

**MENTAL HEALTH COMMISSION
MONTHLY MEETING MINUTES
August 17, 2016**

Agenda Item / Discussion	Action / Follow-Up
<p>I. Call to Order / Introductions Commission Chair Duane Chapman called the meeting to order at 4:40.</p> <p><u>Commissioners Present:</u> Candace Andersen, BOS Representative Greg Beckner, District IV Duane Chapman, District I (arrived late) Meghan Cullen, District V Douglas Dunn, District III Diana MaKieve, District II Tess Paoli, District III Connie Steers, District IV Jason Tanseco, District III Michael Ward, District V Sam Yoshioka, District IV</p> <p><u>Commissioners Absent:</u> Gina Swirsding, District I Lauren Rettagliata, District II Barbara Serwin, District II</p> <p><u>Other Attendees:</u> Cynthia Belon, Behavioral Health Director Adam Down, Behavioral Health Administration Diane Greenwood-Soto Warren Hayes, MHSA Program Manager Ralph Hoffman, Contra Costa Senior Mobility Action Council Adam Hudson, Anka Behavioral Health Janet Marshall-Wilson, retired director of patient's rights Vic Montoya, Chief of Psychiatric Services, CCRMC & HC Teresa Pasquini, family member Jill Ray, Supv. Andersen's office Marie Scannell, CCCMH Will Taylor, Executive Director of NAMI Robert Thigpen, Adult Family Services Coordinator Jennifer Tuipulotu, Children's Family Services Coordinator Shelly Whalon, CCRMC & HC</p>	<p>Transfer recording to computer</p> <p>Update MHC Attendance Chart</p> <p>Update MHC Database</p>

<p>II. Chair Announcements</p> <ol style="list-style-type: none"> 1. The three newly appointed Commissioners were welcomed to the Commission: Jason Tanseco, District III family member; Michael Ward, District V consumer representative; and Meghan Cullen, District V member-at-large. 2. Duane announced that the 2015-2016 EQRO report will be forwarded to be reviewed by the Quality of Care Committee, where there will also be an expert staff person to help review it, and they will report back to the full Commission on the findings. <ul style="list-style-type: none"> ➤ Doug made the motion, seconded by Greg, for the report be referred to the Quality of Care Committee. The motion passed by a vote of 11-0-0. <u>Vote:</u> Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren 	
<p>III. Public Comments</p> <ul style="list-style-type: none"> • Jill passed out Advisory Body Handbooks to the group and pointed out that the Handbook is also available online. • Ralph Hoffman spoke about National Suicide Prevention Week on September 5 – 11 with a special emphasis on older adults. • Diane Greenwood-Soto read a copy of a letter that she sent to a number of people in the County. A copy of the letter is attached. • Janet Marshall-Wilson voiced her request that the Transitional Age Youth Advisory Council 2014-2015 Report not be forgotten. Duane asked that a copy of the report be forwarded to the Commission. 	
<p>IV. Commissioner Comments</p> <ul style="list-style-type: none"> • Greg expressed his appreciation and support of Diane Greenwood-Soto’s letter and hoped that the Commission would look into this matter further. • Michael felt that the dearth of psychiatrists was a problem for the County. • Doug felt the problem of psychiatrist staffing was a systemic problem in the County. 	
<p>V. Approval of the July 6th, 2016 Minutes.</p> <ul style="list-style-type: none"> ➤ Diana made the motion, seconded by Greg, to approve the July 6, 2016, minutes. The motion passed by a vote of 11-0-0. <u>Vote:</u> 	

	<p>Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren</p>
<p>VI. Should the Contra Costa County Mental Health Commission recommend the BOS send a letter of support for SB 1113 as proposed?</p> <p>Cynthia read a summary of the bill to the group. She felt that the bill is very good overall but the only concern Behavioral Health has with the bill is related to the competitive grant process, that some school districts might not get the funding they need.</p> <p>Supv. Andersen suggested that we could send a statement that we would support the bill provided it is amended to address our concerns. Since this bill is consistent with existing policy, she offered to draft a letter to send it to the CAO's office for them to sign, as she felt that was the simplest solution.</p> <p><u>Summary of Discussion:</u></p> <p>Commissioners asked how many local educational agencies would be involved and whether private and charter schools are included in this, and voiced a concern that some school districts would need to be monitored very closely. In response to a question about the County's capacity to provide these services in conjunction with private schools, Cynthia indicated that she has already asked for that information and will bring that answer back to the Commission when she has that information.</p>	
<p>VII. Approve and Accept Final White Paper Draft and Presentation Materials Before Presentation to the Board of Supervisors</p> <p><u>Summary of Discussion:</u></p> <p>This white paper has been worked out with Behavioral Health Division. If the Commission votes to approve it, Lauren and Barbara will present it to the Board of Supervisors. They will have a 5-minute limit for the presentation time. Candace clarified that there is no public comment on presentations and that if a member of the public has a comment on a presentation item, they should do so during the general Public Comment period on the agenda. There will also be opportunities for public comments at future presentations to different entities.</p> <p>➤ Doug made the motion, seconded by Greg, to have the White Paper presented to the Board of Supervisors at the September 13th meeting. The motion passed by a vote of 10-0-1.</p>	

<p>Vote: Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Tess Nays: None. Abstain: Sam. Absent: Barbara, Gina, Lauren</p>	
<p>VIII. Accept Six-Month AOT Progress Report</p> <p>Warren summarized his written report, a copy of which was included in the packet. He noted that there will be another presentation and more public comment time available on the report when he presents it to the Family and Human Services Committee, which he anticipates will be on September 12.</p> <p><u>Summary of Discussion:</u></p> <ul style="list-style-type: none"> • Initially some criminal court judges were trying to order AOT, and Judge Austin has been educating those judges to clarify the specifics of the AOT court process. • The feedback on the program has been overall positive from family members and from one consumer during her 60-day review. • There is not yet enough of a sample size to be able to do any analysis or interpretation of any data yet. • The majority of people referred so far are probably dual-diagnosis. • The volume so far appears to be appropriate for the beginning stage of the program. • MHS has made presentations to police departments, mental health clinics, local CBOs, the Probation Department, and NAMI. • One consumer is about ready to graduate from the program. • The investigation process is taking 2-6 weeks depending on things such as availability of the requestor for further information and trying to locate homeless or vagrant consumers. • MHS allows at least 6 weeks of outreach to try to convince the consumer to get treatment voluntarily before a petition would be submitted. • If a referred individual does not appear for their first court date, the judge reschedules for about two weeks in the future. • There is somewhat of a challenge to ensure that the County and the contract providers provide a consistent message to MHS. • The one individual who was noted as being institutionalized was someone who already had a criminal court proceeding in process and was institutionalized for their criminal charge. • Referred individuals who do not meet criteria for AOT are required to be referred to other services that are appropriate for them. • Suggest more public awareness efforts via public service 	

<p>announcements on mass media and maybe even churches.</p> <ul style="list-style-type: none"> ➤ Greg made the motion, seconded by Doug, to accept the report. The motion passed by a vote of 11-0-0. <p>Vote: Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren</p>	
<p>IX. Accept Behavioral Health Director’s Report</p> <p>Cynthia did not have a formal report, but Cynthia reported that the investigation of Mental Health Systems has been completed and no legal issues were presented, although an audit was recommended and is being done by Health Services Finance.</p> <p><u>Summary of Discussion:</u></p> <p>Duane reported that there is a Denny’s in El Cerrito who is getting an influx of homeless people and people with mental health issues every night, and the restaurant staff are afraid to call about it. Cynthia has already reported this to the Homeless Program, who is investigating what they can do about it, as presently there is no outreach during evening hours.</p> <ul style="list-style-type: none"> ➤ Greg made the motion, seconded by Doug, to accept the report. The motion passed by a vote of 11-0-0. <p>Vote: Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren</p>	
<p>X. Accept and Review Public Comment Input given at the MHC Public Hearing on the MHSA 3-Year Plan</p> <p>Warren provided copies of the 2016-2017 Plan Update. He outlined the Public Hearing and response process. He noted that CPAW will hold one annual public Community Program Planning Process (CPPP) meeting in each region of the County at the time of their October, November, and December CPAW meetings. He welcomed those with concerns to come to the CPPP meeting in their region and provide their input.</p> <p><u>Summary of Discussion:</u></p> <p><u>Some individuals who made public comments at the hearing claim they have not gotten a written response. Behavioral Health has a log of a</u></p>	

<p><u>written response being sent to everyone and confirmed that they were sent, and they will re-send written responses to those individuals who did not get written responses.</u></p> <ul style="list-style-type: none"> ➤ Doug made the motion, seconded by Tess, to accept the report. The motion passed by a vote of 10-0-0. Vote: Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren 	
<p>XI. Appoint Members to a Nominating Ad Hoc Committee</p> <p>Sam, Connie, Diana, and Duane volunteered to serve on the committee. Some of the new Commissioners may also volunteer once the dates are firmed up.</p> <ul style="list-style-type: none"> ➤ Doug made the motion, seconded by Greg, to approve them to serve on the Committee. The motion passed by a vote of 10-0-0. Vote: Ayes: Supv. Andersen, Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Gina, Lauren 	
<p>XII. Direct Committees re: Preparation of 2016 Annual Report</p> <p>Duane instructed the Commissioners on the need to prepare their reports for the 2016 Annual Report. This was suggested as a topic for the retreat. A deadline will be set after the retreat.</p>	
<p>XIII. Review Preparation for Upcoming Retreat</p> <p>No questions or topics were submitted since the last meeting. Duane went over what the retreat will cover. He reiterated that Supv. Andersen offered to provide lunch through a fund of private donations, and she needs to know how many people will attend. Duane polled the group as to who knew they were going to be attending. He indicated it is open to the public, but the public would need to bring their own lunch.</p>	
<p>XIV. Approve Revised Mission Statements from Justice Systems Committee and MHSA/Finance Committee</p> <p>Teresa pointed out that the term, “the mentally ill,” from the</p>	

<p>MHSA/Finance Committee mission statement, is not a politically correct term, and suggested it be revised to, “people with mental illness.” The Commission agreed to revise the statement.</p> <ul style="list-style-type: none"> ➤ Doug made the motion, seconded by Diana, to approve the revised mission statements as amended. The motion passed by a vote of 10-0-0. Vote: Ayes: Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Supv. Andersen (who left the meeting before the vote), Gina, Lauren 	
<p>XV. Develop a Process for Creating a Revision of the MHC Brochure</p> <p>Adam suggested moving this item to the Executive Committee and then doing an Ad Hoc Committee from there so two people could work on it. Cynthia offered to contact the Health Services Community Education and Information Office for the Committee to ask them to provide their input.</p> <ul style="list-style-type: none"> ➤ Diana made the motion, seconded by Doug, to move this agenda item to the Executive Committee. The motion passed by a vote of 10-0-0. Vote: Ayes: Connie, Diana, Doug, Duane, Greg, Jason, Meghan, Michael, Sam, Tess Nays: None. Abstain: None. Absent: Barbara, Supv. Andersen (who left the meeting before the vote), Gina, Lauren 	
<p>XVI. Review the BOS response to the Civil Grand Jury Report #1605, entitled, “Caring for the Victims” Commercial Sexual Exploitation of Children in Contra Costa County.”</p> <p>Deferred until next month.</p>	
<p>XVII. Review Commission Vacancies and Status of Appointments</p> <p>Deferred until next month.</p>	
<p>XVIII. Committee Reports</p> <p>1) MHSA/Finance</p>	

<p>A lot of time was spent discussing the mission statement. Also, several agenda items covered things they wanted to cover with the Health Services Department regarding the various funding sources we get and how Federal Financial Participation dollars are spent.</p> <p>2) Justice Systems Committee Developed a mission statement.</p> <p>3) Quality of Care Committee Did not meet in July. Greg voiced his concern that they haven't met for two months in a row and wondered what is going on with the committee.</p>	
<p>XIX. Commissioner Representative Reports</p> <p>1) Alcohol and Other Drugs Advisory Board As we were previously informed, that the AOD Board had to rescind its support of the marijuana legislation after it was pointed out to them that they could not take a position on legislation that the Board of Supervisors does not support.</p> <p>2) CPAW Duane reported that he enjoyed going to the meeting and got information he was not previously aware of. He appreciated that participants were given gift cards for their time and thought we should check to see if we could do the same.</p> <p>3) Children's Committee No one present to report.</p> <p>4) Housing Committee No one present to report.</p>	
<p>XX. Commissioner Reports</p> <p>Duane went to a Behavioral Health Partnership meeting and was impressed that one committee member brought a guest to tell her story. Teresa mentioned that this consumer came to speak of the benefits of providing integrated services to consumers. Duane said that at the last meeting he went to, they reiterated their operating rules, which he felt were very good. The Behavioral Health Care Partnership meets every Tuesday from 1:30 – 3:00 pm at the hospital.</p>	
<p>XXI. Adjourn Meeting</p>	

The meeting was adjourned at 6:40 pm.	
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