supervisors’ consent calendar 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ◇ The issue remains - why does it take so long? ◇ Through these projects we have learned that sadly it takes a year to a year and a half to start anything new in the County system ◇ But the good news is, once it is in the system it is very hard to get it out of the system ▪ Kathi McLaughlin commented <ul style="list-style-type: none"> ◇ Once the MOU is signed by the Office of Education, the students can start the afternoon day treatment program. The County Office of Education has been wonderful. ◇ There are a lot of roadblocks. Do we need to keep going to the Board of Supervisors to ask them to do something? We can't get the service up and running with the County. It has been over a year. Kids are falling by the wayside because the program is not there. It almost forces us to go to a community based organization (CBO) instead. ▪ Warren Hayes responded that there is slowness and also roadblocks <ul style="list-style-type: none"> ◇ If there is slowness, we understand protocol ◇ Roadblocks are another issue. This is when there is no reason why something is not happening. We keep you all updated on projects. We would be happy to send up a flare if we need help. ◇ Apparently speaking before the Board of Supervisors got the attention of Supervisor Karen Mitchoff and Anna Roth as well ▪ Kathi McLaughlin referred to a news article <ul style="list-style-type: none"> ◇ Dual diagnosed consumer in San Francisco was shipped to Contra Costa County with suicidal tendencies and released on September 17th with no money and no shoes. She has 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>since been missing.</p> <ul style="list-style-type: none"> ◊ Why not send her back to San Francisco and why release with no money or shoes? Someone should have been notified that she was being released. ◊ Warren Hayes forwarded the article through channels to be addressed and also to leadership at Contra Costa Regional Medical Center. 		
<p>3. Dialogue with Stakeholder Committee Representatives</p> <ul style="list-style-type: none"> • Adults • Alcohol and Other Drug Services • Children, Teens and Young Adults • Housing Committee (Health, Housing & Homeless Services) (H3) • Innovation • Membership • Mental Health Commission • Older Adults • Quality of Care (Mental Health Commission) • Social Inclusion • Suicide Prevention • System of Care 	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p>Adults – No additional comments or questions</p> <p>Alcohol and Other Drug Services - Representative was not present and there were no questions</p> <p>Children, Teens and Young Adults – The First Hope program will be moving into the Taylor Boulevard location. Will soon be interviewing for new positions. The James Moorehouse project presented about the program at the high school. On October 11th from 11:00 am to 1:00 pm at 1340 Arnold Drive, Suite 200 in Martinez, People Who Care program representatives will come and present.</p> <p>Housing Committee (H3)– No additional comments and no questions</p> <p>Innovation – Will be meeting in October.</p> <p>Membership – Will meet on Monday October 15 from 3:00 to 4:30 pm and will be discussing recruitment. Have a CPAW membership application to process. All welcome and invited to participate.</p> <p>Mental Health Commission – During the meeting yesterday, Dr. Matthew White and Warren Hayes talked about the status of the Oak Grove project. This will be discussed at the Systems of Care meeting next week. A joint letter was written by the Mental Health Commission and Behavioral Health Services written by Dr. White and MHC</p>		<p>Committee Representatives</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Chairperson, Barbara Serwin. This letter will be distributed to CPAW.</p> <p>Older Adults – Representative was not present and there were no questions</p> <p>Quality of Care (Mental Health Commission) – No additional comments and no questions</p> <p>Social Inclusion – The October 11th meeting will be held at the Native American Health Center in Richmond from 1:00 to 3:00 pm. The information is on the back of the newsletter. The last two meetings had presentations from the SPIRIT team. Application deadline has been extended to October 19th.</p> <p>Suicide Prevention – The Suicide Prevention Committee meets the fourth Friday of the month from 9:00 – 10:30 am at 1220 Morello Avenue, Suite 100, Martinez. All welcome to attend. If anyone would like to borrow the documentary film shown last month (The S Word), please contact Jennifer Bruggeman.</p> <p>System of Care – Everyone should come to this meeting. We are talking about money and services for housing. This issue is on the ballot. Come and add your voice to shape what is built and created. Main topic next week is the application for supportive housing funds (services component).</p>		
<p>4. MHSA Financial Summary for FY 2017-2018</p>	<p>Presentation by Warren Hayes (Documents distributed: MHSA Quarterly Budget Report, Fiscal year 2017-2018 – July 2017 through June 2018 and supporting financial documentation)</p> <p>Questions and Comments:</p> <p>Q: What is the amount of unspent funds - 53 or 60 million?</p> <p>A: Received the figures from County Finance. It depends also on the point in time the figures refer to. Will have an</p>		<p>Warren Hayes, MHSA Program Manager</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>updated amount when we plan and apply for supportive housing funds. As of today, the amount of unspent funds would be probably between 54 and 60 million dollars.</p> <p>Q: What is workforce staffing support?</p> <p>A: That is the County staff we pay for administrative support to power all of this – i.e. training and technical assistance, mental health career pathways, internship programs, financial assistance programs. It is the County staff support.</p> <p>Q: Are the funds in danger of being taken away if not spent?</p> <p>A: The term is “subject to revert back to the State” if not spent. We watch this very carefully. Generally we have three years to spend the funds.</p> <p>Q: The perinatal depression project has zero expenditure. The report notes it is due to County staffing.</p> <p>A: This was an Innovative project which is a time limited project. When that time was up, we put it under PEI. We budgeted time for staff to be absorbed but ended up not having to charge anything.</p> <p>Q: Some funding goes to Community Based Organizations?</p> <p>A: All five of the Innovation projects are now County operated.</p> <p>Q: If we cannot get new projects going due to the County process, may have to go to nonprofits and CBO’s. Is not fair to County staff and consumers. State should provide direction to the Counties to act more quickly for funding. Do we have to go to the State?</p> <p>A: Other Counties are experiencing the same issues. Would be wonderful if those at the State level would be more responsive. Don’t want to have to choose to be County operated or to contract out.</p> <p>Q: NAMI is being funded out of WET (Workforce Education and Training). How does that happen and why did it not stay funded as an Innovation project?</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>A: We must first determine the pathway of each project. NAMI's Family Volunteer Support Network was not considered a new or different pattern of service. However, it was considered needed and high priority, so we funded it under the MHSA WET component.</p>		
<p>5. November 13 East Contra Costa Youth Mental Health Community Forum</p> <ul style="list-style-type: none"> • Distribution of Flyers • Update on survey responses and identify discussion topics • Identify volunteer facilitators and scribes 	<p>Upcoming East County Forum</p> <p>Genoveva Zesati</p> <ul style="list-style-type: none"> • Surveys and Flyers <ul style="list-style-type: none"> ○ Have gone out and received some responses (50 online) ○ Have flyers in English and Spanish and all are welcome to take and distribute • Discussion Topics <ul style="list-style-type: none"> ○ Three main topics <ul style="list-style-type: none"> ▪ (First) Lack of services in East Contra Costa County ▪ (Second) Understanding Mental Illness ▪ Tie for Third Place Topic <ul style="list-style-type: none"> ◇ Culturally Competent Services (Immigrant Families, LBGTQ, Youth, etc.) ◇ Housing ◇ Suicide • Need volunteers <ul style="list-style-type: none"> ○ As discussion group facilitators and scribes ○ Received names of several who volunteered to assist at the forum ○ Have four rooms and an outside space ○ Have provided a map for public transportation • Will be doing another email blast that includes the flyer and the map <ul style="list-style-type: none"> ○ Have already contacted school districts <ul style="list-style-type: none"> ▪ Contacted and flyers approved for distribution at Pittsburg, Antioch ▪ Flyers given to Brentwood and Oakley districts ▪ Awaiting word from Byron School District 		<p>Genoveva Zesati, Mental Health Services Act Analyst</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ○ Contacted local community based organizations and youth groups ○ Have assigned community based organizations that will have resource tables at the event ○ Will look at possibility of setting up Skype conferences <ul style="list-style-type: none"> ▪ Suggested by Kathi McLaughlin to help those who cannot be at the forum in Antioch ▪ Could still participate in forum and discussion groups via Skype video conferencing ▪ Kathi offered to assist in arranging video conferencing ▪ We have access to WIFI and will do a test Skype conference at that location ○ Will have a CPAW Steering Committee meeting on October 18th from 2:30 to 3:30 pm. Will look at the possibility of setting up Skype capability <ul style="list-style-type: none"> ▪ We will construct the Agenda for the forum ▪ Will decide the final topics for discussion ▪ Will determine the number of discussion groups ▪ If people can discuss more than one topic ▪ Will make a final Agenda ● Spanish language Services <ul style="list-style-type: none"> ○ Will have an interpreter available ○ Have audio translation headsets 		
<p>6. Primer and Discussion of Proposition 2 on November Ballot – No Place Like Home</p> <ul style="list-style-type: none"> ● Potential Impact on MHSA Funded Services ● Stakeholder participation in Systems of Care 	<ul style="list-style-type: none"> ● In November, Proposition 2 will be on the ballot <ul style="list-style-type: none"> ○ State legislature in July 2016 put through legislation for No Place Like Home (NPLH) <ul style="list-style-type: none"> ▪ A legal challenge delayed the process ▪ Objection was that there was no stakeholder involvement so the proposition was put on the November ballot ▪ Statewide there is two billion dollars available for permanent supportive housing for persons who are seriously mentally ill 		Warren Hayes, MHSA Program Manager

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
meetings and other opportunities for input	<ul style="list-style-type: none"> ▪ The State will borrow money from investors and give it to developers to build housing ▪ There is a requirement that mental health services be provided to those who are placed into the new housing units ▪ From the State General fund, staff were paid for and provided to the State Housing and Community Development (HCD) to administer the NPLH funds ▪ The staff has already been working so if the funds are approved in November and pass legal challenges, staff can proceed to assist with the NPLH funding and process ▪ A Notice of Funding Availability (NOFA) was put out last month to Counties for noncompetitive funds ▪ A NOFA will later be announced for competitive funds ▪ Many arguments for and against NPLH ▪ Douglas Dunn will next speak as to why NPLH is not a good idea ▪ We want to provide both the pros and cons on NPLH to ensure that all are better informed voters. The information both for and against NPLH is important to understand. <ul style="list-style-type: none"> • Potential Impact on MHSA Funded Services <ul style="list-style-type: none"> ○ Douglas Dunn Presentation: “ Proposition 2 – Why it is not good for the Severely Mentally Ill Homeless” ○ A PowerPoint handout for this presentation was also provided • Warren Hayes Comments <ul style="list-style-type: none"> ○ All of Doug Dun’s points are valid ○ We do need to understand the pros and cons of this legislation ○ Will make just a few points as comments ○ Doug made the point that whatever the State does the County could do better <ul style="list-style-type: none"> ▪ We are local and better understand what the needs are ▪ There is one exception, the State will be underwriting 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>the developers</p> <ul style="list-style-type: none"> ▪ We do not have the expertise re: providing loans to developers. This is the expertise of HCD. ▪ The State has the responsibility (i.e. in event of breach) <p>○ Funds for the Homeless</p> <ul style="list-style-type: none"> ▪ These funds are specifically for persons with serious mental illness ▪ The County has to prove this population is going into those units ▪ We have full service partnerships (FSPs) and Assertive Community Treatment (ACT) programs that serve adults ▪ On our caseload now, we have 152 people who are homeless ▪ If we get these funds to build housing, can get 150 to 200 units and can move these people into those units ▪ Regarding unspent MHSA funds, we do not want to spend on ongoing services as eventually will go broke ▪ Can use these NPLH funds for the FSP/ACT staff to provide services ▪ This will provide for a continuum of care that we currently do not have <p>Questions and Comments:</p> <p>Comment: This is a bond that can only be spent on bricks and mortar. There is nothing that ensures the programs are being provided? Does the County have a project labor agreement? An agreement with local building trade unions. How is this cost effective if we are paying developer's interest? County still has to do due diligence to get accountable developers.</p> <p>A: We partner with Health, Housing and Homeless Services and the Department of Conservation and Development that may have answers to the questions you ask. HCD works with the developers. Agree it is not cost effective.</p> <p>Q: This will be seven percent a year of local MHSA treatment</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>funds going to this?</p> <p>A: Will take time to build in. The first year will be \$300,000 from our MHSA revenue. The second year will be 600,000 to 700,000. Will build up to over \$3 million annually. Downside is it is taking funds from treatment to put in bricks and motor. The upside is that it probably would not get built at all without this strategy. Need the bricks and motor in order to achieve the continuum of care.</p> <p>Q: Stevensen Place is the gold standard. Will take extra services funding on top of paying the bond</p> <p>A: Yes. Please come to our Systems of Care meeting to help construct what this treatment should look like.</p> <p>Comment: People are beginning to recognize that so many people being homeless is a problem. The deal is how to get more money to make housing. There is not enough housing stock. What we should ask what can we could do instead to build more housing.</p> <p>Comment: If we don't say yes to this what do we get? If we don't say yes to something that is trying to help, we don't have any idea if anything will happen at all. No one talks about options.</p> <p>Comment: Health, Housing and Homeless Services has been working to advance permanent supportive housing. Eliminates the need for spending for these issues among several County departments. Give people quality of life by giving them housing. Going in the direction of permanent supportive housing. This is where the Board of Supervisors is today and they are supporting Proposition 2 because it will provide a vehicle to build permanent supportive housing. We do not have the funds to build this housing. If the proposition passes, H3 will go ahead and apply for funds</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Comment: Since I obtained housing, I have had to go to psychiatric emergency only one time. You cannot be healthy when you are in a homeless situation.</p> <p>Comment: If the proposition passes, need relentless watchdogs over developers. May be affordable now but then later becomes for-profit housing. Look at the model in Pleasant Hill – Contra Costa Interfaith Housing owns the property and provides the services. A good model.</p> <p>Comment: We were going to use unspent funds to provide for inpatient children. But could not get Finance to green light the funds. Should be able to use current unspent funds to provide such services.</p>		
7. Public Comment, Announcements	<p>Public Comment:</p> <ul style="list-style-type: none"> • I think it is a good idea to vote yes for the housing. Better to try and fail than not to have tried. It's worth a shot. • It is great that we are focusing on homelessness as the problem. Good to use funds for a safety net for people before they become homeless. In 2008, my family lost their homes. Before a person is evicted, there should be some kind of agency that a person could go to get help before being put out on the street. <p>Announcements:</p> <ul style="list-style-type: none"> • The Homeless Emergency Aid Program will have a meeting tonight starting at 6:00 pm at 10144 Clara Avenue in Richmond. 	CPAW members and attendees	Maria Pappas
8. Review of Meeting	<ul style="list-style-type: none"> • Enjoyed the discussions today. They were thoughtful, substantive and meaningful. Very important. 		Maria Pappas
9. Adjourn	<ul style="list-style-type: none"> • There will be no CPAW meeting in November as the Community Forum will be held on November 13th. The Next meeting will on December 4, 2018 from 3:00 pm to 5:00 pm. 		Warren Hayes