

Contra Costa County Mental Health Commission
Thursday, March 22, 2007, 4:30-6:30 p.m.
Concord Police Department Community Room
1350 Galindo Street, Concord

The Mental Health Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact Executive Assistant Karen Shuler at least 48 hrs. prior to the meeting at 925-957-5149.

AGENDA

1. 4:30 Call to Order/Introductions
2. 4:35 Public Comment. The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute time limit (subject to change at the discretion of the Chairperson). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
3. 4:40 Announcements
 - April 6-7, Bay Area Region California Institute for Mental Health (CIMH) Conference in Burlingame.
 - Today is the sign-up deadline for the California Mental Health Advocacy for Children and Youth (CMHACY) Conference May 16-18 is March 22 at Asilomar, Pacific Grove.
 - April 26 is the deadline for Commissioners to sign up for CIMH Conference Transition Age Youth Collaboration “Taking It Home, Making It Happen,” Friday, June 1 in Burlingame.
 - April 3 is the sign-up deadline for Older Adults System of Care Conference May 24-25 in San Diego.
 - Today is the deadline for Commissioners to submit their Form 700.
4. 4:45 Approval of the Minutes from February 22, 2007.
DISCUSSION AND POSSIBLE ACTION ITEM.
5. 4:50 Chairperson’s Report – Kathi McLaughlin and Karen Sloma
 - FYI: Newspaper articles surrounding mental health issues.
 - Set date for site visit to Psychiatric Inpatient, Medical Emergency, Psychiatric Crisis Care area.
 - Commission representation on Mental Health Services Act Steering Committee.

- As follow-up to site visit to Crestwood, finalize letter to Crestwood thanking them for what they have accomplished, including suggestions for future improvement/expansion of services.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - Draft May is Mental Health Month Proclamation for presentation before the Board of Supervisors May 8th.
DISCUSSION AND POSSIBLE ACTION ITEM.
6. 5:15 Report: Jeffrey V. Smith, MD, JD, Executive Director, Contra Costa Regional Medical Center and Health Centers.
- Update on protocol changes for Psychiatric Emergency.
 - Process for evaluating changes.
7. 5:30 Report: Mental Health Director's —Donna Wigand, LCSW
- Update on the budget process.
 - Update on Mental Health Services Act Implementation, including proposed revision of Older Adults portion of the Plan.
 - Mental Health Administration staff assignments to Commission Committees.
 - Discussion of process the County uses to monitor Contracts and Programs.
8. 5:50 Committee Reports
- **Older Adult Committee**
 - There was discussion of a CC Times article regarding financial scams involving dementia and Alzheimer's patients. Adult Protective Services (employees of which attend the Committee on a regular basis) was instrumental in the arrest of those involved.
 - There was discussion on how to ensure regular attendance of Mental Health Administration staff to answer questions and report updates.
 - **Adult & Transitional Age Youth Committee**
 - **Children's Committee**
 - Guest Tom Fulton spoke about his homeless and runaway youth program.
 - There was discussion regarding the L.A. Times article on the Department of Mental Health budget shortfall.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - **Executive Committee**
 - Consumer Representative vacancy in District 5 was posted (advertised) and closed with no response. It has been re-posted.
 - Report on Executive Committee March 9.
 - Agenda Item regarding 5150 walk-aways
 - Agenda Item regarding changes in Older Adult portion of the Mental Health Services Act Plan

- **Justice System Committee**
 - Update on law enforcement referral cards
 - The need for a change in the wording on the County's 5150 form was expressed (letting law enforcement and families know families can give background information that will aid in the evaluation of the consumer.
 - Guest Jeff Smith, MD joined in a discussion of the 5150 walk-away situation. The discussion included efforts made toward better communication and concern over how to transport people back to their own communities.
 - Sign-up for Richmond Detention Facility Site Visit, Friday, April 6 from 10:00 am-12:00 noon.

9. 6:25 Reports from Ancillary Boards/Commissions/Committees
 - A. Contractor's Alliance**
 - B. California Mental Health Planning Council**
 - C. California Mental Health Boards/Commissions (CALMHB/C)**
 - D. California Institute for Mental Health (CIMH)**
 - E. Mental Health Coalition**
10. 6:28 Future Agenda Items
11. 6:30 Adjournment.