

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, May 5, 2016

3pm – 6pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Dave Kahler, Kathi McLaughlin, Jennifer Tuipulotu, Sheri Richards, Kimberly Krisch, Michelle Richardson, Doug Dunn, Courtney Cummings, Sam Yoshioka, Ashley Baughman, Gina Swirsding, Will McGarvey, Jackie Lerman, Jenny Robbins, Roberto Roman

Staff attending: Matthew Luu, Robert Thigpen, Jan Cobaleda-Kegler, Angela Herron, Heidi Wintermantel, Brett Beaver, Sara Marsh, Benajmin Huffman,

Public Participants: Tanya Arnold, Glen Arnold, Gigi Crowder, Ben Barr, Roger Daniels, Carwen Spencer, Bessie Sagaiga, Denise Harrell, Anthony Reed, James Ross, Rona Zollinger

Facilitator: Maria Pappas

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: Molly Hamaker, Karen Smith, Matt Wilson, Lisa Bruce, Susan Medlin

Absent from Meeting: Kimberly Martell, Duane Chapman, Maude DeVictor, Ryan Nestman, Tom Gilbert, Lauren Rettagliata, Connie Steers

TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Introductions• Working Agreement• Announcements• Finalize Minutes	<ul style="list-style-type: none">• Introductions made.• Maria Pappas reviewed CPAW’s Working Agreement and discussed any potential additions• Approved April notes with corrections	Information Minutes approved. Will be posted to MHSAs CPAW website.	Warren Hayes Lisa Cabral to post minutes.

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2. Behavioral Health Issues	<p>Administrative Vacancies - Robert Thigpen has been selected as the Family Services Coordinator. Elena Eagan has been selected as the new Vocational Services Coordinator.</p> <p>Drug Medi-Cal Waiver – RDA has conducted the needs assessment for Alcohol and Other Drugs by having town hall meetings with stakeholders and community based organizations. The final report was submitted to Dr. William Walker and Pat Godley for review and approval. Dr. Walker and Pat Godley have given approval of the report. The report has now been sent to the State for review and approval.</p> <p>Optum – Has gone live to take after hours and weekend calls from consumers. BH conducts quality calls through Optum.</p> <p>Tapestry Update – Access Line using Tapestry for Electronic Health Record. Tapestry went live on April 11th.</p> <p>Point in Time Count – annual count that homeless programs and partners in system of care to see how many people are experiencing homelessness within the county. Data collection took place on January 27th and continued the next two days through-out community sites and outreach efforts.</p>		Matthew Luu
3. CPAW Committee Reports • Membership	<p>Membership</p> <ul style="list-style-type: none"> • Looking for members to join the Membership Committee 		Committee Representatives

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<ul style="list-style-type: none"> • Innovation • Systems of Care 	<ul style="list-style-type: none"> • Looking at members’ attendance and members participating on a committee. <p>Innovation</p> <ul style="list-style-type: none"> • Concept form was disseminated on April 15th to providers, county staff, and CPAW. All concept forms are due by June 30th. • Innovation Committee will review the concepts submitted. <p>Systems of Care</p> <ul style="list-style-type: none"> • Next meeting, Wednesday, May 11th from 10am-12pm. Finished discussion around the pilot program for evaluation of regulations for PEI and innovation projects. Implementation will start July 1st. • Next meeting will focus on what topics would we like to work on. 		
<p>4. BHS Committee Dialogue</p> <ul style="list-style-type: none"> • Social Inclusion • Housing and Homeless Services • Alcohol and Other Drug Services • Children, Teens and Young Adult • Adults • Older Adults 	<ul style="list-style-type: none"> • Social Inclusion – April 14th meeting received presentation from Susan Medlin and Doug Dunn regarding the history of peer support professionals in the county and background, provisions, and current status of Senate Bill 614 (establishment of peer support specialist certification throughout the state). • Next meeting will resume the planning, and development and implementation of the new Social Inclusion campaign - Bridging the Gaps. The aim of campaign is to present a unified movement for 		Committee Representatives

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	<p>Social Inclusion that brings stakeholders from across all domains of behavioral health services in dialogue regarding stigma, discrimination and finding solutions and including everyone in a shared outcome.</p> <ul style="list-style-type: none"> • Photovoice empowerment project is collaborating with community based organizations across the county. 2016 goal to have classes in each region of the county. • RI International in Concord is preparing for the tenth Photovoice class. • The third Photovoice class will begin at Hume Center in Pittsburg. • Will begin a Photovoice class at Family Courtyard in West County in June. (Date and time to be scheduled) • Next Photovoice subcommittee meeting will be on Wednesday, May 18th, from 10am-11:30 am at Crestwood Healing Center in Pleasant Hill. • WREACH Speaker's Bureau on April 28th discussed the voicing of one's perspective in the arena of public advocacy. Former SPIRIT student, Michael Ward, spoke about participating at a rally at the capitol. Looking to collaborate with the organization - Bring change to mind - to setup a WREACH presentation to local high school students Next WREACH meeting on May 26th from 1:30-2:30pm 		

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	<ul style="list-style-type: none"> • Housing and Homeless Services – Previous discussion at beginning of meeting regarding the Point of Time Count. • Alcohol and Other Drug Services – AOD Advisory Meeting on April 27th continued with presentation on the marijuana lecture series. Oaksterdam University discussed Properties of Cannabis and marijuana Marijuana Youth Summit held on April 16th. About 60 youth presented results of surveys and focus groups regarding youth perception of marijuana harm. Working on a Community Awareness Committee. The People Who Make a Difference Award nominations will be presented at the Board of Supervisors meeting on May 24th Working on alcohol license application for a site in Pleasant Hill. • Children, Teens, and Young Adult – TAY Advisory Report is the summary of data collection from PEI providers. Participants were asked the six questions: <ol style="list-style-type: none"> 1) What is the purpose of the organization, 2) Who they are serving? 3) What are the organization’s strengths? 4) Do you see where this organization could use support? 5) How could they be better supported and what are the roadblocks? 		

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	<p>6) Where is there a need or desire for this organization to collaborate with others and who?</p> <p>The TAY Advisory Council identified 21 strengths.</p> <p>Nami and CTYA looking to advocate for the use of 4D for a children’s inpatient unit. Brought to public comment at Board of Supervisors meeting.</p> <ul style="list-style-type: none"> • Adults –The Adult Committee will be meeting on Tuesday, May 24th. • Older Adults-Next meeting on April 27th. <p>Have had three speakers attend the Older Adult meeting. Completed the mission statement and created goals for the committee. Looking to increase membership.</p> <p>Goal to submit an innovative project concept idea in collaboration with Older Adult Division.</p> <p>Next meeting will have Will Taylor from NAMI speaking.</p> <p>Next meeting will be on May 25th from 2-3:30pm.</p>		
<p>5. Stakeholder Dialogue</p> <ul style="list-style-type: none"> • Mental Health Commission • Behavioral Health Care Partnership 	<ul style="list-style-type: none"> • Mental Health Commission-Meeting was held on May 4th and focused on the homelessness issue within the county. Public Hearing April 6th. • Behavioral Healthcare Partnership-No report 		Stakeholder Body Representatives

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Break (flexibly applied)			
6. Use of Unspent MHSA Funds <ul style="list-style-type: none"> • Addressing Questions Posed at the April CPAW Meeting 	See attached document		Warren Hayes
7. How do we best represent stakeholders by participating in CPAW? <ul style="list-style-type: none"> • How do you establish 2-way communication with the stakeholders that you represent? • What activities should CPAW be doing as an Advising Stakeholder Body? 	See attached document		
8. Public Comment, Announcements	<p>May 22nd Rainbow Community Center’s Pride in the Plaza event will be held at Todos Santos Plaza.</p> <p>June 5th – Rainbow Community Center will be hosting a pride event at the Richmond Marina.</p> <p>May 14th – Native American Health Center will be hosting the Children’s Mental Health Awareness Event from 12-4pm.</p> <p>May 12th – Richmond Health Center will be participating in the East Bay Bike to Work day.</p> <p>May 14th – Neal Leaf Collaborative is hosting a workshop on Mental Health First Responders and</p>		Meeting Attendees

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	<p>Education from 8am-4pm May 21st – American Foundation for Suicide Prevention is having a National Fundraiser – Out of the Dark. May 20th – Clergy Roundtable will include a Mental Health one-on-one training course at IBEW Union, 1875 Arnold Dr, Martinez June 17th – County Mental Health picnic at Gregory Lane Park in Pleasant Hill and will include a championship softball game. June 8th - Vicente High School graduation at 7pm May 11th – Senior Rally Day to Sacramento May 14th – Putnam Clubhouse will be hosting the Sweep Away Stigma fundraiser.</p>		
9. Review of Meeting	<p>Stretching Write events on the white board in the room. Thanks for the snacks.</p>		Maria Pappas
10. Next CPAW, Steering, Membership Meetings	<p>CPAW meeting is Thursday, June 2, 2016 from 3-6pm with orientation from 2-3pm. Steering will meet on May 19th from 3-5pm. Membership will meet on May 16th from 3-5pm.</p>		

Use of Unspent MHSA funds

Q. How did this amount get accumulated?

A. Money is budgeted and allocated to cost centers. MHSA funding is unique in that if you do not spend money that is budgeted, then it is saved from year to year as unspent MHSA funds.

Q. When will we be given a final, updated figure of how much is available?

A. This is a continuous moving target each month. MHSA has created a projection formula with Finance as the fiscal year progresses. Thus the projected figure changes every month. Currently, the working number from Finance for July 1st 2016 is approximately \$48 million.

Q. Who, when and how will it be determined how much gets allocated to the WET and CF/TN components?

A. CPAW makes advisory recommendations to the CCBHS Director. The CCBHS Director goes to Finance, Finance goes to the CAO's office, and the CAO goes to the Board of Supervisors. We do not receive money from the statewide trust fund for WET and CF/TN components. If we want to spend money within WET and CF/TN components, the funding it will need to come from the unspent funds.

Q. Is the SPIRIT program under the Workforce Education and Training component?

A. The SPIRIT program is currently funded under the Office for Consumer Empowerment, which is a PEI program.

Q. If money runs out for WET, does a project proposal need to be submitted?

A. Yes, a proposal will need to be submitted. WET has 5 categories in – 1) Workforce Staffing Support, 2) Training and Technical Assistance, 3) MH Career Pathway Programs, 4) Financial Assistance Programs, and 5) Internships. The proposal will need to define the identified needs and how to address the needs. Financial Assistance programs can be scholarship and loan forgiveness programs. All proposals need to go through a stakeholder process.

Q. Besides WET and CF/TN components, can unspent funds be applied to the CSS, PEI and/or INN components, such as augmenting staffing/programming for existing programs and plan elements?

A. Yes, unspent funds can be spent on CSS and PEI. Yes, unspent money can be used to augment, but once it is spent, the money is gone. Thus it is not advisable to use one-time money for ongoing service commitments.

Q. What parameters should be set for use of unspent funds?

A. Parameters for use of unspent funds should be determined by stakeholders, line staff, consumers, family members, CCBHS leadership and the County; in short, everyone is encouraged to participate in setting parameters.

Q. Can we use it to set up a scholarship fund for mental health clients?

A. Yes, it can be used to set up a scholarship fund for mental health clients to get in a career path that leads to employment. This is a pre-vocational/vocational employment service. Currently there is an Innovative Project with Contra Costa Vocational Services that we can learn from.

Q. Can we use it to give out bonuses for staff?

A. Yes, it can be used for bonuses for staff. However, unspent MHSA funds are for MHSA approved programming, and thus would not be sufficient or appropriate to provide bonuses for all County employees.

Q. Is there a limit on how much we can spend each year? If so, who makes that decision?

A. There is no limit to how much can be spent each year, other than what is available, reasonable and appropriate.

Q. Does the unspent funds earn interest, and where does this interest go?

A. Yes, the unspent funds does earn interest and the interest goes into the unspent funds.

Q. Is there a time frame for when you lose these funds?

A. Yes, there is a limited time to utilize unspent funds. CSS, PEI, and INN funds are available for three years and if funds are not used the funds are subject to reversion to the state. CF/TN and WET funds are available for ten years.

Q. Is there already any commitments to use this money? For example, will we need to use any of these funds to make up any shortfalls to fully fund ongoing staffing/service/contract commitments for 2017-20?

A. Currently there are no commitments to use the unspent funds. Looking at projections, if we do not increase the current budget for CSS, PEI, or INN projected revenues will approximate the budget and we will not need to use unspent funds for program commitments in the CSS, PEI and INN components. If the budget is increased for CSS, PEI, or INN, we will need to use unspent funds. However, CCBHS will need to present a balanced MHSA budget to the Board of Supervisors for FY 2017-20.

Q. How is unspent funds different than the prudent reserve?

A. The prudent reserve (\$7.125 Million) is set by statute. At the beginning of MHSA the state provided a formula for how much is needed in the prudent reserve. There is a formula for use of

the prudent reserve. If a county does not have enough funding for the existing programs the prudent reserve can be used provided that the unspent funds have zeroed out.

Q. Will there be an opportunity to assess service needs and gaps, what has been met or not met, and then use this information in planning for the use of unspent funds?

A. Yes, the MHSA team is working on a quantitative needs assessment to inform us in terms of how we put together programs.

Q. How will we determine whether proposed uses for unspent funds line up with MHSA values, such as client/family driven services?

A. Any MHSA dollar needs to meet five standards, and two of the standards are consumer driven services and family member driven services.

Q. If used for a new program or project, will there be outcomes reported and/or progress reports provided?

A. Yes, there will be outcomes reported and/or progress reports provided for new programs and projects.

Q. What information do I need to take with me when I am participating in other stakeholder committee/workgroup meetings?

A. This CPAW meeting and succeeding ones will provide information that can and should be shared with other stakeholders who have not attended these meetings. CPAW members are encouraged to bring and disseminate this information to other meetings in which they participate.

How do we best represent stakeholders by participating in CPAW?

Showing up, being present, and being informed about what is going on.

Follow the information in order to make good decisions.

We have overlapping/competing stakeholder affiliations, and how to classify them all and which ones take priority at one moment.

Understand terminology used in the language of classification, in terms of affiliation.

How do you establish 2-way communication with stakeholders that you represent?

Being connected to the communities you live in.

Have conversations through church, sports, other parents and children, etc.

Consumers in recovery may talk to people who are currently suffering and carry information back to CPAW to share and be heard. Being able to let go of the information once it has been brought to CPAW.

Lived experience.

Desire to advocate and speak up for the adults and children we serve in the system.

Report out from CPAW to the CSW and Social Inclusion meetings.

Begin in territory we are most familiar with and start building foundations for outreach and education, awareness and spread from there.

Expand the networks that currently exist.

Be in contact with the Board of Supervisors.

Social media is a way for communication. Some people do not have access to Internet and would need to have in person communication.

What activities should CPAW be doing as an advising stakeholder body?

Measure bandwidth in all regions and review the data of who is being served and make recommendations – have more services available within the county and CBO's.

Outreach should be year round to engage more people in the process.

Hire additional MHSA staff for outreach purposes.

De-stigmatizing mental health issues and alcohol & other drug issues within the family unit.

Faith based is missing in our organizations and advisory organizations.