



NAMI and Contra Costa County Behavioral Health Services invites you to participate in planning for the:

Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan Update

Consumers and their family members, providers of mental health services, and all interested community members are most welcome to attend this community event and provide input on improving public mental health services in Contra Costa County.

Date:	Thursday, June 21
Time:	7:00 P.M. – 9:00 P.M.
Location:	John Muir Hospital NAMI General Meeting Concord Conference Room, First Floor 2540 East Street, Concord

Please Join Us!

Meeting Objectives:

- ❖ *Discuss important mental health issues affecting your community*
- ❖ *Review the Mental Health Services Act Three Year Plan*
- ❖ *Prioritize service needs and propose new and emerging strategies*

Please RSVP to this event by email or telephone:

mhsa@hsd.cccounty.us

925-957-2617

Please let us know in advance if you would like assistance with the following:

- ❖ *Language translation, such as a Spanish speaking interpreter*
- ❖ *Directions and/or how to access public transportation*
- ❖ *Gift card to offset cost of participation*
- ❖ *Any other reasonable accommodation*



**Map to Contra Costa Behavioral Health's
Central County Mental Health Services Act Three Year Program &
Expenditure Plan Update at
John Muir Medical Center (2540 East St Concord, CA)**



Nearest Freeway Exit Off Hwy 242:
Solano Way/Grant St
(Exit 2 from both directions)

Nearby Bus Lines:
Tri Delta Transit's 201 stops at
East St/Bacon St
County Connection's 17 stops at
East St/Bacon St
Monument Community Shuttle (Free!)
stops at John Muir Med Center/Grant St

**NOTE: The only nearby public
transportation available after 9pm is
Concord BART (0.7 mile/roughly 15 minute
walk) or County Connection's 10, 16, & 20
(also at Concord BART, last 16 bus leaves
9:18)**

Parking: Free lots in front
& back of hospital

If you have questions
about how to get to the
MHSA Plan Update or
need a ride home, contact a
Commute Navigation Specialist
at 925.957.5110 by 4:30pm on 6/21/18



Contra Costa County Mental Health Services Act Community Forum

Community Planning Process for the Fiscal
Year 2017-20 MHS Act Program Plan Update
June 21, 2018



Mental Health Services Act (MHS Act)

- Proposition 63 voted into law in November 2004 by California's citizens.
- Taxed 1% of income over \$1 million.
- Provides additional funding to the County's existing public mental health system of care.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.



MHSA Three Year Program and Expenditure Plan

- Contra Costa's Three Year Plan was approved by the Board of Supervisors for FY 2017-20.
- Preceded by a comprehensive community program planning process
- Approximately 280 consumers, family members, service providers and other interested individuals participated in three community forums that identified service needs, and offered strategies for meeting these needs.
- **We are asking for your input as we prepare our annual MHSA Plan Update for the upcoming fiscal year.**



Plan Update

For Fiscal Year 2018-19 the Three Year Plan set aside \$50.5 million for over 80 programs and plan elements in the following five components:

- Community Services and Supports – \$36.8 million for children with serious emotional disturbance and adults with serious mental illness
- Prevention and Early Intervention - \$8.9 million for services to prevent mental illness from becoming severe and debilitating
- Innovation - \$2.2 million for new or different patterns of service that can be subsequently added into the system.
- Workforce Education and Training - \$2.6 million to recruit and retain CCBHS County employees and contract staff.
- Capital Facilities/Information Technology - \$50,000 toward implementing an electronic mental health record system.

Full Plan is on the MHSA web page



What Input do We Need From You Tonight?

We would like input from you in three areas:

- Discuss current public mental health needs and recommend strategies for meeting those needs.
- Prioritize previously identified service needs
- Provide input on mental health issues that are important to you



Group Discussion Topics

- Housing for persons who experience serious mental illness
- Outreach and care to the underserved
- Support for families and loved ones of consumers

Previously Identified Service Needs

- More housing and homeless services for the mentally ill
- Getting care in my community, my culture, my language
- More support for family members
- Improved response to crisis and trauma
- Finding the right services when you need it
- Better coordination of care
- Getting to and from care
- Intervening early in psychosis
- Children and youth in-patient and residential beds
- Serve those who need it the most
- Support for peer and family partners
- Increased psychiatry time
- Care for the homebound frail and elderly
- Assistance with meaningful activity



How You Can Provide Input

- Participate in today's community forum
- Provide verbal and/or written input to Contra Costa Behavioral Health representatives
- Send email to mhsa@hdsd.cccounty.us
- Get involved with our stakeholder committees and workgroups!
 - Consolidated Planning Advisory Workgroup (CPAW)



Tonight's Agenda

- 7:00** - NAMI – Welcome, introductions, general business
 - Introducing the Family Volunteer Support Network
- 7:30** – Introduction to the Mental Health Services Act and the Community Program Planning Process
- 8:00** – Breakout Sessions
 - Group 1 - Housing for persons who experience serious mental illness
 - Group 2 - Outreach and care to the underserved
 - Group 3 - Support for families and loved ones of consumers
- 8:30** – Additional input invited
 - Provide public comment
 - Apply your dots to prioritize service needs
 - Provide written input
 - Speak with CCBHS staff
 - Evaluate this evening's forum

