

CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
03.13.2014 MINUTES – FINAL

AGENDA ITEM	DISCUSSION	ACTION/FOLLOW-UP
<p>I. Call to Order / Introductions</p>	<p>The meeting was called to order by MHC Chairperson Sam Yoshioka at 4:40 p.m.</p> <p><u>Commissioners Present:</u> Louis Buckingham, District III Jerome Crichton, District III Jack Feldman, District V Dave Kahler, District IV Peggy Kennedy, District II Colette O’Keeffe, District IV Teresa Pasquini, District I Lauren Rettagliata, District II Gina Swirsding, District I Sam Yoshioka, District IV Supv. Karen Mitchoff, BOS Representative</p> <p><u>Commissioners Absent:</u> Evelyn Centeno, District V Carole McKindley-Alvarez, District I</p> <p><u>Non-Commissioners Present:</u> Stan Baraghin Cynthia Belon, BHS Lisa Bruce, OCE Kay Derrico, NAMI Contra Costa Douglas Dunn, NAMI-CC Deborah F., NAMI Peggy Harris, Concerned Citizen Georgette Howington, Parent Anthony Khalil, NAMI Janice Khalil, NAMI Sharon Madison, NAMI Peter Mantas Christopher Martinez, AOD Advisory Board Liaison Marsha McInnis, BHR Susan Medlin, Office of Consumer Empowerment Mariana Moore, Human Services Alliance Tess Paoli Roberto Roman, OCE Karen Shuler, MHC Executive Assistant Doug Sibley, AOD Advisory Board Connie Steers, Consumer Julie T., Consumer</p>	
<p>II. Public Comments</p>	<p>1) Tess spoke about wanting to advocate on</p>	

	<p>behalf of her family.</p> <ol style="list-style-type: none"> 2) Connie advocated for out-of-work consumers whose lives have gotten increasingly difficult and isolated from the community. 3) Peter Mantas said he had made a request to present a 3-minute video during Public Comment and he was denied permission for it to be heard. He wanted to be on the record stating Sam had denied permission. Peter asked how many Commissioners had visited the BH Court. He recommended Commissioners visit it. 	
III. Commissioner Comments	<ol style="list-style-type: none"> 1) Dave spoke regarding Peter's request, saying anytime a member of the public has access to this technology, there is no reason not to show it. As Commissioners we need to run this through the EC and get it in place. 2) Gina mentioned she doesn't go to BH Court because she is afraid of courts. 3) Sam said the issue of using video technology for Public Comment is being forwarded to the Executive Committee. 4) Teresa said she is concerned about denying access to something. She said it doesn't feel right, especially if the Chair had the right to make that decision. We will miss the opportunity of having seen this video. She added she is also afraid of court, but was impressed when she saw consumers from BH Court attend the Family & Human Services Committee. 5) Jerome said he is concerned about having access to the video and slides. But he is also concerned about the process of them being viewed ahead of time. 6) Colette said she is in favor of those who spoke about playing the video. 7) Peter (a non-Commissioner) said he did offer the Chair an opportunity to see the video, although he isn't sure that's even legal. You should be armed with as much information as possible. 	
IV. Announcements	<ol style="list-style-type: none"> 1) New MHC meeting schedule Changed from 4th Thursday to 2nd Thursday. 2) CPAW Orientation Sam encouraged people interested in learning about MHSA to attend. 3) MHSA 3-year Plan Community Forum 	

	<p>April 3rd is one of the dates being discussed. Colette questioned locations and transportation availability.</p> <p>4) AOD is showing the film Behind the Orange Curtain at the Brendan Theater – free but seating is limited.</p>	<p><i>Karen will distribute a flyer to Commissioners.</i></p>
<p>V. Approval of the Minutes</p>	<p>➤ Motion to approve the MHC Meeting Minutes from February 27, 2014. Moved: Colette Seconded: Louis Discussion: P. 2 Correct typo: change “father and father” to “farther and farther” Vote: Passed as corrected 10-1-0.</p> <p>➤ Motion to approve the MHC Annual Planning Meeting Minutes from February 27, 2014. Moved: Colette Seconded: Gina Discussion: None Vote: Passed as presented 10-0-1.</p>	<p>➤ Vote on February 27, 2014 MHC Minutes passed as corrected 10-0-1. <u>Yes (10)</u> Louis Jerome Dave Peggy Colette Teresa Lauren Gina Sam Supv. Mitchoff <u>No (0)</u> <u>Abstain (1)</u> Jack <u>Absent (2)</u> Evelyn Carole</p> <p>➤ Vote on February 27, 2014 Annual Planning Meeting Minutes passed as presented 10-0-1. <u>Yes (10)</u> Louis Jerome Dave Peggy Colette Teresa Lauren Gina Sam Supv. Mitchoff <u>No (0)</u> <u>Abstain (1)</u> Jack <u>Absent (2)</u></p>

		Evelyn Carole
VI. Mental Health Director's Report	<p>Behavioral Health Director Cynthia Belon, presented the report.</p> <p>1) <u>Value Streaming Training</u> Rona Consultants, who conducted the Lean training at Contra Costa Regional Medical Center, recently assisted us in identifying process improvement opportunities using Lean management principles that would increase effectiveness and efficiency in how consumers access Behavioral Health services. We felt it was important to look at the front door to our Behavioral Health system as the first step in achieving our goal of an integrated system that is welcoming and accessible. The week-long value stream mapping process resulted in agreement across our Division that we need an integrated access unit to connect consumers to the resources they need. Please see Attachment 1 labeled A3-T.</p> <p>Discussion: Colette: Asked what the cost was for Rona and why couldn't we do it with our people. Cynthia: CCRMC was already contracted with them. The hospital and health center is just starting to do it internally. We aren't ready at this time. Lauren asked about BH Integration. Cynthia: It took until this last year to begin creating integration. Lauren: It started 3 years ago, yet they don't know each other. Cynthia: She didn't mean Value Stream Mapping, but this shows it was working within the systems – they had to become familiar with each other. Teresa enjoyed hearing the reports at the hospital. She said she is glad the BH division can utilize this training. Peter: Kudos to moving into lean methodology. Is integration of health records all medical records? Cynthia: we're looking into it.</p> <p>2) <u>Services and Programs Integration Implementation Design (SPIID) Teams</u> In our drive to integrate Behavioral Health Services, we have embraced, as part of our mission, increasing outreach to the community and better incorporating the experiences and ideas of our</p>	

	<p>clients and their families, our community based partners, and our staff.</p> <p>Much of this outreach and feedback process is taking place in our <i>Services & Programs Integration Implementation Design (SPIID)</i> Teams, four multi-sector groups organized by population lifecycle— Children, Transition-Age Youth (TAY), Adults and Older Adults—which continue to expand their membership to better represent the community-at-large, including clients, family members, community partners, County staff, and change agents.</p> <p>Looking ahead, the SPIID Teams will continue to serve as dynamic, open venues for gathering community input and implementing integration activity throughout Behavioral Health Services. In lieu of a one-time integration forum as previously contemplated, the SPIID Teams will meet on an ongoing basis, providing community members multiple opportunities to provide ideas and feedback on the integration process.</p> <p>Discussion: Have been working together over the past year. OCE has started going to where the consumers are.</p> <p>3) <u>Assessment and Recovery Center</u> The Assessment and Recovery Center construction is near completion. It is anticipated that it will be site certified by the end of April. A copy of the site plan is attached. (Attachment 2.) Discussion: Should be certified by end of April. Colette: Is something been built in about consumer (transportation) access in evening hours. Cynthia: we will report on this next time. Teresa said she attended a meeting at the facility, and it is a beautiful facility. Gina: asked if it's open to all consumers, as well as those privately insured? Cynthia: All CC residents.</p> <p>4) <u>Hope House</u> Construction at Hope House is complete. Telecare Corporation was awarded the contract for services and are in the process of hiring staff . We anticipate that Hope House will be open by the end of April.</p>	<p>Remind Cynthia of follow-up</p>
--	--	------------------------------------

	<p>Discussion: Awaiting community care licensing to go in. Teresa: the BH Care partnership is touring Tuesday.</p> <p>5) <u>Recovery Innovations</u> Recovery Innovations has hired the majority of their staff and are currently operating at the prior Wellness Center sites in East (2400 Sycamore, #30, Antioch) and Central County (2975 Treat Blvd., Building C, Concord). Services in West County continue to be provided at the West County Adult Mental Health Clinic located at 2523 El Portal in San Pablo. Recovery Innovations is in current negotiations for space in West County. Discussion: Another steering committee is scheduled for April 1st. Peggy: addressed comment made by consumers last month. What review and accountability do you have with RI.</p> <p>6) <u>Mental Health Association of Alameda County – Patients’ Rights</u> The contract was sent to the provider for signature on February 19, 2014. We have not yet been provided with the date it will go before the Board of Supervisors. Discussion: The contract still remains in the hand of the provider. Teresa: this is a big concern. Mitchoff: Asked Cynthia to let her know when she gets it back and she will get it on the BOS calendar.</p> <p>7) <u>Youth Homes</u> Youth Homes have hired staff for their Transitional-aged Youth Full Service Partnership in East County located at 213 Buchanan Road, #213 in Antioch. The site was certified March 1st and they are currently taking referrals. Discussion: None.</p> <p>8) <u>Portia Bella Hume</u> The contract with Portia Bella Hume, the provider selected to provide Adult Full Service Partnership services in East County, was sent to the provider for signature on March 5, 2014. We have not yet been provided with the date it will go before the Board of Supervisors. Discussion: None.</p>	<p>Follow-up with Supv. Mitchoff’s office</p>
--	---	---

	<p>9) <u>Family Services Coordinator for Adult Services</u> A request for the exam to establish an employment list to fill this position was submitted to Health Services Personnel on August 22, 2013. The exam has not yet been announced.</p> <p>Discussion: Colette: what about family service advocates in east and west onsite. Supv. Mitchoff: will check on this. Stan: Asked for transportation for consumers.</p>	<p>Follow-up with Supv. Mitchoff's office</p>
<p>VII. Update on Laura's Law</p>	<p>David Seidner, Program Manager for Behavior Health, on Report given to Family & Human Services Committee</p> <p>3 presentations, minimal attendance.</p> <ol style="list-style-type: none"> 1) More outreach and engagement Offer mechanisms for caregivers of mentally ill (planned interventions, not crisis) – follow-up. 2) Caregiver/family navigators within the clinics 3) 10-person pilot program. <p>Colette: Where are meetings being held and what is the transportation accessibility? David: Do not know. Needs guidance from consumers. He would appreciate Commission input. Colette suggested holding meetings at Concord PD. The service coordinator seem overworked. Gina: was happy that she finally got some information from his materials. Telephone? David: One potential strategy was for a family member to have a phone they could call. Gina: There needs to be a phone for the consumer. David: There are two different parts to this. Even for that outreach outline, consumers can call that as well. Gina: There should be someone on the other end that can meet their need. David: This is not a crisis access line. Gina: You're giving that opportunity to family members so the consumer could be 5150'd. You seem to be taking care of the family members and not the consumer. Louis: I have a concern regarding outreach and engagement – Talking about all consumers or only those resistant to treatment? David: Purpose of the outreach team is those connected to the system who can be actively participating. This is only the outreach, and is not</p>	

	<p>connected with AOT.</p> <p>Doug: This implementation would allow 45 persons to avoid the revolving door involved with crisis and treatment.</p> <p>Peter: This is a difficult topic to discuss. We need to improve the way we describe it.</p> <p>Colette made comments about OCE members and family members who have money.</p> <p>There was a verbal altercation between Teresa and Colette.</p> <p>Teresa: I'm not going to stay in the room and hear vile things said about family members. We have given civility and a lot of grace numerous times. She appealed to the Chair to maintain decorum. She thanked Doug Dunn and Sharon Madison and their efforts with consumers and others.</p> <p>Colette said she demanded to protect herself.</p> <p>Teresa: Family members have lived experience, too.</p> <p>Colette said unless personal attacks against her stop, she will leave. She demanded support from MHC and respect. Colette left the room. Some of the Commissioners left to speak with her.</p> <p>Peggy asked that decorum be established.</p>	
<p>VIII. Consider Taking a Position on Laura's Law</p>	<p>➤ A motion was made to adopt AB1421 to be forwarded to the BOS for implementation.</p> <p>Moved: Louis</p> <p>Seconded: Dave</p> <p>Discussion</p> <p>Peggy: Would like for us to bring Colette back into the room.</p> <p><i>A brief intermission in the meeting was requested. Colette and the other Commissioners returned to the room.</i></p> <p>Supv. Mitchoff: Thinks it's premature for the MHC to take a position at this time. At Family & Human Services Committee, Supv. Anderson asked her staff to check into funding.</p> <p>Peggy: What is the timing?</p> <p>Supv. Mitchoff: Hoping it comes out in May. Wants to have enough time for the report to be out so the MHC can take a position before it goes to the BOS.</p> <p>Cynthia: It's going to involve several meetings with the D.A., Public Defenders, Courts, etc. Feels June is more realistic.</p> <p>Supv. Mitchoff: It's important not to move forward if only ½ the information is available. Allow staff</p>	

	<p>the time they need to do this.</p> <p>Gina: We never even had a discussion of Laura's Law in the Commission meetings.</p> <p>Supv. Mitchoff: A full report can come back on what it will look like, and then the MHC can take a position. She asked for a delay.</p> <p>Jack: Asked for a 10-person amendment and not the 45.</p> <p>Colette: I feel disturbed that services are being geared toward consumers who have families. Most privileged are getting the help. Law does not speak about consumer advocates – she wants to see that built into the system.</p> <p>Lauren: Regarding where the money was going to come from, the committee was charged with looking into the financials. She's hesitant about putting the vote off longer – Laura's law is not just for the families. It passed in 2002. We've waited for 12 years. People are dying.</p> <p>Louis: Time is of the essence. We need to support our families. We need to take a position tonight. This is a very essential tool that is needed for this county.</p> <p>Gina: There are out-patient services – there is AOT services; I've received them. She referred to article on NY's Kendra's Law.</p> <p>Connie: From a patient's rights perspective, Laura's law is a carefully-crafted law that protects patients' Rights every step of the way. My concern is we don't have a strong patients' rights in this county.</p> <p>Tony Khalil: Spoke in support of Laura's law.</p> <p>Janice Khalil: Also supports Laura's Law. Why did they fall through the cracks. It is not a crack; it is the Grand Canyon.</p> <p>Sharon Madison: This is not about forced medication – assisted voluntary outpatient plan. This county offered 3 forums with very little attendance. It is up to us to get the education.</p> <p>Susan Medlin: Serving on the AOT workgroup was an amazing experience. This law affects everyone – consumers and families. If we implement this, we need to go out to the consumers where they are. We don't want to see this kind of discord every time there's a discussion of this.</p> <p>Peter: Family members and consumers are at odds. I don't understand it. Gave his personal story. Speaking for the clinician who needs to provide better services and for families who can't find</p>	
--	--	--

	<p>services for their loved ones. Go ahead with the vote and demand full implementation of Laura’s law.</p> <p>Hillary: Consumers and family members need to work together. Whether it passes or not we are going to have to live with it. Would like thereto be a peer and family members on the team; and on the treatment team as well.</p> <p>Gina: She’s experienced being 5150’d and lied to. Why should I be forced into treatment when I already want the help.</p> <p>Peter answered Gina, saying individuals like you won’t go before the judge, it’s for those who resist services.</p> <p>Peggy: My understanding is the whole point of Laura’s Law is to avert doing a 5150, provide consumers with the tools – this is an intervention.</p> <p>Lisa: All I’m asking of this law is to be able to assist each other.</p> <p>David: Would like to come back and explain work flow charts.</p> <p>Peggy would like to charge it to full implementation. Dave and Louis agreed.</p> <p>Colette said to amend to say “support adoption”. The final motion was read:</p> <ul style="list-style-type: none"> ➤ A motion was made to support adoption of AB1421 to be forwarded to the BOS for full implementation. <p>Vote: By a vote of 8-1-2, the above motion passed.</p>	<ul style="list-style-type: none"> ➤ Vote on supporting adoption of full implementation of AB1421 passed 8-1-2. <p><u>Yes (8)</u> Louis Jerome Jack Dave Peggy Teresa Lauren Sam</p> <p><u>No (1)</u> Gina</p> <p><u>Abstain (2)</u> Colette Supv. Mitchoff</p> <p><u>Absent (2)</u> Evelyn Carole</p> <p>Follow-up on procedure to send motion to the BOS.</p>
<p>IX. Approve a Letter to the BOS Bringing to Their Attention the Need to Fill Mental Health Vacancies</p>	<ul style="list-style-type: none"> ➤ A motion was made to write a letter to the BOS that first off brings to light the need to fill the Family Services Coordinator position immediately and request that the BOS also look into the many vacancies within the mental health department. <p>Motion: Lauren Second: Colette</p> <p>Discussion: Supv. Mitchoff suggested sending the letter to the Supervisors individually rather than as a group.</p> <p>Vote: The motion passed 10-0-1.</p>	<ul style="list-style-type: none"> ➤ Vote on sending a letter to the BOS regarding MH positions passed 10-0-1. <p><u>Yes (10)</u> Louis Jerome Jack Peggy Colette Teresa Lauren Gina Sam Supv. Mitchoff</p> <p><u>No (0)</u> <u>Abstain (1)</u> Dave</p>

		<u>Absent (2)</u> Evelyn Carole Prepare letter for signature
X. In Preparation for the Annual Report, Develop MHC 2014 Goals/Work Plan	NO DISCUSSION.	
XI. Committee Reports	NO DISCUSSION. Quality of Care Committee – Peggy Kennedy MHSA/Finance Committee – Teresa Pasquini Criminal Justice Committee – Evelyn Centeno	
XII. Commissioner Representative Reports	NO DISCUSSION. 1) BH Integration – Sam 2) Social Inclusion – Carole 3) AOD Board – Sam 4) Homeless Board – Carole 5) Community Corrections Partnership – Evelyn 6) Assisted Outpatient Treatment Workshop – Carole 7) Primary Care Integration – Colette 8) CPAW – Lauren/Gina	
XIII. Appoint Ad Hoc Applicant Interview Committee	NO DISCUSSION.	
XIV. Adjourn Meeting	The meeting was adjourned at 6:40.	

Respectfully Submitted,
 Karen Shuler, Executive Assistant
 Contra Costa County Mental Health Commission