

NAME OF COMMITTEE: CPAW Committee Meeting
MEETING DATE & TIME: Thursday, January 5, 2012 from 3:00-4:40 PM
LOCATION OF MEETING: 2425 Bisso Lane, Concord, CA



Members attending: Anna Lubarov, Brenda Crawford, John Gragnani, John Hollender, Kimberly Krisch, Mariana Moore, Molly HRyan, Molly Hamaker, Ralph Hoffman, Ryan Nestman, Sam Yoshioka, Stephen Boyd, Jr., Susan Medlin, Teresa Pasquini, Tony Sanders

Staff attending: Cynthia Belon, Grace Boda, Heather Sweeten-Healy, Holly Page, Jami Tussing, Jennifer Tuipulotu, Jeromy Collado, Jisel Iglesias, Kennisha Johnson, Mary Roy,

Public Participants:

Excused from Meeting: Annis Pereyra, Kathi McLaughlin, Steven Grolnic McClurg, Suzanne Tavano, Tom Gilbert

TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Opening, Agenda Review Announcements	<p><u>Announcements</u></p> <ul style="list-style-type: none"> • Absent (ill)- Kathy McLaughlin, Steven Grolnic McClurg • Annis Pereyra-3 month leave of absence • Suzanne Tavano- Vacation <p><u>How small group feedback is being used</u></p> <ul style="list-style-type: none"> • The ideas generated in small groups at last month's meeting are shaping CPAW meeting design in these and other ways: <ul style="list-style-type: none"> ○ Will plan topic-focused meetings as often as possible ○ More small group activities during CPAW meetings that will help bring different voices forward ○ Glossary of MHSA and Mental Health Terms has been created and distributed- Please review 		Grace

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	<ul style="list-style-type: none"> • <u>Membership Committee announcements</u> <ul style="list-style-type: none"> ○ Membership Committee looking at the CPAW sub-committee structure to try to streamline and coordinate our work with that of other bodies, will bring recommendation about that next month ○ To allow members to have full information before committing to their required sub-committee work, deadline for sign-ups is postponed until March ○ All welcome to visit sub-committees that are open ○ The urgency of ensuring all CPAW members are active on a sub-committee remains: 30% of CPAW members have not attended a sub-committee meeting, yet this is where the work of CPAW happens 		
2. Public Comment	<p>The following issues were noted:</p> <ul style="list-style-type: none"> • Public Comment Ralph Hoffman shared a personal experience with everyone (street corner psychotherapy) - Ralph ran into a man at the Martinez Amtrak Station who had been recently released from the county jail, was intoxicated and homeless. The young man was on his way to Bay Point and said he intended to assault his stepdad for abusing him and kicking him out of the house. Ralph 	<p>ACTION TAKEN:</p> <ul style="list-style-type: none"> ➤ Ralph's concerns- How does MH assist newly released inmates who need AOD and Suicide Prevention services? 	All

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	<p>him. Ralph spoke to him and was able to deter him. Ralph encourages us all to remember that any of us can offer support to those we meet.</p>		
<p>3. Innovation Committee Recommendation</p>	<p>The following issues were noted:</p> <ul style="list-style-type: none"> • Fund (2) Innovative Programs <p>Please review the Innovative Idea Recommendations</p> <ul style="list-style-type: none"> ○ “Partners in Aging” ○ “Increasing Peer and Interagency Collaboration to Develop Improved Employer Access and Employment Opportunities for served and Underserved Population/S” <p><i>Innovation Proposal question:</i> <i>Did NAMI submit a proposal to the Innovation Committee?</i> <i>Answer- No proposal was submitted by NAMI</i></p>	<p>ACTION TAKEN:</p> <ul style="list-style-type: none"> ➤ Approved- will go forward as a recommendation to the MH Director: <ul style="list-style-type: none"> ○ 12- yes ○ 1-abstain ○ 1-Don’t like but will support 	<p>Tony</p>
<p>4. Social Inclusion Committee Report</p>	<p>The following issues were noted:</p> <ul style="list-style-type: none"> • Committee for Social Inclusion Charter review and update: <ul style="list-style-type: none"> ○ Purpose: The Committee for Social Inclusion is an alliance of community members, advocates, and mental health providers collaborating to promote social inclusion of persons with lived mental health experience and their family members. ➤ Membership in the Committee for Social Inclusion will be open to everyone, and each membership will 	<p>ACTION TAKEN:</p> <ul style="list-style-type: none"> ➤ Meetings will be held every second Wednesday of the month from 10:00-12:00 PM, The location of the committee will depend on the availability ➤ Stephen Boyd, Jr. has been researching “Combating Stigma” and “Internal Stigma” this information will be brought to the next meeting 	<p>Susan</p>

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	<p>remain ongoing until the member decides to step down</p> <ul style="list-style-type: none"> • Projects: <ul style="list-style-type: none"> ○ Research Resources ○ Develop Criteria ○ Design Projects ○ Educate/Advocate ○ Monitor & Evaluate ○ Continuous Learning FEEDBACK • Suggestions- <ul style="list-style-type: none"> ○ Stigma isn't something reserved for folks who have mental health disabilities. There is stigma against folks who are homeless, drunks and drug addicts. If we are looking at social inclusion and reducing stigma, it may be in our benefit to put it on the priority list, that we will look at the internal attitudes that we have around working together and the kind of stigma that we carry with us about the new folks who are coming into the family [AOD and Homeless Services stakeholders] ○ Addressing Stigma in media is huge. For this county, one of the biggest problems is to address how we can learn from each other, change our culture and salvage a partnership that will facilitate that.... ○ Organize carpool for transportation ○ Send invitations to all providers 		

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	<ul style="list-style-type: none"> • Concerns- <ul style="list-style-type: none"> ○ <i>How do we access people in all regions of the county?</i> In the PEI budget – we will purchase video equipment for video conferencing, so that people can conference in from all regions of the county 		
<p>5. Membership Committee Recommendation</p>	<p>The following issues were noted:</p> <ul style="list-style-type: none"> • Please review the <i>CPAW Composition</i> chart for illustration of recommended composition • CPAW Members should represent the diversity of the population that we serve. It should be equitable across geographic region, gender, race, and ethnicity • Each CPAW Member should determine his or her primary voice and choose no more than two designations they commit to represent • CPAW Members can always lend voice to any of their many perspectives but they commit to representing a particular designation or two without fail. • This will ensure that these perspectives will be clearly represented within CPAW • Concerns 	<p>ACTION TAKEN:</p> <ul style="list-style-type: none"> ➤ No vote conducted as there was clear consensus opposing the recommendation ➤ Concerns about this recommendation will be forwarded to Membership Committee via email by Grace Boda ➤ Applications for CPAW membership to be revised (<i>Jeromy</i>) ➤ Send all sub-committee meeting reminders to all <i>CPAW Members</i> ➤ Brenda will bring 9 new 	<p>Kathi (absent), Holly, Susan, Mary</p>

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	<ul style="list-style-type: none"> ○ This marginalizes family members of adults, who have already been marginalized ○ Family members of adults were once family members of children, we can speak to the issues more clearly now that we're not embroiled in raising children with serious emotional disturbances ○ Would like to have a copy of the law to see what composition it requires ○ A small committee like Membership is not representative enough of CPAW to be making these sweeping structural change recommendations. This should have come to the whole group for a broader discussion ○ There is no transparency when something as big as this comes out the day before the meeting, doesn't allow time to mobilize concerned stakeholders ○ We should focus on reaching out to family members of children and to consumers to fill the obvious gaps rather than counting and categorizing people ○ Where is the integration of family members and consumers of AOD and Homeless Services? ○ How can we be working on structural changes when we don't know what our role will be moving forward? ○ We have meetings with people who have the best of intentions where they do the committee work and solve problems. We are really suffering from 	<p style="text-align: center;">consumer members to the CPAW Meeting by June 30th</p>	

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	growing pains. Everyone in the room wants to keep up with where this is all heading. If we make Membership Recommendations and then suddenly things are creeping in that would not have been there before, how do we make decisions about conducting our business and running our work group, when we are not so sure yet about where it is heading and how it is going to look in the future? Yet we are still here and continuing the best of intentions to function.		
6. Public Comment	The following issues were noted: No comments		All
7. Close	5:00 PM		Grace
8. Next Meeting	Thursday, February 2, 2012		