

**MENTAL HEALTH COMMISSION
MONTHLY MEETING MINUTES
November 3, 2021 – FINAL**

Agenda Item / Discussion	Action /Follow-Up
<p>I. Call to Order / Introductions Cmsr. G Wiseman, Mental Health Commission (MHC Chair, called the meeting to order @ 3:32 pm</p> <p><u>Members Present:</u> Chair, Cmsr. Graham Wiseman, District II Vice-Chair, Cmsr. Barbara Serwin, District II Cmsr. Candace Andersen, District II Cmsr. Douglas Dunn District III Cmsr. Laura Griffin, District V Cmsr. Kathy Maibaum, District IV Cmsr. Leslie May, District V Cmsr. Joe Metro, District V Cmsr. Alana Russaw, District IV Cmsr. Geri Stern, District I Cmsr. Gina Swirsding, District I</p> <p><u>Other Attendees:</u> Colleen Awad (Supv. Karen Mitchoff’s ofc) Guita Bahramipour Angela Beck Jennifer Bruggeman Pamela Perls Jennifer Quallick (Supv. Candace Andersen’s ofc) Jill Ray (Supv. Candace Andersen’s ofc) Roberto Roman Marissa Shaw</p>	<p>Meeting was held via Zoom platform</p>
<p>II. PUBLIC COMMENT:</p> <ul style="list-style-type: none"> (Marissa Shaw) I have spoken the commission before, regarding recruitment. Commission May has attempted to recruit me two years ago. I went to my supervisor, John Gioia and, basically, there was no movement. What I was told was that he didn’t think he wanted to appointment but never got anything in writing or official. I do not know if this is true, but I was told that because it was two years ago, I would need to reapply. I am a person with a disability and with a lot of stuff going on, especially with COVID. I am better now but caught COVID in December 2020. I have some doctors that believe I have caught it twice. So, I have my own stuff to deal with and if I need to apply again to this commission, I will ask for help with application. I recall it being somewhat lengthy and not difficult but lengthy. I have to say, on a county level, if I have to re-apply without being told why I wasn’t appointed two years ago, that is frustrating. Other than my personal issues, I want to say that I know people are going through a lot because of COVID, even though the governor has basically said the state is no longer shut down. We have been open for a while, but (I’m sure I’m not alone in this) I have been trying to get mental health services for the last year. <Chair Wiseman interrupt due to time, recommended speaker reach out to EA with help on contacting her supervisor and renewing the application> 	

<p>III. COMMISSIONER COMMENTS</p> <ul style="list-style-type: none"> • (Cmsr. Douglas Dunn) The California state-level workgroup is beginning to wrap up its work and having it's second to final large workgroup meeting this Friday and the final meeting on Friday, November 19th. I am looking forward to giving the commission a complete update on their final recommendations as it affects Contra Costa County. • (Cmsr. Gina Swirsding) To all the consumers listening right now. For four years, I could not find someone to help me. What I did was go to the George Miller Wellness Center. They helped me find someone for psychiatric services. 	
<p>IV. CHAIR COMMENTS/ANNOUNCEMENTS:</p> <ul style="list-style-type: none"> • Commissioner Michael Hudson: Due to a family medical emergency is putting his status on hold while he addresses. The hope is that within the next month or two he will return to the commission. It is a three year appointment and would hate to lose a volunteer who is willing to work on this commission over a short term issue with our revised by laws, this is within order • Vacancies: Encouraging all commissioners to look for recruits at all times. We still have several vacancies (District III and District I). Whenever you find a community leader or someone you think would be a positive influence in the county, please bring them forward to the chair and vice-chair and we care them to the commission and supervisor. • Retreat: Looking forward to this afternoon retreat, virtually. 	
<p>V. APPROVE October 6, 2021 Meeting Minutes</p> <ul style="list-style-type: none"> • October 6th, 2021 Minutes. Motion: D. Dunn moved to approve the minutes as written. Seconded by L. Griffin. Vote: 10-0-0 Ayes: G. Wiseman (Chair), B. Serwin (Vice-Chair), C. Andersen, D. Dunn, L. Griffin, K. Maibaum, L. May, J. Metro, G. Stern, G. Swirsding Abstain: None 	<p>Agenda and minute can be found at: https://cchealth.org/mentalhealth/mhc/agendas-minutes.php</p>
<p>VI. UPDATE on September through December 2021 Site Visits, Angela Beck, Executive Assistant to the Mental Health Commission</p> <p>Crestwood (Our House), Vallejo, California is to be scheduled for November. We have just gone through a revamp of the initial reach out program manager letters for the smaller board and care (smaller 6-8 bed) facilities. Waiting for Cmsr. Serwin to send the initial reach out letter to Crestwood. I have the availability for all assigned to that site visit in order to schedule the visit. Trying to get that scheduled before Thanksgiving.</p> <p>We have had to postpone Nierika House and waiting to hear status. We still have been unsuccessful in contacting Blessed Care, with Cmsr Serwin and me calling.</p> <ul style="list-style-type: none"> • (Cmsr. Barbara Serwin) Regarding Blessed Care, when we first developed the site visit program, we weren't thinking/did not realize we had so many small board and cares (6-8 beds). We developed the program around the larger facilities/programs. When we started working on the arrangements for this facility, we came to the realization and have simplified the process so they are not overwhelmed with a bunch of people coming and thinking they would have a big tour. It is a much simpler, lower key process for those. We have been working through modifying our documentation for that. <p>As for Nierika House, there are some issues going on that make it seem tumultuous, and there have been some closures or patients leaving. Now, Jan Cobaleda-Kegler has let me know the site is now available and fine to review and we will go ahead with Crestwood. We can schedule it afterwards.</p>	

VII. UPDATE by Nominating Committee, Commissioner Leslie May

Chair Nominees:

- Laura Griffin
- Leslie May
- Barbara Serwin

Vice-Chair Nominees

- Douglas Dunn
- Laura Griffin
- Leslie May

Executive Committee Member Nominees

- Douglas Dunn
- Laura Griffin
- Leslie May
- Alana Russaw
- Barbara Serwin:

*All commissioners must be present to vote at the December 1 Mental Health Commission Meeting.

VIII. Adjourned at 3:53 pm