



NAME OF COMMITTEE: CPAW Meeting
MEETING DATE & TIME: Thursday, August 1st, 2013, from 3:00-6:00 PM
LOCATION OF MEETING: 2425 Bisso Lane, Suite 100, Concord, CA 94520

Members attending: Lori Hefner, Sam Yoshioka, Dave Kahler, Susan Medlin, Tom Gilbert, Kathi McLaughlin, Anna Lubarov, Ryan Nestman, Lisa Bruce, Kimberly Krisch, Mariana Moore, Teresa Pasquini, Tony Sanders

Staff Attending: Warren Hayes, Tommy Tighe, Erin McCarty, Roberto Roman, Ken Gallagher, Heather Sweeten-Healy

Public Participants: Ben Barr, Devonn Roberts, Beth Williams, Linnea Stanley, Bessie Sagaiga

Excused from Meeting: Steven Grolnic-McClurg, Susanna Marshland

Facilitator: Maria Pappas

Staff Support: Cassie Brown, Miriam Rosa

Topic	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome, Introductions, Announcements	a. The location for the Public Hearing for the MHSAs FY 13-14 Plan Update has been changed from John Muir Medical Center to the Board of Supervisors Conference Room on Pine Street in Martinez. The Public Hearing will immediately follow the regularly scheduled Mental Health Commission monthly meeting. b. Warren Hayes was introduced as the new MHSAs Program Manager, and invited ongoing dialogue with CPAW members.	a. The change in location will be posted on the County's and Mental Health Commission's websites, with email notification to the Commission members. b. He can be reached at 925-957-5154, or Warren.Hayes@hsd.cccounty.us	Cassie Brown, CCC Mental Health Administration and Karen Shuler, staff support to the Mental Health Commission N/A

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2. Discussion: <i>What Brings You to CPAW</i>	Each CPAW member shared personal motivations for setting aside time to participate in CPAW activities, and how they wanted CPAW activities to be improved. This included being better informed, their participation to result in better impact on both MHSA services and supports as well as the larger mental health system, and a better process for making that impact.	It was recommended that CPAW meetings have a regular agenda item where members could bring a story of a consumer or family member's experience with the mental health system. This would assist members in staying focused on why it was important to stay active with CPAW.	The Planning Sub-Committee will take this under advisement at the August 20 th meeting.
3. Timeline for Developing the Three-Year Plan	Warren Hayes reviewed a draft MHSA Three-Year Plan Milestones and Timeline that would organize the major activities that would result in the Plan being approved by the Board of Supervisors by June of 2014. CPAW members asked questions to receive clarification, and provided input and advice. In general CPAW members supported the manner in which the work was organized and the progress tracked. It was commented that it might be too ambitious to complete all site visits and the assessment of need by the end of October.	CPAW input will be incorporated and the work plan presented to the Mental Health Director for approval to proceed.	Warren Hayes, MHSA Program Manager
Break			

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4. Innovation Sub-Committee Report	Erin McCarty updated CPAW on documents generated by the Innovation Sub-Committee, and invited additional CPAW members to participate in sub-committee activities.	The next meeting is on Monday, August 26 th from 2-4pm at 1340 Arnold Dr., Ste. 112 in Martinez.	CPAW members interested in participating on the Innovation Sub-Committee should contact Kathi McLaughlin or Ryan Nestman.
5. CPAW Membership	The committee discussed the decline in membership, attendance and participation; in particular, the lack of action on submitted applications for membership, outdated application and instructions on the CPAW web page, lack of representation from specific stakeholder groups as required by statute, the approval process for membership, training and mentorship needed for members; identifying and being responsive to special needs of members for participation, such as transportation challenges, and focused recruiting. The committee concluded that all of these areas needed to be addressed, and felt that the membership process that was stopped eighteen months ago needed to be reconstituted.	The Admissions Sub-Committee will meet Monday, August 19 th at 3:30pm at 1340 Arnold Dr., Ste. 200. Martinez, to address these issues and report back on progress made at the next CPAW meeting.	Cassie Brown will send out an announcement of the Admissions Sub-Committee meeting date and location, and invite participation. Warren Hayes will locate the pending applications and send to the sub-committee prior to the meeting; research membership and membership attendance for the last six months; identify stakeholder

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			groups not represented by currently active members, and provide a preliminary draft of a revised application and instructions for the sub-committee's consideration.
6. Review of Meeting	<p>The facilitator engaged both CPAW members and the audience to comment on lessons learned from the meeting.</p> <p>Comments included:</p> <ul style="list-style-type: none"> ○ Sharing personal stories helped underscore the importance of participation and facilitated positive group bonding. ○ Breaks in the meeting should be better timed to allow for emotional re-grouping. ○ The audience indicated that they had a difficult time understanding the discussions. This underscored the need for providing training and mentorship to help understand the mental health system. ○ Members were appreciative of 	N/A	N/A

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	concrete, easy to understand products, such as the draft of the Three-Year Plan Milestones and Timeline that they could then use to track progress and provide input.		
7. Next Meeting	The next CPAW meeting will be held Thursday, September 5 th from 3-6pm at 2425 Bisso Ln., Concord.	N/A	N/A

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