

# **Stakeholder Sharing**

(CPAW Meeting – June 7, 2018)

Highlights of news to share and areas discussed at recent CCBHS supported stakeholder meetings:

## **Social Inclusion – May 10**

- The committee met at the Antioch RI International Wellness City in celebration of May as Mental Health Awareness Month, to include WREACH Speakers' Bureau presentations and a video presentation of a suicide prevention public service announcement produced by students and staff at Vicente-Briones High School in Martinez.
- The committee will return to its usual meeting venue at 2425 Bisso Lane in Concord and continue implementation of the Social Inclusion: Hope Starts with Us public campaign, including updates on the last two meetings in East County, upcoming meetings in West County, community event tabling opportunities for Social Inclusion ambassadors, and campaign T-shirts with a new Social Inclusion Logo. There will also be additional roleplaying exercises to help committee members become more comfortable with sharing their experience with Social Inclusion in the community.
- The PhotoVoice Exhibition at the County Administration Building in celebration of May as Mental Health Awareness Month has been very successful, culminating with the Board of Supervisors Proclamation on May 8 that featured presentations by Office for Consumer Empowerment Program Coordinator, Jennifer Tuipulotu, and Mental Health Commission Chairperson, Barbara Serwin.
- The WREACH Speaker's Bureau sub-committee met on May 24 and participants engaged in a conversation about the significance of May as Mental Health Awareness month. There was another conversation about ways there are to share stories of hope using poetry, music, and even roleplaying or skits. The sub-committee agreed upon a meeting time change 1-2:30 to 1:30 to 3.

## **Systems of Care – May 9**

- NAMI briefed the committee on their progress toward implementing the Family Support Volunteer Network, and introduce their new Office Manager, Stephen Renner. Leo Martinez shared their milestones and timeline for recruiting, and training the first group of volunteers, and NAMI is working toward starting the program this summer. The committee reviewed and provided input on the separation of paid peer support/family partner roles versus the role of a family support volunteer.
- Stephanie Chenard from the Health, Housing and Homeless Division provided an update on stakeholder participation in the use of the Special Needs Housing Program funds, what it is, who it is for, and is fielding a survey for anyone interested to provide input on where and what type of housing should be obtained with the money.
- The next System of Care meeting will be June 13, and will focus primarily on the planning process for developing a supportive housing plan for persons who experience serious mental illness and are homeless or at risk for being homeless. Anyone interested in participating is encouraged to attend.

## **Innovation – May 21**

The Innovation Committee received reports and dialogued with three Innovative Projects that they are supporting. Overcoming Transportation Barriers provided an update and discussed their progress toward publishing transportation guides in both English and Spanish for each

region of the county, and how their Transportation Committee meetings shares transportation resources, events and other relevant information. Steve Blum updated the Innovation Committee on the implementation of the Cognitive Behavioral Social Skills Training (CBSST) Project. The two staff have been recruited, and will start by acclimating themselves to the clients who reside in augmented board and care facilities. Nancy O'Brien provided an update on implementing the Center for Recovery and Empowerment (CORE). The lease on a site in Point Richmond has been signed, and staff are currently being hired. The project appears to be on target to start this summer and provide services to youth who are experiencing co-occurring mental health and substance use disorders..

### **Adults – May 22**

- Jude Leung, Program Manager for the county operated First Hope Program, visited with the Adult Committee and described their current services. This is providing early intervention to youth who are showing early signs of psychosis and determined to be at risk for developing a serious mental illness. She also described their progress toward implementing an added program that will serve youth who are within 18 months of having experienced a first episode of psychosis.

### **Children, Teens and Young Adults – May 11**

- Michelle Nobori provided an update on developments in the Children's System of Care and progress toward implementing the Continuum of Care Reform Initiative (CCR).
- Jaime Jenett from the Health, Housing and Homelessness Division informed the committee on the implementation of the County's Strategic Plan to prevent and homelessness.
- Nancy O'Brien reported on the CORE Innovative Project's progress in establishing services for youth in Richmond who are struggling with both mental health and substance use disorders.
- Candace Collier provided an update on the Youth Homelessness Demonstration Project.

### **Mental Health Commission – May 2 and MHSA/Finance Committee May 17**

- Dr. Matthew White, new Acting Behavioral Health Services Director, provided initial thoughts pertaining to his new role and where attention and efforts will be initially concentrated. The most urgent area is access to care, and especially access to psychiatric care. He provided an update on efforts to recruit and retain psychiatrists, and provided an update on the tele-psychiatry pilot housed in the east county adult clinic. He announced that a week long Value Stream Mapping process will take place starting on June 11, with a primary focus on access to quality care. Another early emphasis is to build an executive dashboard that will provide unified metrics to measure how the division is performing over time. This will be part of the implementation process of the electronic mental health record system. Finally he would like to strengthen the working relationships with consumers, their loved ones and to mutually inform goal setting with stakeholders.
- Erica Jenssen from the Health Service Department headquarters provided a briefing on the rapid improvement event that was conducted mental health care provided at the Detention Centers in Contra Costa. The value stream mapping process was utilized and has provided much valuable information and analysis for improving mental health care in our detention facilities.
- The Commission voted to draft a letter in support of Behavioral Health Administration's efforts to partner with the Regional Center of the East Bay to ensure the best quality of

care for those individuals dually diagnosed with a mental illness and a developmental disability.

- At the May 17 MHSA/Finance Committee Jan Cobaleda-Kegler provided a briefing on understanding the Adult and Older Adult System of Care and the service being provided in this system. She also provided an update on the implementation of two new programs; CoCoLead Plus which was created to break the cycle of recidivism for low level offenders by providing a mandatory treatment plan , to include housing, substance abuse treatment and vocational services. The other new program, the Mobile Crisis Response Team, is scheduled to start at the end of May.
- The MHSA/Finance Committee furthered the discussion regarding a set of metrics, or Executive Dashboard, that was introduced by Dr. White at the May 2 Commission Meeting, and will be putting this item on their June agenda.

### **Alcohol and Other Drugs Advisory Board – April 25**

- The Board and guests discussed the issues related to the marijuana initiative, proposed rulemaking, and organized stakeholder comments and developments at the Board of Supervisors meeting regarding use, local regulations, tax revenue, dispensary locations and concerns regarding youth exposure to the drug.

### **Older Adults – April 25**

- Amy Estermeier from the Public Administrator's Office provided a presentation and flow chart to inform attendees on the process and challenges of processing deaths of persons who are indigent.
- Attendees continued planning and implementation for their project, "*End of Life Issues*", which would assist older adults who provide resources and skills for clinicians providing services to clients who are terminally ill or dealing with issues related to death and dying. Discussions centered on training topics, such as advance directives, with possible trainers and speakers suggested.

### **H3 Housing – May 1**

The H3 Housing Committee met on May 1 but minutes from that meeting were not available in time for this document. Attendees will be asked to provide a report at the June 7 CPAW meeting.

## **Community Forum Small Group Discussion Questions**

Mental health community forums are part of the community program planning process that enables our stakeholders to participate in the planning and evaluation of MHSA funded programs and services. We will be conducting forums in different county communities in the next eighteen months as part of preparing for the MHSA Three Year Program and Expenditure Plan for fiscal years 2020-2023. We have found small group discussions on areas of high interest to be excellent vehicles to engage and learn from our stakeholders. Our Consolidated Planning and Advisory Workgroup (CPAW) has developed the following topics and related issues in order to assist our stakeholders inform us.

### **Topic #1: How do we reach and engage those who are underserved?**

- Defining who is underserved
- How to be culturally respectful
- Making services relevant and appropriate
- Strategies for engaging members of underserved communities
- Ensuring members of underserved communities are present and have a voice at events like forums

### **Topic #2: How best do we support families with loved ones who are experiencing mental health challenges?**

- When families should engage service providers
- What behavioral health system access should look like
- Engaging families in the care and recovery of their loved ones
- Understanding levels of care, and how to navigate to the right level and type of service needed, such as, locked facilities, intensive care, out-patient services, self-care
- What is helpful in times of crisis
- Understanding mental illness
- Issues when being discharged from locked facilities

### **Topic #3: How do we best support persons who are experiencing serious mental illness and are homeless or at risk of being homeless?**

- Types of housing that are needed
- Issues facing consumers and their families in locating and moving into housing
- Services and supports needed for consumers to maintain their housing
- Safety and privacy concerns
- Finding the right level of support and type of housing
- Communication and partnering with law enforcement, social services and other entities involved with the homeless
- Special needs of immigrant families, the frail and elderly, multi-generational families, persons with pets

# Contra Costa Behavioral Health Stakeholder Calendar

## June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

  

						
			<p><b>MH Commissions:</b> 4:30—6:30 pm 550 Ellinwood Way Pleasant Hill</p>	<p><b>CPAW:</b> 3:00—5:00 pm 2425 Bisso Lane Concord</p>		
			<p><b>Systems of Care:</b> 10:00—11:30 am 1220 Morello Av, Ste 100, Martinez</p>	<p><b>Children's:</b> 11:00 am—1:00 pm 1340 Arnold Dr, Ste 200, Martinez <b>Social Inclusion:</b> 1:30—3:30 pm 2425 Bisso Lane Concord</p>		
				<p><b>CPAW Steering:</b> 3:00 — 4:00 pm 1220 Morello Av, Ste 100, Martinez <b>CPAW Forum **</b> John Muir Hospital 2540 East St, Concord 7:00 pm—9:00 pm</p>		
			<p><b>Aging /Older Adults:</b> 2:00—3:30 pm 2425 Bisso Lane Concord <b>AOD Advisory Board:</b> 4:00 — 6:00 pm 1220 Morello , Martinez</p>			<p><b>H3 Community Housing Mtg</b> August 7, 2018 1:00—3:00 pm 2425 Bisso Lane Concord <b>** Due to Forum, No CPAW Meeting in July</b></p>