

CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
04.10.2014 MINUTES – FINAL

AGENDA ITEM	DISCUSSION	ACTION/ FOLLOW-UP
I. Call to Order / Introductions	<p>The meeting was called to order by MHC Chairperson Sam Yoshioka at 4:35 p.m.</p> <p><u>Commissioners Present:</u> Louis Buckingham, District III Evelyn Centeno, District V Jack Feldman, District V Dave Kahler, District IV Peggy Kennedy, District II (arrived at 4:40) Carole McKindley-Alvarez, District I Colette O’Keeffe, District IV (Left at 6:25) Teresa Pasquini, District I Lauren Rettagliata, District II Gina Swirsding, District I (arrived at 4:42) Sam Yoshioka, District IV Supv. Karen Mitchoff, BOS Rep. (left at 5:50)</p> <p><u>Commissioners Absent:</u> Jerome Crichton, District III</p> <p><u>Non-Commissioners Present:</u> Stan Baraghin, Consumer Hillary Bowers, Recovery Innovations Lia Bristol, Supv. Mitchoff’s Office Lisa Bruce, MHA Lori Hefner, CPAW Jennifer Hinkle, Recovery Innovations Georgette Howington, Parent Marcha McInnis, BHR Corp. Susan Medlin, OCE Vic Montoya, MHA Mariana Moore, Human Services Alliance Tess Paoli, Guest Julie Peck, Telecare Roberto Roman, OCE Karen Shuler, MHC Executive Assistant Connie Steers, BHC Partner, Consumer</p>	
II. Public Comment followed by Commissioner Comments	<ol style="list-style-type: none"> 1) Connie said she is concerned about the Patients’ Rights job. She is going to start doing work on linking resources within the county to find the proper referrals 2) Dave gave a slide presentation about the upcoming NAMI Walk fund raiser. 3) Lauren attended a MH/Church Conference in Orange County last week. 4) Teresa presented at a conference with Dr. Saldanha and Doug Sibley. 	

III. Announcements	<p>1) MHSA 3-Year Plan will be coming out April 21st. 2) Advisory Body Training will be held May 1st. 3) Hope House Open House will be Monday, April 21st.</p>	
IV. Approval of the Minutes from March 13, 2014	<p>➤ Peggy made a motion to accept the Minutes from March 13th, 2014. Colette seconded the motion. Discussion: None Vote: By a vote of 10-0-2, the Minutes were approved as presented.</p>	<p>➤ The Minutes were approved as presented. <u>Yes (10):</u> Louis Jack Dave Peggy Colette Teresa Lauren Gina Sam Supv. Mitchoff <u>No (0)</u> <u>Abstain (2):</u> Evelyn Carole <u>Absent (1):</u> Jerome</p>
V. BHS-MH Director's Report	<p>The report was presented by Vic Montoya</p> <p>1. <u>Department of Health Care Services Reorganization</u> Recent reorganization of the Department of Health Care Services (DHCS) divided major sections of two Departments (former Department of Mental Health and form Department of Alcohol and Drug Programs. The Department of Mental Health was divided into two components: 1) State hospital and specialty psychiatric programs in CDCR facilities; and 2) community mental health programs, which were moved to DHCS in 2012. The Department of Alcohol and Drugs Programs was divided into: 1) The SUD-Compliance Division; and 2) The SUD-Prevention, Treatment and Recovery Services Division. A copy of DHCS's organizational chart is available through the MHC office (925-957-5140).</p> <p>2. <u>Department of Health Care Services Triennial Audit.</u> The California Department of Health Care Services (DHCS) will be conducting its Triennial Audit the week of April 14, 2014. During this week, the DHCS has scheduled a compliance review consisting of a comprehensive overview of our County's system and chart review process. The formal exit conference with DHCS is</p>	

	<p>scheduled for April 17, 2014. Results of the audit will be shared in a future report.</p> <p>Discussion:</p> <ul style="list-style-type: none"> • Teresa: Is this something DMH does or is it is unique? • Vic: We have had annual audits of this nature for 20 years. There is now additional scrutiny and review. • Teresa: Why does it take 6 months to prepare? • Vic: You need to go through each item, look up the codes and search for all the documentation. • Teresa: Is it split up between hospital and specialty? • Vic: They are separate. <p>3. <u>CHC2 Behavioral Health Consumer Referral Plan – DRAFT</u> A copy of the draft Behavioral Health Consumer Referral Plan is available through the MHC office (925-957-5140).</p> <p>4. <u>Assessment and Recovery Center</u> The Assessment and Recovery Center construction is near completion. It is anticipated that it will be site certified by the end of April. If you wish further details, a copy of the Martinez Wellness Center Critical Path Timeline is available through the MHC office (925-957-5140).</p> <p>5. <u>Hope House</u> The Hope House Open House celebration originally scheduled for April 17TH, will be held April 21st from 4:00-6:00 p.m. at 300 Ilene Street, Martinez. If you would like to attend, please RSVP to Daphne Phillips at dphillips@telecare.com.</p> <p>Discussion: Management psychiatric staff has been hired.</p> <p>6. <u>Recovery Innovations</u> Recovery Innovations has hired the majority of their staff and are currently operating at the prior Wellness Center sites in East (2400 Sycamore, #30, Antioch) and Central County (2975 Treat Blvd., Building C, Concord) County. Services in West County continue to be provided at the West County Adult Mental Health Clinic located at 2523 El Portal in San Pablo. Recovery Innovations is in current negotiations for space in West County.</p> <p>Discussion: Vic deferred discussion to the speakers giving the report from Recovery Innovations.</p>	
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7. **Mental Health Association of Alameda County – Patients’ Rights**

We will not be contracting with the Mental Health Association of Alameda County to provide these services. For now, patients’ rights activities will continue to be provided by temporary County staff until a permanent plan is in place.

Discussion:

Vic: The contract did not go forward. We have staff surveying other counties to see who they are contracting with. We’re also looking at other counties who have in-house patients’ rights programs

Lauren: Are you looking into bringing it in-house?

Vic: We’re looking at both options.

Teresa: Why did they deny the contract?

Vic: There are delicacies in the contract process. It took a long time. They weren’t happy with our service plan. Currently we’re down to Bernadette. Teresa expressed her concerns.

Carole: She supports what Teresa said. The County is too big to only have 1 person doing patients’ rights. She also questioned the time frame. We need to have someone in place. Do you have a time frame?

Vic: I’ll know by the end of next week.

Colette: Said she is the only person on the Commission who has been a Patients’ Rights Advocate. She expressed concern about “fox in the chicken coup”.

Vic said they are aware of her concerns.

Lauren: Can you work actively with the MHC’s Quality of Care Committee to make sure we are covering more bases than in the past?

Vic: This is a mutual concern and interest of everyone at the table and it is his intention to be transparent.

Carole: Can we work with you to do a “both/and” to overlap some things so we can move swiftly.

Vic: That’s the way he’s approaching this. This is his highest priority.

Jack mentioned there was no one to negotiate with operators of board and cares who are breaking the law.

Vic told Jack to call Liz and he will act on it immediately.

Gina: Concerned about foster kids who have care givers not doing their jobs.

Vic: Will pass this along to Vern.

	<p>8. <u>Portia Bella Hume</u> The contract with Portia Bella Hume, the provider selected to provide Adult Full Service Partnership services in East County should be scheduled to go to the Board of Supervisors during the month of April.</p> <p>9. <u>SB 35 – National Voter Registration Act</u> A summary of SB 35 and efforts we will be undertaking to ensure that we are in compliance with the goal of this legislation is available through the MHC office (925-957-5140).</p>	
<p>VI. Recovery Innovations</p>	<p>RI Regional Vice President Jennifer Hinkle and Hillary Bowers presented a report on Recovery Innovations.</p> <p>Jennifer reported that RI provides recovery-based peer support. In 2006, they employed over 60% consumers. They currently operate in:</p> <ul style="list-style-type: none"> • 5 states • 6 CA counties • New Zealand <p>They provide Wellness Centers structures around the 9 Dimensions of Wellness.</p> <p>West County update: Construction is going well. Hopes it will be ready in 3 weeks. Colette: Are citizens cycled out? Jennifer: No. Colette: Is it a permanent resource? Jennifer: Yes. Colette: Has the Loaves and Fishes relationship been cut? Hillary: In Central. They now get Subway. East County likes Loaves and Fishes Colette: Do clients have the ability to open documents on computers? Limited use? Hillary: We have standard computer protocol. Sign in sheet.</p> <p><i>There was a heated exchange between Sam and Colette when she objected to his efforts to limit her speaking. Colette briefly left the room.</i></p> <p>Jennifer gave out her phone numbers for additional questions: 602-300-8644 and 925-222-1313.</p> <p>Louis: I'm curious as to how you handle a non-motivated consumer. Jennifer: We continue to try to connect with them. Peggy: Suggested reaching out to the tri-valley area –</p>	

	<p>perhaps through the art and wind festival participation.</p> <p>Evelyn: Thanked them for what they are offering. She was concerned about comments she had heard about problems with the transition. Glad to hear what was shared today.</p> <p>Lauren: Visited on 5 different days and saw them on 3 good days and 2 not so good days. What do you do when there is a crisis? She witnessed a crisis and saw Connie defuse it. How are you interfacing to take care of crisis situations? She mentioned the tri-valley area is the only area where [it is perceived] there is no mental illness. You need to interface with Discovery in that area.</p> <p>Lisa: Complimented RI on what they've done. Change has been enlightening. Do you consider yourself a drop in center.</p> <p>Jennifer: A wellness center. We have structure where everyone's needs can be met. Hope to bring some OCE programs into RI.</p> <p>Carole: Appreciate the fact that it's a culture shift.</p>	
<p>VII. Report of the Ad Hoc Applicant Interview Committee</p>	<p>The Ad Hoc Applicant Review Committee consisted of Evelyn (who chaired), Louis, Jack and Peggy. They met April 1st to interview District V Family Member applicants Ryan Nestman and Peggy Black.</p> <p>After their interviews, the Ad Hoc members made the decision not to recommend one applicant over the other, but to present their comments at the Commission meeting and let the Commission make a decision as to which applicant to recommend to Supv. Glover for appointment.</p> <p>Ad Hoc members were favorably impressed with both applicants, and said that both would be an asset to the Commission. Peggy works in the school system and would be an excellent liaison between education and mental health, especially in dealing with transitional age youth. Ryan is active in CPAW and other mental health related committees. His experience with his son gives him insight into the children's system of care. His ties with the LGBTQ community would also provide needed diversity on the Commission.</p> <p>➤ Teresa made a motion to recommend Ryan Nestman to Supv. Glover for appointment to the Commission. Peggy seconded the motion.</p> <p>Discussion: Evelyn said that Ryan had been involved in mental health programs while a lot of what Peggy was involved with was developmental disabilities, and not specifically mental illness.</p>	<p>➤ Motion to recommend Ryan Nestman for appointment to MHC passed.</p> <p><u>Yes (10):</u> Louis Evelyn Jack Dave Peggy Carole Colette Teresa Lauren Gina</p> <p><u>No (1):</u> Sam</p> <p><u>Abstain (1):</u> Supv. Mitchoff</p> <p><u>Absent (1):</u> Jerome</p>

	<p>Vote: By a vote of 11-0-1, the Commission will forward a recommendation for Ryan to be appointed to the Commission.</p>	<p><i>Staff will forward recommendation to Supv. Glover.</i></p>
<p>VIII. Report of the Resource Development Associates Presentation at CPAW meeting by CPAW members</p>	<p>Lauren: Said it was a learning experience. We need to agendize the comments. Teresa: It was the same thing as had been at the community forums. She said she's concerned about the direction from the county. Lauren: It still feels very shallow. Teresa: She pushed for a deep dive. She said she's proud of the tool the MHSA/F is putting together. Is there a hard freeze on hiring? Have we overspent MHSA funds? Sam: Said to direct concerns to Warren. Teresa: We should direct concerns to the MH Director. Lauren: At the CPAW meeting, Warren explained that Cynthia would speak to the MHC and Warren would attend CPAW.</p> <p>➤ Lauren: Moved that Cynthia attend CPAW meetings at least quarterly. Jack seconded. Discussion:</p> <ul style="list-style-type: none"> • Jack said he doesn't blame her for not attending because the MHC voted against her. • Sam: Not mandated for her to attend CPAW. • Carole: Not sure if asking Cynthia to be at the meeting will address the report being flawed. <p>➤ Amended motion: When CPAW is reviewing the MHSA Plan, the Director of Mental Health is to be present at the meeting. Lauren and Jack accepted the amendment. Discussion:</p> <ul style="list-style-type: none"> • Evelyn: The reason that motion might be unreasonable is because the top person assigns people to bring the information. • Lauren: The reason is when there is a review by CPAW, and Warren is in charge of the review, his supervisor needs to be present at the meeting to recognize the work he and the contracted people under him are doing. • Teresa: I'm concerned if this motion falls under this item. I disagree with Sam as CPAW was formed to have a relationship with the MH Director. I don't think we can direct her to attend, but agree she should. • Evelyn: I want to see Cynthia at each meeting, but we need to spend the taxpayer's money effectively and efficiently, it may be a 	<p>➤ Motion to require the attendance of the MH Director at CPAW meetings when the MHSA Plan is being reviewed failed to pass.</p> <p><u>Yes (3):</u> Jack Dave Lauren</p> <p><u>No (0)</u></p> <p><u>Abstain (8):</u> Louis Evelyn Peggy Carole Colette Teresa Gina Sam</p> <p><u>Absent (2):</u></p>

	waste if we have everyone there. Vote: By a vote of 3-8-0, the motion failed to pass.	Jerome Supv. Mitchoff (left at 5:50)
IX. Committee Reports	<ol style="list-style-type: none"> 1) Quality of Care Committee – Peggy Kennedy Peggy reported her Committee was in the process of formulating questions regarding the Quality Improvement 2013 Report and 2014 Work Plan. 2) MHSA/Finance Committee – Teresa Pasquini The Committee received an update from Warren on the Sample Program Audit Review. Warren reported there were reviews of: Fred Finch; RYSE; Shelter Inc.; and Adult Mental Health Clinics. Teresa asked if it was decided at the Commission meeting that Committee Chairs be required to submit a written report. Sam asked Karen who said she wasn't sure, and then Sam said it was the Executive Committee. Teresa said she'd like it brought to the Commission. 3) Criminal Justice Committee – Evelyn Centeno The April meeting was cancelled due to lack of quorum. 	<i>Forward to EC Committee for MHC Agenda.</i>
X. Commissioner Representative Reports	<p>Due to lack of time, there were no representative reports.</p> <ol style="list-style-type: none"> 1) BH Integration – Sam 2) Social Inclusion – Carole 3) AOD Board – Sam 4) Homeless Board – Carole 5) Community Corrections Partnership – Evelyn 6) Assisted Outpatient Treatment Workshop – Carole 7) Primary Care Integration – Colette 8) CPAW – Lauren/Gina 	
XI. Public Comment followed by Commissioner Comments	Teresa: Referred to a newspaper report that stated we have 10 times more consumers with mental illness in jails than hospitals.	
XII. Adjourn Meeting	The meeting was adjourned at 6:35 p.m.	

Respectfully Submitted,
Karen Shuler, Executive Assistant
Contra Costa County Mental Health Commission