



## CONSOLIDATED PLANNING ADVISORY WORKGROUP (CPAW)

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### **Background**

The Mental Health Services Act (MHSA) provides additional funding to community public mental health with the mandate that these MHSA funded services and supports promote wellness, recovery and resilience, be consumer and family driven, culturally competent, provide an integrated service experience, and provide a process by which mental health clients, their families, and other community members and organizations work together to share information and resources to fulfill shared goals. The community public mental health system includes services provided by community-based organizations and those provided by the county. Contra Costa Behavioral Health Services (CCBHS) has established the Consolidated Planning Advisory Workgroup (CPAW) in order to ensure that local stakeholders are an integral part of all planning and evaluation of MHSA funded services and supports.

### **Purpose**

CPAW members are appointed by the Mental Health Director, and represent stakeholders who receive or provide services, or who are otherwise involved in public mental health services in Contra Costa County. CPAW 1) assists in the ongoing development and evaluation of the programs and plan elements that comprise the MHSA Three Year Program and Expenditure Plan, and subsequent yearly Plan Updates, 2) advises on the integration of the values and principles inherent in MHSA into the larger public mental health system, and 3) promotes transparency of effort by sharing information with the stakeholder community.

### **CPAW Committees**

CPAW meets the first Thursday of every month to discuss and advise on areas of topical interest, and to receive reports from the following CPAW sponsored sub-committees:

- Steering. Develops the CPAW Committee meeting agenda, and represents CPAW on selected issues.
- Membership. Recommends prospective applicants to the CCBHS Director for membership.
- Innovation. Recommends new Innovation Projects and monitors and evaluates existing projects.
- Systems of Care. Considers MHSA funded programs and plan elements that impact the entire public mental health system of care.

In addition, CPAW actively coordinates with other stakeholder bodies, such as Social Inclusion, Housing and Homeless Services, Alcohol and Other Drug Services, age-related committees, and the Mental Health Commission.

### Consolidated Planning Advisory Workgroup (CPAW) Membership – November 2015

<b>Designated Affiliation</b>	<b>Name</b>	<b>Phone Number</b>	<b>Email</b>	<b>Term Expires</b>
Alcohol & Other Drug	<b>VACANT</b>			
CBO Service Provider	Molly Hamaker	925-708-6488	molly@putnamclubhouse.org	FEB 2019
CBO Service Provider	Tom Gilbert	510-837-9386	tgbert55@yahoo.com	MAR 2019
CBO Service Provider	Hillary Bowers	925-222-1213	hillary.bowers@recoveryinnovations.org	JUL 2020
CCBHS Service Provider	John Hollender	510-691-5326	john.hollender@hsd.cccounty.us	AUG 2018
Consumer	Lisa Bruce	925-956-2242	lisalaiolobruce@gmail.com	MAY 2020
Consumer	Matt Wilson	925-457-3801	matt.anthony.wilson@gmail.com	APR 2020
Consumer	Karen Smith	925-752-5613	klurbancic@aol.com	NOV 2019
Consumer	Connie Steers	925-682-9629	conste925@astound.net	MAY 2019
Consumer	Ashley Baughman	925-812-4010	smashleybaughman14@att.net	OCT 2019
Consumer	Gina Swirsding	510-304-6162	gdm2win@aol.com	JAN 2020
Criminal Justice	Kimberly Martell	925-313-4151	kimberly.martell@prob.cccounty.us	SEP 2018
Education	Kathi McLaughlin	925-372-6886	kathimclaughlin@att.net	OCT 2018
Faith Based Leadership	Will McGarvey	925-597-9797	eye4cee@gmail.com	SEP 2019

Family Member	Sam Yoshioka	925-682-8889	samsyoshi@comcast.net	NOV 2018
Family Member	Ryan Nestman	925-726-9000	rnestman79@att.net	DEC 2018
Family Member	David Kahler	925-676-5771	dk122932@aol.com	JUN 2020
Family Member	Jackie Lerman	925-497-0128	Jackie_lerman@yahoo.com	AUG 2020
Family Member	<b>VACANT</b>			
Family Member	<b>VACANT</b>			
Family Partner - Juvenile	Jennifer Tuipulotu	925-521-5722	jennifer.tuipulotu@hsd.cccounty.us	MAR 2020
Family Partner - Adult	Kimberly Krisch	925-313-7940	kimberly.krisch@hsd.cccounty.us	AUG 2019
Homeless Programs	<b>VACANT</b>			
Mental Health Commission	Lauren Rettagliata	925-683-3299	rettagliata@sbcglobal.net	APR 2019
Mental Health Commission	<b>VACANT</b>			
Peer Provider - CCBHS	Susan Medlin	925-899-0612	susan.medlin@hsd.cccounty.us	JAN 2019
Peer Provider - CCBHS	Stephen Boyd	925-914-0174	stephen.boyd@hsd.cccounty.us	FEB 2020
Underserved Population	Courtney Cummings	510-672-9877	ccummings1102@yahoo.com	DEC 2019
Underserved Population	<b>VACANT</b>			
Underserved Population	Sheri Richards	925-825-4519	sheririchards@comcast.net	JUN 2020
Veterans Services	Maude DeVictor	510-222-5834	brown.lotus@att.net	JUN 2019



# Mental Health Services Act (MHSA)



## Community Program Planning Process Survey

1. What services are you receiving at this time? (check all that apply)

- Mental Health Services
- Alcohol and Other Drugs Services
- Homeless Services
- Community group
- Vocational Rehabilitation
- Other: \_\_\_\_\_

2. What services are important to you and/ or a family member? (check all that apply)

- Mental Health
- Physical Health
- Local community organization
- Social/ Vocational rehabilitation
- Non-mental health groups (please describe): \_\_\_\_\_
- Other: \_\_\_\_\_

3. Have you or a family member **declined** to access Mental Health Services in the past? Yes \_\_\_ No \_\_\_

3a. *If yes, why?*

- Services not available in my community
- Services not in my preferred language
- Embarrassed to ask for help
- Did not want help
- Other: (please explain): \_\_\_\_\_

4. Have you or a family member **tried to access** Mental Health Services? Yes \_\_\_ No \_\_\_

4a. *If yes, what did you do? (Please circle all that apply.)*

- a. Call the access line
- b. Walk in to a clinic
- c. Involuntary Access/5150
- d. Was referred by family member or friend
- e. Asked your primary care doctor for a referral
- f. Obtained information from community program
- g. Other: \_\_\_\_\_

5. What services did you tried to access? (Please circle all that apply.)

- a. Mental Health
- b. Physical/Medical Health
- c. Homeless Services
- d. Vocational support
- e. Community Program
- f. Suicide hotline
- g. Other: \_\_\_\_\_

6. Were you able to access services (meet with someone) in a timely manner? (Please circle).
- a. Yes, less than two weeks
  - b. Yes, more than two weeks, less than a month
  - c. No, took more than a month
  - d. No, services were not provided
  - e. No, Services were not in my language
  - f. No, transportation was a barrier in accessing services
  - g. Other: \_\_\_\_\_
7. What are some things that are working well in the programs where you receive support?
- a. I feel that I am better, compared to before the services.
  - b. Services are in my language.
  - c. Level of service matches my need.
  - d. I feel that what I say matters to my service provider.
  - e. I participate in the decision making for my services.
  - f. Services are in my community.
  - g. This program has helped me link to other services, when needed.
  - h. Other: \_\_\_\_\_
8. What do you wish can be improved? (check all that apply)
- a. Quicker response time
  - b. Program expansion
  - c. Less staff turnover
  - d. Services in my language
  - e. Services that are culturally sensitive
  - f. Greater outreach to others in the Community
  - g. Other: \_\_\_\_\_
9. What do you feel are the needs in your community? (check all that apply)
- a. Housing and homeless services.
  - b. Information on services in the community
  - c. Communication between service providers.
  - d. Services in my language
  - e. Cultural supportive services
  - f. Transportation
  - g. Other: \_\_\_\_\_
10. Please provide any additional comments or input here:

## MHSA Community Program Planning Process for FY 2016-17

**Objective:** Prevention and Early Intervention programs to host creative venues to engage stakeholders who have normally not participated in surfacing age related and culture specific public mental health priority needs and strategies to meet those needs. **Please RSVP with confirmation for each event you would like to attend.**

PROGRAM/PLACE	EVENTS/LOCATION(S)	DATE(S)/TIME(S)	POINT OF CONTACT
Rainbow Community Center	Summit	Saturday, November 7 <sup>th</sup> , Youth/Parent/Teacher Summit Olympic Continuation School 2730 Salvio St, Concord. Harvest Open House and Potluck, Sunday November 22, from 1:00 to 4:00 pm. Winter Open House and Potluck, Sunday December 13 <sup>th</sup> from 1:00 to 4:00 pm.	Rebecca Schlichtig 925-692-0090, ext. 307 becca_s@rainbowcc.org
Office for Consumer Empowerment	Social Inclusion Meeting	November 10 <sup>th</sup> 10:00 A.M. – noon 2425 Bisso Lane, Concord 94523 (large conference rm)	Roberto Roman 925-957-5105 roberto.roman@hsd.cccounty.us
Contra Costa Interfaith housing	Monthly resident meeting	Thursday, November 12 <sup>th</sup> , 5:30-6:30pm, Garden Park Apartment. 2387 Lisa Lane, Pleasant Hill	Sara Marsh 925-278-1788
First Hope	Family group.	Thursday, November 12 <sup>th</sup> (Spanish), Wednesday and Thursday, November 18 <sup>th</sup> and 19 <sup>th</sup> , 6:45 to 7:30pm. First Hope Center 1034 Oakgrove Rd, Concord	Phyllis Mace 925-681-4453 phyllis.mace@hsd.cccounty.us

Recovery Innovations	Town Hall Meetings 10 to 12 noon. Light lunch is provided at noon.	Tuesday, November 17 <sup>th</sup> : 2101 Vale Rd, Suite 300 San Pablo, 91806 Thursday, November 19 <sup>th</sup> : 2400 Sycamore, Ste 30, Antioch 94509 Friday, November 20 <sup>th</sup> : 2975 Treat Blvd, Ste C8, Concord 94518	Debra Shearer 925-464-8828 Debra.shearer@recoveryinnovations.org
Counseling Options Parent Education	Triple P graduations (December's graduation is Stepping Stones..specific for parent with kids who have special needs)	Wednesday, November 18 <sup>th</sup> 6 to 8pm: First Five Center, 2707 Dover St. San Pablo. Friday, November, 20 <sup>th</sup> , 9-11am: Hillview Jr. High Sch. 333 Yosemite Dr. Pittsburg 94565 (Spanish speaking). Thursday, December 17 <sup>th</sup> , 9-11am: Care Parent Network, 1340 Arnold Dr, Ste 115, Martinez, 94553 (Spanish)	Cathy Botello and Andrea Foti 925-689-5811 cathy.botello@copefamilysupport.org
PEI Providers	PEI Roundtable	Wednesday, December 2 <sup>nd</sup> , 2-5pm. Ambrose Recreation Center 3105 Willow Pass Rd, Bay Point, 94565	Michelle Rodriguez-Ziemer 925-957-7548 michelle.rodriquez-ziemer@hsd.cccounty.us
Center for Human Development	African American Wellness Program	Wednesday, December 9 <sup>th</sup> , 1 to 3pm. Pittsburg Community Center 300 Presidio Lane, Pittsburg	Cynthia Garrett 925-252-2338
Native American Health Center	Native American Community Forum	Thursday, December 10 <sup>th</sup> , 5:30 to 7pm. Native American Health Ctr 2566 MacDonald Ave,	Jessica Alvarez 510-232-7020 Ext 1 JessicaAl@nativehealth.org

		Richmond	
Lifelong Medical Care	Winter Gathering Elder's Learning Community	Thursday, December 10 <sup>th</sup> , 1-2pm. Nevin Plaza, 2400 Nevin Avenue, Richmond. Tuesday, December 15 <sup>th</sup> , 2-4pm Richmond Art Center 2540 Barrett Avenue, Richmond, 94804 Nevin Plaza	Paula Burch 510-234-1839 eap@lifelongmedical.org
Building Blocks for Kids	Holiday Party	Thursday, December 17 <sup>th</sup> , 5:30 – 8pm 312 9 <sup>th</sup> street, Richmond 94801	Saray Rios Hacegaba 707-580-4380 srioshacegaba@bbk-richmond.org
Putnam Clubhouse	Annual Holiday Party	Friday, December 18 <sup>th</sup> , 2 -7pm. Pleasant Hill Community Center, 320 Civic Drive, Pleasant Hill	Tamara Hunter 925-691-4276 tamara@putnamclubhouse.org
Child Abuse Prevention Council	Nurturing Parenting Connection graduations (Spanish speaking). Programs start at 5:45pm	Tuesday, December 15 <sup>th</sup> Delta First 5 Center: 760 1 <sup>st</sup> street, Brentwood, 94513 Thursday, December 17 <sup>th</sup> at Monument First 5 Center, 1736 Clayton Rd, Concord 94520	Maggie Velasco 925-437-9706 capcmaggie@gmail.com

**Members of the public are invited to attend and participate in these events. Please contact the above listed points of contact prior to a scheduled event so that they can plan for your attendance.**

**For further information please contact: Michelle Rodriguez-Ziemer, LCSW  
PEI Program Supervisor**



925-957-7548

[michelle.rodriquez-zeimer@hsd.cccounty.us](mailto:michelle.rodriquez-zeimer@hsd.cccounty.us)

## MHSA Program/Plan Review Schedule


	Program/Plan Element	Lead	Month	Site Visit Date	MHC/CPAW Volunteers
1.	Child Abuse Prevention	Gerold Loenicker	Oct 2014	Oct 22	
2.	Youth in Juvenile Justice	Gerold Loenicker	Nov 2014	Nov 13 Ranch Nov 14 L's	Louis Buckingham
3.	Children's Clinic Staff	Erin McCarty	Nov 2014	Nov 4 East Nov 13 West Jan 28 Central	
4.	Rainbow	Gerold/Erin	Dec 2014	Dec 11	
5.	Rubicon	Erin McCarty	Jan 2014	Jan 22	Teresa Pasquini
6.	Anka	Erin McCarty	Feb 2015	Feb 18th	Evelyn Centeno
7.	Building Blocks for Kids	Gerold Loenicker	Feb 2015	Feb 25th	
8.	Familias Unidas	Erin McCarty	Mar 2015	Mar 16th	Lauren Rettagliata
9.	James Morehouse	Erin McCarty	Mar 2015	Mar 23rd	
10	Native American Health	Michelle Nobori	Apr 2015	Apr 9th	
11	Crestwood	Warren Hayes	Apr 2015	Apr 29th	
12	Shelter Inc	Warren Hayes	Jul 2015	Jul 31st	
13	NAMI	Warren Hayes	Aug 2015	Aug 6th	
14	Older Adults/ Senior Peer Counseling	Erin McCarty/ Michelle Z.	Sep 2015	Sep 23rd	
15	Center for Human Development	Michelle Z.	Feb 2016	Feb 16th	Lauren Rettagliata
16	STAND!	Michelle Z.	Feb 2016		Gina Swirsding
17	Youth Homes	Michelle Nobori	Feb 2016		Gina Swirsding
18	Modesto Residential	Sandy Rose	Mar 2016	March 15th	
19	Divines	Sandy Rose	Mar 2016	March 29th	
20	The Latina Center	Michelle Z.	Mar 2016		
21	New Leaf	Michelle Z.	Mar 2016		Gina Swirsding
22	Jewish Family & Children's Services	Michelle Z.	Apr 2016		
23	Asian Community M.H.	Michelle Z.	Apr 2016		
24	People Who Care	Michelle Z.	Apr 2016		
25	Oak Hill	Sandy Rose	Apr 2016	April 12th	
26	United Family Care	Sandy Rose	Apr 2016	April 26th	
27	Community Violence – INN	Michelle Nobori	May 2016		Gina Swirsding
28	Putnam Clubhouse	Michelle Z.	May 2016		
29	Suicide Prevention	Michelle Z.	May 2016		
30	Pleasant Hill Manor	Sandy Rose	May 2016	May 10th	
31	Woodhaven	Sandy Rose	May 2016	May 24th	
32	Lao Family Community	Michelle Z.	Jun 2016		

33	Williams	Sandy Rose	Jun 2016	June 14th	
34	Supporting Health Clinic	Michelle Z.	Jun 2016		
35	Hume Center	Michelle Nobori	Jul 2016		
36	CC Interfaith	Michelle Z.	Jul 2016		
37	Lincoln Child Center		Jul 2016		
38	Telecare		Aug 2016		
39	Trauma Recovery – INN	Michelle Nobori	Aug 2016		
40	CC Crisis Center	Michelle Z.	Sep 2016		
41	COFY		Sep 2016		
42	Well – INN	Michelle Nobori	Sep 2016		
43	Miller Wellness Center /Hospital Liaisons		Oct 2016		Louis Buckingham
44	COPE and First Five	Michelle Z.	Oct 2016		
45	La Clinica de la Raza	Michelle Z.	Nov 2016		
46	Wellness Coaches – INN	Michelle Nobori	Nov 2016		
47	OCE	Michelle Z.	Dec 2016		
48	Lifelong Medical Care	Michelle Z.	Dec 2016		
49	Seneca		Jan 2017		
50	Transportation – INN	Michelle Nobori	Jan 2017		
51	Partners in Aging – INN	Michelle Nobori	Feb 2017		
52	Recovery Innovations	Michelle Z.	Feb 2017		
53	Fred Finch	Michelle Nobori	Mar 2017		
54	First Hope	Michelle Z.	Mar 2017		
55	Admin Support/QA		Apr 2017		
56	Graduate Internships		Apr 2017		
57	Adult FSP Support		May 2017		Gina Swirsding
58	RYSE	Michelle Z.	May 2017		Gina Swirsding
59	Forensic Team		Jun 2017		Gina Swirsding
60	Vocational Services – INN	Michelle Nobori	Jun 2017		
61	Shelter Beds		Jun 2017		
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# CPAW Meeting Calendar

## November 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>Innovation: 2:30-4:30pm 1340 Arnold Dr, Ste 112, Martinez</b>	3	4	5 <b>CPAW: 3-6pm 2425 Bisso Ln Concord</b>	6	7
8	9	10 <b>Social Inclusion: 10am – 12pm 2425 Bisso Ln, Concord</b>	11 	12 <b>Children's: 11:00—1:00pm, 1340 Arnold Dr, Ste 200, Martinez</b>	13	14
15	16 <b>Membership: 3-5pm 1340 Arnold Dr, Ste 200, Martinez</b>	17	18 <b>Systems of Care: 10 am - 12 pm 1340 Arnold Dr, Ste 200, Martinez</b>	19 <b>Steering: 3-5pm 2425 Bisso Ln, Concord</b>	20	21
22	23	24	25	26 	27	28
29	30		<i>Note: The Housing and Ag- ing and Older Adult Committees will re- convene in January.</i>			