

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, September 6, 2018

3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Stephen Boyd, Candace Collier, Doug Dunn, David Kahler, Kimberly Krisch, Sara Marsh, Tammy Keagy, James Lancaster, Kathi McLaughlin, Jennifer Tuipulotu, Sam Yoshioka

Staff attending: Jennifer Bruggeman, Golnaz Fortune, Sarah Kennard, Gerold Loenicker, Michael Petersen, Quincy Slatten, Windy Taylor, Robert Thigpen, Genoveva Zesati

Public Participants: Keri Banks, Loretta Bradstreet, Graciela Cesares, Gigi Crowder, Cheryl Hall, Mia Jackson, Linda Jacob, Cheryl Maxie, Mariposa McCall, Margaret Netherby, Melinda O’Day, James Ross, Carwen Spencer, Isabel Stott, Elizabeth Ward, Amelia Wood

Facilitator: Maria Pappas

Recorder: Audrey Montana

Staff Support: Warren Hayes

Excused from Meeting: Karen Smith, Lisa Bruce, Roberto Roman

Absent from Meeting: David Bergesen, Duane Chapman, Maude DeVictor, Tom Gilbert, Jackie Lerman, Will McGarvey, Lucy Nelson, Lauren Rettagliata, Connie Steers, Gina Swirsding

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements - None • Meeting Notes <ul style="list-style-type: none"> ○ Correction of date on CPAW calendar ○ Social Inclusion <ul style="list-style-type: none"> ▪ Will meet on September 13th (not 9th) ▪ Will not meet at the Bisso Lane location ▪ Will meet at the Native American Health Center 	Information Notes approved. Will be posted to MHSAA CPAW website	Maria Pappas Audrey Montana to post notes

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<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> • Plan for getting a permanent Behavioral Health Services Director appointed. • What is the status on the Oak Grove and Knightsen properties? 	<p>Dialogue With Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <p>Dr. Matthew White:</p> <ul style="list-style-type: none"> • Status hiring psychiatrists <ul style="list-style-type: none"> ○ Two psychiatrists starting in the East County Adult Clinic <ul style="list-style-type: none"> ▪ One will start in September, the other in October ▪ Both will work three days a week ○ A child psychiatrist will start in West County <ul style="list-style-type: none"> ▪ Will work three days a week starting October ○ A child psychiatrist in Central County will be leaving ○ A full time child psychiatrist is in the process of being hired for Central County • Improvement Event – East County Adult Clinic <ul style="list-style-type: none"> ○ Focus was on access and care ○ Make the first visit a high value visit ○ Will no longer be just an intake, screening visit ○ Test pilot (First Visit Group Model) <ul style="list-style-type: none"> ▪ Clients will meet the psychiatrist, mental health clinical specialist, community support worker and (if needed) a substance abuse counselor and family support worker ▪ This would continue to be the support team for the client ▪ Will test the team model, speak to clients and assess ○ Will report to the Board of Supervisors at noon next Friday. All are invited to attend. • Primary care clinics <ul style="list-style-type: none"> ○ Optimize care there including health, behavioral, substance abuse and psychiatric support • Discussing health care for the homeless inside and outside 		<p>Dr. Matthew White, Acting CCBHS Director</p>

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	<p>of shelters</p> <ul style="list-style-type: none"> • Plan for getting a permanent Behavioral Health Services (CCBHS) Director <ul style="list-style-type: none"> ○ Anna Roth (Director of Mental Health Services) and County Personnel will determine <p>Warren Hayes</p> <ul style="list-style-type: none"> • Status of the Oak Grove property <ul style="list-style-type: none"> ○ Revisiting use of this property ○ The First Hope program will be leaving the property ○ County must do something since there is a significant debt service on this County property ○ Completed another walk through of the property and talked to the firm that did the assessment of the costs (to bring the building up to Code) ○ The assessment report only addressed one building on the property (long building). Did not include the smaller building that would house administrative offices and some classrooms ○ Will meet with senior leadership and managers ○ Will have several plan options for the County ○ The target population for this property are transition age youth (TAY) ○ For housing and support services (including care providers) ○ Housing and homeless dollars may be available ○ Will work with Health, Housing and Homeless Services (H3) ○ There is a sense of urgency to submit something to the County Chief Financial Officer quickly and ensure we exhausted options to keep and use the property to benefit the target population ○ Public comment – Suggested older adults be housed with transition age youth. Such a program has been successful in the past ○ Dr. Leung who works with the First Hope program is 		<p>Warren Hayes. MHSA Program Manager</p>

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	<p>well acquainted with the neighbors in the area and their attitudes and any concerns. Currently there is an amicable neighbor relationship with the existing program</p> <ul style="list-style-type: none"> • Status of the Knightsen property <ul style="list-style-type: none"> ○ History of the property <ul style="list-style-type: none"> ▪ Private property located in a rural area of East County ▪ Was donated by a family to Bonita House (a community based organization) ▪ Previous Mental Health Services Director (Cynthia Belon) reached out to the Director of Benita House and leadership to provide County services at that location but Bonita House declined ○ No Place Like Home - current status <ul style="list-style-type: none"> ▪ If the No Place Like Home initiative passes in November, developers will be coming to the County to develop property ▪ Very affordable loans for building will be available to developers ▪ There will be at least four Notice of Funding Availability announcements in the next five years <p>Gerold Loenicker</p> <ul style="list-style-type: none"> ○ Attended CPAW many times as a PEI coordinator ○ Will now be reporting on children's issues ○ Started this position in mid-August ○ Was previously the Program Manager for Central County Mental Health ○ Enjoyed working with the great team of clinicians ○ Started as a clinician with the County in 2008 with Children's Mental Health 		

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	<ul style="list-style-type: none"> ○ Has also worked with Adult Mental Health ○ Am looking forward to working with CPAW ○ Has talked with Warren Hayes about the Oak Grove property and it is excited the plans have been revived ○ Warren Hayes will meet with the Children’s and Youth Services managers this upcoming Monday 		Gerold Loenicker, Chief of Children and Youth Services
<p>3. Dialogue with Stakeholder Committee Representatives</p> <ul style="list-style-type: none"> • Adults • Alcohol and Other Drug Services • Children, Teens and Young Adults • Housing Committee (Health, Housing & Homeless Services) (H3) • Innovation • Membership • Mental Health Commission • Older Adults • Quality of Care (Mental Health Commission) • Social Inclusion • Suicide Prevention • System of Care 	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p>Adults – Steve Blum, the Supportive Housing Manager for H3, spoke at the last meeting. Jane Yuu, Mental Health Housing Coordinator, also spoke. She works with housing contractors and helps people transition through different levels of care. Travis Curran with Campus Administration for Crestwood talked about the Crestwood facility. Correction on date of next meeting – will be Tuesday, September 25th.</p> <p>Alcohol and Other Drug Services - Representative was not present and there were no questions</p> <p>Children, Teens and Young Adults – Dr. Matthew White and Gerald Loenicker spoke. This month will be the annual report on September 13th. The James Morehouse project will present on their program. Please contact to complete a survey that will help provide funding for key services.</p> <p>Housing Committee (H3)– No additional comments and no questions</p> <p>Innovation – The state approved the program, positions and funding a year ago. County has yet to approve all the positions for this program. Having trouble getting positions on the agenda for the Board of Supervisors to approve filling all the positions. The money is there. There is no County general fund money involved. Also having problems due to the County approving an MOU with the County Office of Education to provide a teacher</p>		Committee Representatives

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	<p>at no cost to the County. Need someone with the County to advocate for this program. Lost good staff who could not wait. This is not fair to the kids.</p> <p>Membership – Have an application for CPAW Membership. Will have a Membership Committee meeting on October 15th from 3:00 pm to 5:00 pm at 1220 Morello Avenue, Suite 100, Martinez. The applicant will be at the meeting. Will also discuss CPAW membership, attendance, and outreach to new members. Members and non-members are encouraged to attend and participate.</p> <p>Mental Health Commission – No additional comments and no questions</p> <p>Older Adults – No additional comments and no questions</p> <p>Quality of Care (Mental Health Commission) – No additional comments and no questions.</p> <p>Social Inclusion – No additional comments and no questions</p> <p>Suicide Prevention – September is Suicide Prevention Month. There will be documentary screening on September 17th at the Chambers of the Board of Supervisors and all are invited to attend. The committee meets on the fourth Friday of each month from 9:00 am to 11:00 am.</p> <p>System of Care – The Family Volunteer Support Network (FVSN) of NAMI had their ribbon cutting ceremony and opened the doors to their new facility. They also have gathered stakeholder input on a mental health housing plan. Reviewed definitions (i.e. mental illness, homeless, target population). Looked at various housing models (i.e. Contra Costa Interfaith Housing, Mental Health Systems model master leasing program). Will look at benchmarks timeline to draft Children and Adults system of care for the continuum of housing. Will assist H3 to complete applications for significant housing funds.</p>		

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4. SPIRIT Presentation	<p>SPIRIT (Service Provider Individualized Recovery Intensive Training) - Presentation</p> <ul style="list-style-type: none"> • 9 Unit college accredited course • Taught to peers and family members by peers and family members • In collaboration with Contra Costa Behavioral Health Services Office for Consumer Empowerment • Many students can get fee waivers and program buys books and binders for the students • Slide presentation provided (attached) 		Office for Consumer Empowerment, Quincy Slatten Mike Petersen (SPIRIT Instructors)
<p>5. Upcoming East County Forum</p> <ul style="list-style-type: none"> • Update on East County Forum Planning <ul style="list-style-type: none"> ▪ Focus on youth – input on how to make the event appealing for youth to attend and provide meaningful participation • Review discussion topics from Central County forum – solicit input for discussion topics at East County forum 	<p>Upcoming East County Forum Genoveva Zesati, MHSA Analyst</p> <ul style="list-style-type: none"> • Update on East County Forum Planning <ul style="list-style-type: none"> ○ Next forum will be in East County, November 13th at the Antioch Community Center in Antioch starting at 3:30 pm to 6:00 or 6:30 pm ○ Chose this time so students could participate after school ○ Located across the street from Deer Valley High School ○ Reviewed information obtained from last forum and completed a draft of a survey to be used for input and suggestions for topics for discussion ○ Completed a walkthrough of the Community Center ○ There will be space to break out into separate rooms for the discussion groups <ul style="list-style-type: none"> ▪ Three large rooms with a separate room available ▪ Also has an outdoor patio area with table and chairs ○ There is a large parking lot and can also park at the high school across the street • Focus on Youth – input on how to make the event appealing for youth to attend and provide meaningful participation <ul style="list-style-type: none"> ○ Reached out to the school district for authorization and approval to release the survey and forum information to 		Genoveva Zesati, MHSA Analyst

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	<p>school staff, students and their families</p> <ul style="list-style-type: none"> ○ Have reached out to principals and youth groups that may be able to help in distributing the surveys ○ Will be going to the TAY meeting as well ○ Plan to have community based organizations that serve youth to be present with resource tables and provide information especially during the first thirty minutes of the forum <p>Warren Hayes</p> <ul style="list-style-type: none"> ○ This forum will be in lieu of the November CPAW meeting (No November CPAW meeting) ○ Due to the limited number of dates to reserve the Community Center, could not schedule this forum on the regularly scheduled CPAW Committee meeting date ○ Will provide refreshments and snacks ○ During the last forum at NAMI’s general meeting, the timeframe was two hours ○ Discussed these three top service needs for the community <ul style="list-style-type: none"> ▪ Permanent supportive housing ▪ Support for family members ▪ How to engage diverse communities ○ This next forum will deal with youth <ul style="list-style-type: none"> ▪ Genoveva is putting out a survey to determine the general topics concerning youth ▪ After the survey is completed, CPAW members can respond to the survey and determine topics for the next forum ○ Should we use the same questions as the prior forum <p>Response/Comments:</p> <ul style="list-style-type: none"> ▪ Should keep question re diverse communities ▪ Also the support for families should still be a topic ▪ Can also address issues that the students suggest ▪ Determined - topics and questions for the next forum will not be based on the questions addressed 		<p>Warren Hayes</p>

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	<p>in last forum but will reflect the responses to the survey</p> <p>Comments:</p> <ul style="list-style-type: none"> ○ There is a direct bus line to the Community Center (Bus 384) that leaves every hour from Hillcrest BART station ○ The Overcoming Transportation Project will make maps to help people in getting to East County and the Center including bus options ○ Due to start time and traffic, everyone should plan plenty of time to travel to the Community Center ○ For food for the forum, suggest Mecca in East County that has provided food for after school programs in past ○ Impressed you reached out to the schools. I will volunteer to go to the school board meeting. Thank you. (Jennifer Tuipulotu) 		
<p>6. Preparation for supportive housing for persons experiencing serious mental illness</p> <ul style="list-style-type: none"> ▪ Status of potential funding sources ▪ Development of milestones and timeline for stakeholder participation ▪ How to engage persons in recovery who would potentially benefit from supportive housing ▪ A primer and discussion of Proposition 2 on the 	<ul style="list-style-type: none"> • Preparation for supportive housing for people experiencing serious mental illness <ul style="list-style-type: none"> ○ Status of Potential Funding Sources <ul style="list-style-type: none"> ▪ No Place Like Home (NPLH) ▪ Homeless Emergency Assistance Program (HEAP) ▪ Homeless Mentally Ill Outreach and Treatment (HMIOT) ○ NPLH and HMIOT are specifically designed for persons experiencing mental illness (including those in short term residential programs that may be homeless after term ends) ○ There are seven different housing funding opportunities ○ Reason funding is now available <ul style="list-style-type: none"> ▪ Housing crisis is a major topic now <ul style="list-style-type: none"> - Many people cannot afford or cannot keep their housing - Legislators responding by providing funding - Beurocracy to obtain funds make it difficult ○ Homeless Mentally Ill Outreach and Treatment 		Warren Hayes

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November ballot	<ul style="list-style-type: none"> ▪ Governor Brown provided 50 million dollars for the Counties ▪ Contra Costa’s share is \$745,000.00. ▪ Permits flexible use of funds to provide housing for the mentally ill ▪ Can build housing, provide rent subsidies and move in expenses, operating reserves, etc. ▪ Problem – is time limited ▪ First check received will be January 2019 and funds must be spent by June 2020 ▪ No sustainability of the funds ▪ One time funding ▪ Had two meetings with Dr. White, Warren Hayes, Heads of H3 and Public Health about what the County was going to do with the money ▪ All three Divisions had a different idea ▪ Dr. White and Warren Hayes are aware that persons who are homeless and experiencing mental illness often do not go to the clinics. Many cannot get to the clinics or do not want to go to the clinics. Behavioral Health Services wants at least a portion of the funds to be spent on a universal screening process that all can agree on that would assess and determine that an individual is seriously and persistently mentally ill and is homeless. ▪ H3 and Public Health come in contact with these people because they go out to contact the people. H3 defines mental illness differently than Behavioral Health. H3 and Public Health wants to strengthen outreach efforts to engage people to get treatment. ▪ This new money could have the effect of adding more consumers that will be needing services. ▪ H3 and Public Health indicated they have other funding that they can use for sustainability 		

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	<ul style="list-style-type: none"> ▪ We must put in our request for the money by September 25th ○ Housing Emergency Assistance Treatment Program <ul style="list-style-type: none"> ▪ 7.1 million dollars for the County ▪ This is also time limited ▪ Funds must be spent by June of 2021 ▪ These funds do not specify that it is for persons severing from mental illness ▪ Is for the general homeless population ▪ Lavona Martin (Division Director of H3) is working to obtain these funds ▪ Can be used for anything related to housing ○ No Place Like Home <ul style="list-style-type: none"> ▪ Two years ago, the legislature put into effect a law providing a 2 billion dollar bond initiative ▪ Developers could borrow the money with little or no payments in order to build housing stock for persons with serious mental illness ▪ Separate legislation took several million dollars out of the State general fund to pay for the staffing to start this program ▪ The staff depends on the bond initiative to pass ▪ The first non-competitive round for this County is \$2.1 million ▪ Warren Hayes attended a workshop last week on this program ▪ If Proposition 2 passes during the November elections No Place Like Home could be immediately implemented. ▪ The Notice of Funding Availability has been issued for the noncompetitive round, which means that Counties would not need to compete for it ▪ The Systems of Care Committee will provide input on completing the service part of the application ▪ We can provide a plan for the population we work 		

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	<p>with and suggest where we need to supply dollars</p> <ul style="list-style-type: none"> ▪ It is now law that all mental health treatment will be in a Housing First service model <ul style="list-style-type: none"> - Previously the question was whether the person met certain criteria in order to obtain housing - Now there will be no bar or low bar housing criteria - Will address the person's housing need first ○ Funds will be allocated to support people in all three County regions ○ Next month will continue with this discussion of funding 		
7. Public Comment, Announcements	<ul style="list-style-type: none"> ○ No public comment or announcements 	CPAW members and attendees	Maria Pappas
8. Review of Meeting	Completed		Maria Pappas
9. Adjourn	Next meeting - October 4, 2018 from 3:00 pm to 5:00 pm.		Warren Hayes