



CONTRA COSTA
MENTAL HEALTH
COMMISSION

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cchealth.org/mentalhealth/mhc

Executive Committee
Tuesday, May 26, 2020 ◊ 3:00-4:30pm
Via: Zoom Teleconference:

<https://cchealth.zoom.us/j/6094136195>

Meeting number: 609 413 6195

Join by phone:
1 646 518 9805 US
Access code: 609 413 6195

- I. **Call to order/Introductions**
- II. **Public comments**
- III. **Commissioner comments**
- IV. **Chair announcements**
- V. **APPROVE minutes from April 28, 2020 meeting**
- VI. **IDENTIFY questions for the June 2020 Commission meeting Director's update on County's efforts around COVID-19 for meeting the needs of consumers**
- VII. **IDENTIFY questions related to current County and MHSA budget projections for the June 2020 Commission meeting Director's update**
- VIII. **COMPLETE game plan for meeting MHC 2020 goals**
- IX. **REVIEW motion tracker report and create plan to complete incomplete motion-related work**
- X. **FINALIZE agenda for MHC June 2020 meeting**
- XI. **Adjourn**



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 957-2619 to arrange.

MHC Goals for 2020

Barbara Serwin, MHC Chair

1. Successful implementation of the new MHC Orientation and Training Program as measured by:

- Review the Orientation module by 100% of new Commissioners either in person at the Orientation training module or via review of a tape of training (once they are available online) as well as the physical materials associated with the training module.
 - Attendance of at least 50% of the remaining five training modules by at least 50% of all Commissioners, regardless of the length of time they have been on board.
- ⇒ This goal is important because it enables Commissioners to come up to speed much more rapidly than they would otherwise and to participate in discussing and solving the challenges that the Commission engages with in a meaningful and more successful way.

2. Successful creation and implementation of a new MHC Site Visit Program. This goal would set October 1 as the target completion date. It would set two site visits taken by the end of the calendar year and participation by four to six Commissioners (if we assume site visits in November and December). Note that each site visit will be attended by multiple Commissioners -- a typical number would be three.

- ⇒ This goal is important because the MHC is mandated to evaluate facilities by the Welfare and Institutions code 5604.2, which defines the responsibilities of all California Mental Health Commissions and Boards. The MHC has not operated a consistent Site Visit Program in at least five years.

3. Gain a solid understanding of the county and BHS budgeting cycle and of the BHS and MHSA budgets. Determine how the MHC can best participate in the budget cycle in its advocacy and advisory capacities, e.g. through advocating program priorities, reviewing BHS and MHSA budget priorities, and reviewing draft and final budgets. Provide input and feedback at meaningful times during the budget process.

- ⇒ This goal is important because the MHC has the responsibility to ensure that the mental health budget adequately funds what it perceives to be the most important priorities and programs and services for the mental health community. If the MHC doesn't understand the budget, it can't properly evaluate priorities, nor can it judge the appropriate allocation of funds and the reasonableness of expenses. If the MHC doesn't provide input at the right time in the budget cycle, its recommendations may end up being moot.