

**MENTAL HEALTH COMMISSION  
MONTHLY MEETING MINUTES  
Wednesday November 7<sup>th</sup>, 2018 – FINAL  
At: San Ramon Regional Medical Center**

Agenda Item / Discussion	Action /Follow-Up
<p><b>I. Call to Order / Introductions</b> Commission Chair Barbara Serwin called the meeting to order at 4:38pm</p> <p><u>Members Present:</u> Chair- Cmsr. Barbara Serwin, District II Cmsr. Diane Burgis, County Supervisor District III Cmsr. Gina Swirsding, District I Cmsr. Diana MaKieve, District II Cmsr. John Kincaid, District II Cmsr. Douglas Dunn, District III Cmsr. Sam Yoshioka, District IV Cmsr. Leslie May, District V Cmsr. Joe Metro, District V</p> <p><u>Commissioners Absent:</u> Cmsr. Geri Stern, District I Cmsr. Julie Neward, District III Cmsr. Tasha Kamegai-Karadi, District IV</p> <p><u>Other Attendees:</u> Gayle Israel, Chief of Staff for Supervisor C. Andersen, District II Mark Goodwin, Chief of Staff for Supervisor D. Burgis, District III Patrick Godley, Chief Financial Officer for Contra Costa Health Services Dr. Matthew White, Acting Director of Behavioral Health Services (CCBHS), Medical Director, Psychiatric and Behavioral Health Warren Hayes, Mental Health Services Act (MHSA) Program Manager Roberto Roman, Office for Consumer Empowerment Marianna Noy, Contra Costa Regional Medical Center Sarah Kennard, Executive Assistant to the Mental Health Commission Sam Menar, Public Attendee</p>	
<p>B. Serwin (Chair) honored the passing of Commissioner Duane Chapman. Duane Chapman in his most recent capacity served as Vice-Chair of the Mental Health Commission. L. May stated that there will be memorial services, but that they have not yet been scheduled. L. May read an article published that highlighted his service to the city of Richmond and the county of Contra Costa. R. Roman sang a song in honor and remembrance.</p>	
<p><b>II. PRESENT 2018-2019 Mental Health Budget-</b> with Patrick Godley, Chief Financial Officer for Contra Costa Health Services</p> <ul style="list-style-type: none"> <li>• P. Godley presented the general timeline that documentation is due to the different levels of leadership for consideration for the upcoming fiscal year. A budget determined as a subset of the County General Fund is built for Mental Health and Health Services. This is different than monies that are issued to the County under the Mental Health Services Act. Those programs that are run without MHSA Funds require a revenue structure that is a combination of county subsidy and other pots of money. The County General Fund is a competitive fund that all divisions request allotment from.</li> </ul> <p><u>Questions and Comments:</u></p> <ul style="list-style-type: none"> <li>- G. Swirsding inquired on the excess MHSA Funding from last year. W. Hayes and P. Godley discussed that certain components of the MHSA Funding structure have a three year lifecycle before they would be considered for reversion and clarified that historically this has not happened in Contra Costa</li> </ul>	

<p>County. Other components have a 10-year lifecycle prior to consideration for reversion.</p> <ul style="list-style-type: none"> <li>- Dr. M. White inquired on who has the final distribution authority for the County General Fund requests. P. Godley stated the County Administrators Office makes the recommendation to the Board. These recommendations outline the expenses associated with new and existing programs. Supervisor D. Burgis discussed that the budgetary process has become more and more restrained each year as additional requirements are imposed on spending and new program funding. D. MaKieve discussed the difficulty in initiating funding for new programs and inquired on the funding that supports the generation of new programs and the expansion of existing programs. P. Godley discussed the federal funding that is received through the Medi-Cal program, but noted that these are often a result of a match to MHSA or other realignment or revenue dollars.</li> <li>- G. Swirsding asked if there is active discussion on shortfalls in services for those that are utilizing a combination of Medicare and Medi-Cal coverage. P. Godley acknowledged wait times for those seeking psychiatry services, but not in seeking and receiving physical healthcare services. W. Hayes added that there is a shortage in psychiatry staffing within the county, which is resulting in increased wait times. G. Swirsding opined that there is a difficulty in those utilizing both Medicare and Medi-cal obtaining both physical and psychiatric healthcare.</li> <li>- D. Dunn inquired on the impact of the approved Proposition 2 Measure. W. Hayes discussed that this measure allocated monies for housing units, but not direct mental health care. W. Hayes also discussed a higher-level acuity population focus for assisted outpatient treatment and noted that this would be discussed in greater detail at the Consolidated Planning Advisory Workgroup (CPAW) Systems of Care meeting. G. Swirsding followed-up with the previous question and inquired if the housing funds would be exclusively used for those with mental illness. W. Hayes stated that the funds allocated would be used for those who meet the criteria for severe, persistent mental illness as stated in the Welfare and Institutions Code.</li> </ul>	
<p><b>III. PRESENT 2018-2019 Mental Health Services Act Funding-</b> with Warren Hayes, MHSA Program Manager</p> <ul style="list-style-type: none"> <li>• W. Hayes stated that the Mental Health Services Act provisions, reporting mandates, and other information regarding each fiscal year's monies are covered under the Mental Health Plan. This is outlined in a quarterly report that is structured by statute and by the five program components (Workforce Education and Training, Prevention and Early Intervention, etc.). W. Hayes directed the Commission to the one-page overview of all mental health programming and funding and stated that MHSA funds are not separate from these expenditures, but rather an integrated funding type that augments the administrative support and programming county-wide. If at the end of a fiscal year additional funding remains unspent, it is integrated in new programming or the expansion of existing programs. The MHSA funding is budgeted and expended in a three year cycle period. W. Hayes referenced the FY 16-17 expenditures and projected budget and noted that it was the first year of the current cycle (2017-2020) and that it was a "ramp-up" period for many programs and that following year within the cycle could reflect higher expenditures. He noted that often programs and new funding experience delays in implementation and can result in lesser spending than is authorized.</li> </ul> <p><u>Questions and Comments:</u></p> <ul style="list-style-type: none"> <li>- G. Swirsding inquired on the use of MHSA Funding for loan repayment for critical shortage areas. W. Hayes stated that this is part of the Workplace Education and Training Component of MHSA Budgeting.</li> <li>- G. Swirsding commented on the potential of increasing staffing of nurse practitioners and other mid-level clinicians for cases of more stabilized patients rather than utilizing psychiatrists. Dr. M. White responded that there are efforts currently being taken to increase staffing of psychiatric nurse practitioners and</li> </ul>	

<p>that Contra Costa County is a county that has been declared in shortage of this staffing type.</p> <ul style="list-style-type: none"> <li>- J. Kincaid inquired on the status of the budgeted electronic mental health records system. W. Hayes stated that the development of this system, which interacts with Epic, is still in-progress and requires the development of both provider and patient portals, as well as communication with the Sharecare software. Monies budgeted for the Whole Person Care Program have been used to address the Sharecare connectivity.</li> <li>- L. May Inquired on the residency internship program. W. Hayes stated that this is under the Workforce Education and Training Component and covers graduate student stipends for Licensed Marriage and Family Therapists (LMFT), Master of Social Work (MSW), Doctor of Psychology (Psy-D) second year students that would be considered for future employment within the county.</li> <li>- G. Swirsding inquired if there was a similar funding program for individuals that are attending the SPIRIT Program. W. Hayes stated that there is funding for staffing and tuition support for students that are in need for assistance.</li> <li>- B. Serwin (Chair) inquired on the location of program descriptions for those programs that receive MHSA Funding. W. Hayes stated that there is extensive updated information on each program in the three year funding plan document.</li> </ul>	
<p><b>IV. DISCUSS End-of-year planning and review activities</b></p> <ul style="list-style-type: none"> <li>• B. Serwin (Chair) requested that all standing committees begin the process of reviewing their 2018 activity and compiling their end-of-year reports during their November meeting occurrences. She also requested that these reports be finalized and approved during the month of December. Goals for the upcoming year should also be compiled during these processes.</li> </ul>	
<p><b>V. VOTE on 2019 Executive Committee Leadership Team</b></p> <ul style="list-style-type: none"> <li>• Ballot tally for 2019 Executive Team is as follows: Chair: B. Serwin 8-0-1* Vice Chair: L. May 8-0-1* Member: D. MaKieve 8-0-1* Member: J. Neward 8-0-1* Member: J. Kincaid 8-0-1*</li> </ul> <p>Executive Committee new appointments will take effect 1 January 2019.</p>	<p>* Cmsr. S. Yoshioka departed prior to final count and was noted as an abstention.</p>
<p><b>VI. APPROVE Minutes from the August 1<sup>st</sup>, 2018 and October 3<sup>rd</sup>, 2018 Meetings</b></p> <ul style="list-style-type: none"> <li>• Supervisor D. Burgis moved to approve the minutes for both meetings, seconded by L. May</li> <li>• Vote: 8-0-1 Absent: 3</li> </ul>	
<p><b>VII. RECEIVE Behavioral Health Services report-</b> Dr. Matthew White, Acting Director of Behavioral Health Services and Medical Director</p> <ul style="list-style-type: none"> <li>• Dr. M. White discussed the upcoming Rapid Improvement Event, which will look at a universal, standardized screening and intake process. The event will take place the last week in November with a report-out in the Board of Supervisors' Chamber on November 30<sup>th</sup> at 9:30am at 651 Pine Street in Martinez.</li> <li>• Central County Children's Clinic will be utilizing telepsychiatry services to augment current staffing. This psychiatrist addition will see patients on-site one week a month in combination with their telepsychiatry schedule.</li> <li>• Assembly Bill 1810 has passed, which concerns mental health pre-trial diversion for individuals with felony charges. Contra Costa County has submitted a letter of intent to participate in this program.</li> </ul>	
<p><b>VIII. Public Comment</b></p> <ul style="list-style-type: none"> <li>• Executive Assistant provided information regarding an upcoming memorial service event held by ANKA. This event is scheduled for November 9<sup>th</sup>, 9:00am-1:00pm at the Concord United Methodist Church.</li> </ul>	

<p><b>IX. Commissioner Comments</b></p> <ul style="list-style-type: none"> <li>• J. Kincaid expressed his appreciation to the Behavioral Health Director regarding the prompt response to the AB 1810 Legislation.</li> <li>• D. MaKieve discussed the next Homeless Point in Time Count, which will take place in January and noted that there will be a planning meeting on December 7<sup>th</sup>, 9:00-11:00am at 2400 Bisso Lane, Building D, 2<sup>nd</sup> Floor in Concord, CA. Supervisor D. Burgis added that this is a particularly important count because it will more strongly justify the county's request for Homeless Emergency Aid Program (HEAP) Grants.</li> <li>• G. Swirsding expressed a concern regarding a change in the Quality of Care Committee meeting time that she was not in agreement with. She was of the opinion that this was not in compliance with advisory body guidance and stated that she would like to address this further with her District Supervisor's staff.</li> </ul>	
<p><b>X. Adjourned Meeting @6:36pm</b></p>	